



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>

Parish Secretary: Mrs Margaret O'Donovan



Our Church is open for Mass weekdays at 10a.m. and on Sundays at 9a.m. and 11a.m.
Please see the Mass Attendance [Protocols](#) below

28th Week in Ordinary Time (Year A)

Mass Times and Intentions:

Sunday 11th October – 28th Sunday in Ordinary Time
Day of Prayer for Prisoners

Vigil Mass – Saturday 10th October:
6.30p.m. Anne Burke R.I.P. (Online Only)
9a.m. Rose Lyons
11a.m. For the Parish Family

Monday 12th October – Votive of Our Lady of Lourdes
10a.m. – Deacon John O'Donovan R.I.P.

Tuesday 13th October – Feast of St. Edward the Confessor, King
10a.m. Pamela Gibbs R.I.P.

Wednesday 14th October – Votive of St. Joseph
10a.m. Intentions of Fred and Ammie Mendonça

Thursday 15th October – Feast of St. Teresa of Avila, Virgin and Doctor
10a.m. Fredericke

Friday 16th October – Feast of St. Margaret Mary Alacoque
10 a.m. Antoneta Gouveia R.I.P.

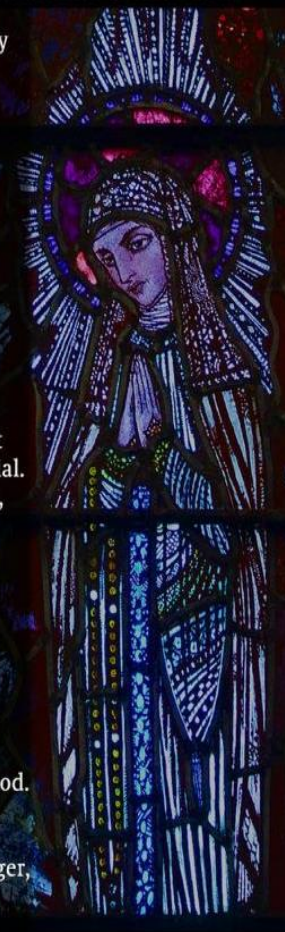
Saturday 17th October – Our Lady
10a.m. **Online Only** For Your Intentions
Vigil Mass 6.30p.m. **Online Only**
Richard Reginald Zhungo R.I.P.

Sunday 18th October – 29th Sunday in Ordinary Time (A)
World Mission Day

9a.m. People of the Parish
11a.m. Mary and Barny Coyle R.I.P.

Pope Francis Prayer for protection from Coronavirus

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk



We Seek Heaven's blessings.

In these days to come we open the doors to the Father's Kingdom in our daily prayer and in this month of the Rosary we hold Our Lady's hand for guidance and spiritual support.

In these days to come we pray for:

The health and well-being of our nation; that all who are fearful and anxious may be at peace and free from worry.

For those isolating and housebound; that we may be alert to their needs and care for them in their vulnerability.

For our family homes, our schools, our young people, those who have recently left home for university and for all in any kind of need or distress.

For our local hospitals and health care professionals, for doctors, nurses and medical researchers; that through their skill and insights many will be restored to health.

For those who are affected by Coronavirus - Covid 19 - that in illness, isolation or anxiety they may find relief and recovery.

Please commend to Almighty God, those who have been called to Eternal Life and pray for the holy souls in Purgatory.

And pray for yourself every day and every night.

We welcome Fr. Rochy Robert O.F.M. CAP

Last weekend, we honoured St. Francis of Assisi. So did Pope Francis who spent time in prayer and celebrated Holy Mass at the tomb of St. Francis.

Fr. Rochy has the rich vein of Franciscan spirituality flowing through his veins. His time in our midst will open the door to many blessings. We wish him well and hope that his studies at St. Mary's University are successful.

Fr. Rochy is a son of India and a child of Kerala. His ministry has taken him to Africa and to Ghana. At the end of his three years of studies, the Bishop, his Order and the priests and people of the diocese look forward to welcoming him back.

Please keep Fr. Rochy and his ministry in your prayers.

Saint Joseph

The Holy Sacrifice of the Mass is the most powerful of all prayers. It is the prayer of Jesus offering His Body, Blood, Soul and Divinity to our Heavenly Father for sinful mankind.

My dear people, a long standing tradition in the Church has designated each day of the week with a particular theme to be recognised at the Holy Sacrifice of the Mass:

Sunday - The Resurrection of Jesus

Monday - The Souls in Purgatory

Tuesday - The Holy Angels

Wednesday - St. Joseph

Thursday - The Eucharist

Friday - The Passion of Jesus

Saturday - Our Blessed Lady



Why is Wednesday set aside for St. Joseph? Well, Wednesday is the halfway point between Sunday (the day of the Lord) and Saturday (the day set aside to honour Mary.)

Saints and Blesseds down throughout the centuries, alongside serving Popes, have encouraged us and all the faithful to seek St. Joseph's help, his intercession, his blessing.

This weekend we have the unveiling of a new image of St. Joseph. It will rest on Our Lady's Altar. You will be able to place your own special petitions underneath. Once a month we will have a

Votive Mass in honour of St. Joseph. In these Holy Masses we will thank him and honour him and seek his spiritual support for our parish and for all who live out their faith here or on-line. St. Teresa's parents sought his help when she was on the doorstep of death. St. Zellie knelt before St. Joseph's statue in her bedroom and asked the Saint to heal her daughter. Miraculously, Thérèse was healed!

Their devotion became Thérèse's:

"I prayed to St. Joseph to watch over me. From my childhood, my devotion to him was mingled with my love for the Blessed Virgin. Each day I recited the prayer: 'O Saint Joseph, father and protector of virgins.' It seemed to me that I was well protected and completely sheltered from every danger." - St. Theresa of the Child Jesus

Next weekend I will consecrate yourself and your family to St. Joseph.



This weekend I invite you to pray this prayer to the Sleeping Saint Joseph:

O St. Joseph, you are a man greatly favoured by the Most High. The angel of the Lord appeared to you in dreams while you slept, to warn you and guide you as you cared for the Holy Family. You were both silent and strong, a loyal and courageous protector.

Dear St. Joseph, as you rest in the Lord, confident in His absolute power and goodness, look upon me. Please take my need into your heart, dream of it and present it to your Son (mention you're request). Help me then, good St. Joseph, to hear the voice of God, to arise, and to act with love. I praise and thank God with great joy. St. Joseph, I love you and seek your help and support. Thank you!

Amen.

Grant Eternal Rest

It with great sadness that we have learnt of the passing to Eternal Life of a dear and long-standing parishioner Penelope Brummell at the age of 71. Many of us will know Penny as a Welcomer at the 11a.m. Mass and for many years as the President of the Legion of Mary at Morden (Our Lady Help of Christians and of the Sick; Morden Presidium). She also was a member of the North Surrey Curia. Penny was a firm believer in the First Friday healing Mass held now by Canon Michael at St. Teresa's and previously at West Croydon.

Penny had a great devotion to Our Lady and to the Rosary; which without fail she recited after Mass and during times of Adoration and personal prayer and never missed 'Days with Mary in the London area.

Penelope was a very spiritual person, with a deep faith, who loved the Scriptures and lived out her faith by home visiting in the local area when possible. May Penny now be enjoying the fruits of her labours in Heaven.

May She Rest in Peace and Rise in Glory!

May They Rest in Peace and Rise in Glory

We keep in prayer the souls of the faithful departed- with God there is mercy and forgiveness.
Into your hands O Lord we entrust our brothers and sisters, family, parishioners and friends.
In this life you embraced them with your tender love; deliver them now from every evil and bid them to enter eternal rest.
Go dear family and friends, the Lord of Divine Mercy is calling your name.
Your victory has been won.



Blessing of Holy Water

If you wish to bring your bottles or containers,
I am more than happy to bless you and your water

October – The Month of the Holy Rosary

God Bless Your Rosary.

The Rosary is the story of the New Testament. Through the beads we follow the life of Mary and Jesus. We follow Mary from the day the Archangel Gabriel came to ask her to be the Mother of Christ, to the day she was crowned Queen of Heaven.

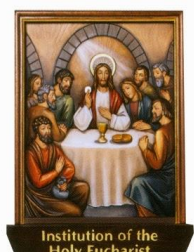
We follow Jesus from the moment the Holy Spirit came down on Mary, through His childhood, His public life, His cruel death on the cross, the joy of Easter when he rose from the dead, to the day He ascended to Heaven in glory.

Mary waits for your prayers. If you speak to her she always listens, She is our Mother.
When you pray the Rosary, begin by telling Mary what you would like her to use your prayers for – and then think about the stories that are hidden in the beads.

The Rosary is such a tremendously powerful weapon against Satan, that armed with the Rosary in our hearts, and the beads in our hands, we can even stop wars. If we but knew how powerful this prayer is -we would never want to put the beads down.

The Mysteries of Light:

In October 2002, Pope Saint John Paul II added the '*Mysteries of Light*' to the Holy Rosary, calling us to pray the Rosary daily; for our families – and for world peace.



As you pray the Rosary at home or at work I encourage you to try and find time to pray the:

Consecration of the Family to the Immaculate Heart of Mary.

O Mary, making the words of Saint John Paul II in the act of consecration of the world to you, our own, we also pray to Thee: 'Mother, just like the Apostle John, we want to receive you in our home, to learn from you, to learn how to become like your Son.'

We are here to consecrate our family, our home, and everything that we are and have to your Immaculate Heart. We want to be yours, to be more perfectly and fully with Jesus.

We already proclaim this triumph, which will be the implantation of the Kingdom of Our Lord Jesus Christ on earth. It was through you that the Saviour came into the world, and it will through you once again that He will reign in the world. We beseech from you, the star of the new evangelisation, that you make each one of us an instrument in your hands for the building of this kingdom.

*Accept O Lady, this consecration and help us to live, obedient to the teachings of the Divine Master, seeking first the Kingdom of God and His Justice, certain that all things will be added unto us.
Amen.*



Your Legacy of Faith

We all desire to leave a legacy....to make a mark, to make a difference in the lives of our families and friends, and within our communities.

A gift in your will to the Church, no matter how big or small, is a wonderful way to support your Catholic community. You could choose to remember our parish of St. Teresa's, sick and retired clergy, the training of future priests or the Roman Catholic Archdiocese of Southwark. Further information can be found on the diocesan website www.rcsouthwark.co.uk or to speak to someone in regards to your legacy, contact the Diocesan Legacy team on 020 7960 2504 or email: legacy@rcaos.org.uk



Sacrament of Reconciliation

Monday – Friday following the 10a.m. Mass
Sunday Morning following 9a.m. and 11 a.m. Mass



For Those Who are Sick...

We continue to keep in our prayers all who are sick: Leonard James Connolly, Thea Haddad, Maureen Smith, Irene Ward, Jean Lue, Ruba Santiapillai, Baby Alexander Lynch, Joseph Lunn, Erika Geddes, Barry Falcon, Denise Waaldjk, Lena McBride and Valerie Somerset.



The Miracle Prayer

Lord Jesus, I come before You, just as I am. I am sorry for my sins, I repent of my sins, please forgive me. In Your Name, I forgive all others for what they have done against me. I renounce satan, the evil spirits and all their works. I give You my entire self, Lord Jesus, now and forever. I invite You into my life, Lord Jesus. I accept You as my Lord, God and Saviour. Please heal me, strengthen me in body, soul and spirit.

Come Lord Jesus, cover me with Your Precious Blood, and fill me with your Holy Spirit. **I love You, Lord Jesus. I praise You Jesus. I thank You Jesus.** I shall follow You every day of my life. Amen.

Mary my Mother, Queen of Peace, Queen of Sorrow, Saint Peregrine the Patron Saint of those who are suffering from cancer, all you angels and saints, please come to my aid. Amen and Amen.



Government Advise on Face Coverings/Masks at Mass



Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

Over the past few weeks our Parish and many others have worked diligently to implement the health and safety protocols necessary to welcome back our congregations.

I am truly grateful to our Parish Reopening Team. They have made it possible for us to go from private prayer to the public celebration of Holy Mass.

At this time, we are limited to 40 attendees per Mass. Our thanks to our parishioners for their patience and the responsibility they have shown to others attending Holy Mass. The pandemic is still with us and so the following guidelines are still in place:

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. **NO ONE IS OBLIGED to attend Holy Mass** whilst dispensation is in effect.

- All **Sunday and Weekday Masses will continue to be Streamed Live** on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- **Another reminder:** ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 40 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a **FIRST COME, FIRST-SERVED** approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- **We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.**
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents **AT ALL TIMES**.
- It is O.K. to wear disposable gloves. Those cleaning, changing altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.

- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, **PHYSICAL DISTANCING MUST BE OBSERVED.**
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will be **NO** toilet facilities.

SAFETY

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- **Reminder** – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to maintain physical distancing properly at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.

- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion (*“The Body of Christ, R:Amen”*) is eliminated. Instead, one general announcement (*“The Body of Christ”*) will be made by the parish priest, and one general response (*“Amen”*) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: morden@rcaos.org.uk or call our parish number: 020 8648 4113

Sunday Collections

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa’s Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa’s Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a request to the parish priest as the parish office is closed for the foreseeable future.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.



Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven’t been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

Last week’s Offerings - Collection: £586. Standing Orders: £805 **Total - £1,391, - Thank you.**

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus:

If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.

Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: “ *Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins* ”
2. Contrition is ‘perfect’ if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: “ *O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen.* ”
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.



How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.



