



# St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: [morden@rcaos.org.uk](mailto:morden@rcaos.org.uk)

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>

Parish Secretary: Mrs Margaret O'Donovan



Our Church is open for Mass weekdays at 10a.m. and on Sundays at 9a.m. and 11a.m.

Please see the Mass Attendance [Protocols](#) below

25<sup>th</sup> Week in Ordinary Time (Year A)

Mass Times and Intentions:

*Sunday 20<sup>th</sup> September – 25<sup>th</sup> Sunday in Ordinary Time*

*Home Missions Day (National Mass Count)*

Vigil Mass – Saturday 19<sup>th</sup> September:

6.30p.m. Chrishantha Nandini Christopher R.I.P. (Online Only)

9a.m. Bonny and Helen  
- Wedding Anniversary Intention

11a.m. For the Parish Family

*Monday 21<sup>st</sup> September – Feast of the St. Matthew, Apostle*

10a.m. Omonigho Coker – Birthday Intention

*Tuesday 22<sup>nd</sup> September – Votive of the Holy Souls*

10a.m. Fr. Colin Ward R.I.P.

*Wednesday 23<sup>rd</sup> September – Feast of Padre Pio of Pietrelcina*

10a.m. Winifred Claxton R.I.P.

*Thursday 24<sup>th</sup> September – Feast of Our Lady of Walsingham*

10a.m. Tina Ogisi – Birthday Intention

*Friday 25<sup>th</sup> September – Votive Mass of St. Jude*

10 a.m. Muriel and Angus Birch R.I.P.

*Saturday 26<sup>th</sup> September – Our Lady, Mother of our Parish*

10a.m. Your Special Intentions – **Online Only**

Vigil Mass 6.30p.m. Godwin Eze – Birthday Intention - **Online Only**

*Sunday 27<sup>th</sup> September – 26<sup>th</sup> Sunday in Ordinary Time (A)*

9a.m. People of the Parish

11a.m. Fr. Donal O'Brien R.I.P.

**Pope Francis**  
**Prayer for protection from Coronavirus**

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

[www.mertoncatholics.org.uk](http://www.mertoncatholics.org.uk)



## **A Prayer for our Parish**

*Mother of our Parish, Most Gracious Lady, watch over us as we struggle with sickness, financial crisis and uncertainty about our future.*

*Be with us, Mary, Queen of Heaven and Earth in prosperity and adversity, in joy and in sorrow, in health and sickness, in life and in death.*

*Teach us to look to Jesus, your Son, and find solace in all adversities. Amen.*



## **Home Mission Sunday**

Home Mission Sunday provides us with the opportunity to focus on spreading the Gospel in our local communities. Thank you for all you do to live the faith and to be the 'Living Page' of the Gospel. Never forget, our Lord Jesus gave those first disciples the Great Commission to bring the Gospel to the ends of the earth. That commission is ours now. We must share our Catholic faith; and the opportunities are everywhere. By our words and by the witness of our lives, we can proclaim Jesus' Good News - and it is Good News – to those who have drifted away from the Faith or who have never heard the Gospel. This sharing can be with family members across the dinner table, with our next door neighbours, with colleagues at work, even at the side-lines at children's soccer games. Be an apostle of light, hope and friendship. Get to know your faith more and more. With good knowledge and the guidance of the Spirit, you will be a servant of the Lord, and a servant of the Catholic faith. Share that faith with pride and love.



## **High School Admission Forms**

High school forms will be signed on Thursday 24<sup>th</sup> September and Tuesday 29<sup>th</sup> September from 3.45p.m. to 6.30p.m. at **St Teresa's school**. To ensure safety, you must book an appointment. **All** bookings are to be made through the school.

## **Back to School – Back to College – Off to University**

I hope all is going well for the young people of our parish. You are in our thoughts and in our prayers. Blessings to you and to the school, college or university you attend. There are over 2,000 Catholic schools, academies and colleges in England educating over 800,000 students.

Thank you for supporting Catholic Education. Everyone has a role to play in Catholic education and this includes each of us. Please keep our Catholic schools across the country in your prayers, that God may lead them in faithfulness, wisdom and charity. May they remain informed about issues and commit to the work of advocacy to sustain their future. Your involvement will support many parents who see religion and the Catholic faith as an integral value in the education and formation of their children.



## **Gerry Fernandes R.I.P.**

*Grant Him Eternal Rest O Lord.*

Lord Jesus, you bless those who mourn or are in pain. Bless Gerry Fernandes' family and friends who are keeping him in prayer as we journey to the day of his funeral, which will be on the Feast of St. Faustina the Secretary of Divine Mercy. His Requiem Mass will take place at 9.30a.m. on Monday 5<sup>th</sup> October.



## **Joe Lunn and his Fundraiser for Rays of Sunshine**

Thank you for keeping Joe and his family in your prayers. A few weeks ago we informed you that Joe was seeking sponsorship for a charity – *Rays of Sunshine* – that has given him and his family great support over the past sixteen months. So at home, under the watchful eye of his Mum and Dad, he spent eight hours on his exercise bike cycling 100 miles for 1,000 smiles.

Well done Joe! So far, you have raised at least £15,495 for Rays of Sunshine. You have the love and support of our parish family as you journey into the months ahead.

Please consider making a donation at:

<http://www.justgiving.com/fundraising/joelunn>

or if you wish, you can hand in an envelope marked 'Joe Lunn' with your donation.

THANK YOU!!



## **Spiritual Reflections – Food for Thought.**

- Throughout the history of the Church, the Christian response to God's love revealed in Christ has been threefold: WORSHIP, WITNESS and SERVICE. In these three ways we put into practice the Word of God.
- At Holy Mass, enabled by the Holy Spirit, we offer our lives to God the Father, through Jesus His Son, as an act of joyful and heartfelt thanksgiving for God's saving love. Through the reception of Holy Communion, we are nourished with the very Body and Blood of the Lord Jesus and thus receive from Him all that we need for our life as His disciples. This is why disciples of Jesus have recognised from the early days of the Church that they cannot live without the Eucharist.
- *Be Not Afraid* – Jesus is the merciful face of the Father. The Lord's commandments therefore, come from the heart of God, "*the Father of Mercies*" (2 Cor 1:3) and can confidently be accepted with trust in God's wisdom and love. Think of that beautiful prayer: "*Jesus I trust in You.*"

## **Sacrament of Reconciliation**

Monday – Friday following the 10a.m. Mass

Sunday Morning following 9a.m. and 11 a.m. Mass



## Blessing of Holy Water

If you wish to bring your bottles or containers,  
I am more than happy to bless you and your water.



## For Those Who are Sick...

We continue to keep in our prayers all who are sick: Leonard James Connolly, Thea Haddad, Maureen Smith, Irene Ward, Jean Lue, Ruba Santiapillai, Baby Alexander Lynch, Joseph Lunn, Erika Geddes, Barry Falcon, Denise Waaldjk, Lena McBride and Valerie Somerset.



## Government Advise on Face Coverings/Masks at Mass



Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

## Mass at St. Teresa's

Over the past few weeks our Parish and many others have worked diligently to implement the health and safety protocols necessary to welcome back our congregations.

I am truly grateful to our Parish Reopening Team. They have made it possible for us to go from private prayer to the public celebration of Holy Mass.

At this time, we are limited to 40 attendees per Mass. Our thanks to our parishioners for their patience and the responsibility they have shown to others attending Holy Mass. The pandemic is still with us and so the following guidelines are still in place:

## St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. **NO ONE IS OBLIGED to attend Holy Mass** whilst dispensation is in effect.

- All **Sunday and Weekday Masses will continue to be Streamed Live** on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- **Another reminder:** ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 40 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a **FIRST COME, FIRST-SERVED** approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- **We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.**
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents **AT ALL TIMES**.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, **PHYSICAL DISTANCING MUST BE OBSERVED**.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will be **NO** toilet facilities.

### **SAFETY**

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- **Reminder** – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

## **HOLY MASS**

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns and no musicians at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

### **Regarding the Distribution of Holy Communion:**

- The individual attestation at the distribution of Holy Communion (*"The Body of Christ, R:Amen"*) is eliminated. Instead, one general announcement (*"The Body of Christ"*) will be made by the parish priest, and one general response (*"Amen"*) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive **ONLY** in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion **BEFORE** distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email:

[morden@rcaos.org.uk](mailto:morden@rcaos.org.uk) or call our parish number: 020 8648 4113

### **Sunday Collections**

During the current situation, we would like to say a huge **THANK YOU** to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's

Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a request to the parish priest as the parish office is closed for the foreseeable future.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.



## **Do You Gift Aid?**

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

**Last week's Offerings** - £960. Standing Orders: £738. **Total - £1,698** -Thank you.

## **PERFECT CONTRITION AND SPIRITUAL COMMUNION**

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus:

If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

### **How to make an Act of Perfect Contrition**

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.

Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: “ *Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins*”
2. Contrition is ‘perfect’ if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.


3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *“O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen.”*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.



### **How to make a Spiritual Communion**

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.


1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say this prayer of St. Alphonsus de’ Ligouri:



**Prayer for  
Spiritual Communion**

My Jesus,  
I believe that You  
are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive  
You into my soul.  
Since I cannot at this  
moment receive You  
sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were  
already there and unite  
myself wholly to You.  
Never permit me to be  
separated from You.

Amen.



6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



