



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>

Parish Secretary: Mrs Margaret O'Donovan



Our Church is open for Mass weekdays at 10a.m. and on Sundays at 9a.m. and 11a.m.

Please see the Mass Attendance [Protocols](#) below

29th Week in Ordinary Time (Year A)

Mass Times and Intentions:

Please remember clocks go back an hour next weekend!

*Sunday 18th October – 29th Sunday in Ordinary Time
World Mission Sunday*

Vigil Mass – Saturday 17th October:

6.30p.m. Richard Reginald Zhungo R.I.P. (**Online Only**)

9a.m. For the Parish Family

11a.m. Mary and Barny Cole R.I.P.

Monday 19th October – Votive of the Holy Souls

10a.m. – Melita Machado R.I.P.

Tuesday 20th October – Votive of Our Lady of Fatima

10a.m. Fatima Raj Fernando R.I.P.

Wednesday 21st October – Votive of St. Joseph

10a.m. Alberto Paglia R.I.P.

Thursday 22nd October – Feast of St. Saint John Paul II

10a.m. Mgr. W.D. Saunders and Family's
Intentions

Friday 23rd October – Votive of the Sacred Heart

10 a.m. Stanly and Seena -Wedding Anniversary

Saturday 24th October – Our Lady

10a.m. **Online Only** for Your Special Intentions

Vigil Mass 6.30p.m. **Online Only**

Tim Madigan R.I.P.

Sunday 25th October – 30th Sunday in Ordinary Time (A)

9a.m. People of the Parish

11a.m. Margaret O'Donovan – In Thanksgiving

Pope Francis Prayer for protection from Coronavirus

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk



A Life of Service and Commitment to Saint Teresa's

Our hearts beat with thanks for the faithful service to parish life of Margaret O'Donovan. For more than 30 years Margaret has been on the front-line; as Parish Secretary, Catechist and member of the Parish Council. She gave unstinting love and support to her husband, Deacon John and outstanding support to parish priests and seminarians. Many in the parish know her as a confidante. The gift to listen, the gift of kindness, the gift of friendship and support. A prayer warrior. A friend you can rely on and trust.

Margaret is retiring from active ministry but will continue to play a part in parish life for which we are grateful. Her willingness to volunteer and help out in the Parish Office is valued and greatly appreciated.

Next Sunday's 11a.m Mass will be celebrated in thanksgiving for Margaret's decades of service. At a later date, we will have a parish function in her honour, which is richly deserved. In the meantime we hope to put together a booklet of good wishes, prayers and memories. If you would like to contribute a message, please send in via the parish email morden@rcaos.org.uk or post in the box provided in the Narthex.

Thank you Margaret, Thank you!! Thank you!!



The Feast of Saint John Paul II – Thursday 22nd October

One of the great Saints of our time is Pope John Paul II. We thank God for his life and his rich spiritual ministry. His parents are now on the road to Sainthood and we wish that process to be speedy and fruitful. He loved his parents very much and valued their sacrifice and witness to the Priesthood and to the Church.

John Paul's father gave him tremendous support. Before becoming a priest, his father encouraged him in the world of prayer. John Paul, looking back on those amazing days, would go on to describe this time as "*the first seminary*".



One prayer that stood out was a special prayer to the Holy Spirit. This prayer book on the Holy Spirit, he used throughout his life and also taught him the following prayer and encouraged his son to recite it daily:

*Holy Spirit, I ask for the gift of Wisdom to better know You and Your divine perfection,
for the gift of Understanding to clearly discern the spirit of the mysteries of the holy faith,
for the gift of Counsel that I may live according to the principles of the faith,
for the gift of Knowledge that I may look for counsel in You and that I may always find it in You,
for the gift of Fortitude that no fear or earthly preoccupations would ever separate me from You,
for the gift of Piety that I may always serve your majesty with a filial love,
for the gift of Fear of the Lord, that I may dread sin which offends You, O my God.*

Years later, (Saint) John Paul II would go so far as to attest that this very special prayer given to him by his father, Karol Snr. Was instrumental in his Encyclical Letter on the Holy Spirit; *Dominium et Vivificantem*.

This Thursday, seek Saint John Paul II's intercession for you and your family and I encourage you to call on the Holy Spirit.

The Sleeping Saint Joseph



We repeat the prayer to the SLEEPING SAINT JOSEPH and encourage you to seek his help and blessing. Don't forget you can write out your petitions and place them under his statue. It is also possible, to send in by post, in a sealed envelope your special petitions or even by email. We will try once a month to honour with Holy Mass this faithful servant of Heaven.

This Sunday at our Masses we offer you the chance to make an Act of Consecration to Saint Joseph:

I a child of God, take you, St. Joseph, to be my spiritual father. I am confident that Jesus and Mary have led me to you; to know you, to love you, and to be totally consecrated to you. Therefore, having come to know and love you, I consecrate myself entirely to you, St. Joseph. I want you in my life; I need you in my life. Take me as your spiritual child, O great St. Joseph! I desire to hold nothing back from your protective fatherhood.

As the husband of Mary, you provided for my spiritual mother. Thank you for always being faithful to her. Thank you for loving her and giving your entire life for her service.

As the virginal Father of Jesus, you cared for my Lord and protected Him from evil men. Thank you for guarding the life of my Saviour. Thanks to you, Jesus was able to shed his blood for me on the Cross. Thanks to you St. Joseph, I have hope of everlasting life in Heaven.

As my spiritual father, I know that you will guide and protect me too. Please instruct me in the ways of prayer, I know that you will guide and protect me, too. Please instruct me in the ways of prayer, virtue, and holiness. I want to be like you, St. Joseph. I want to be pure, humble, loving and merciful.

Now that I am yours and are mine, I promise never to forget you. I know that you will never forget me, and this gives me boundless joy! I am loved by St. Joseph! I belong to St. Joseph!

Praise to the Holy Trinity who has blessed you and raised you to be the greatest saint after Mary. Praise to the Virgin who loves you and wants souls to love you. Praise to you, St. Joseph, my father, my guardian, and my all! Amen!



Grant Eternal Rest

Penelope Brummel R.I.P.

Please keep in your prayers the soul of Penny as she journeys into God's kingdom. Her life and her witness to the Catholic faith were exemplary. Penny's funeral arrangements are being organised by her first cousin Mrytle.

May Penny Rest in Peace and Rise in Glory!

Maureen Debs R.I.P.

I only got to know Maureen recently. My visits to her family home bought her spiritual comfort and inner peace. Maureen was married to Saj for 53 years, blessed two sons, Paul and Robin. This weekend would have seen her celebrate her 74th Birthday. Life began in Ireland. Maureen was a member of a loving and large family. Her baptism took place in Co. Clare. She was bright, witty, kind and caring. A lady blessed with a loving husband and very proud of her two sons and her grandchildren.

Maureen's passport to Heaven was stamped with the Last Rites and the Lord of Divine Mercy's blessing.

May Maureen Rest in Peace and Rise in Glory.

May They Rest in Peace and Rise in Glory

We keep in prayer the souls of the faithful departed- with God there is mercy and forgiveness. Into your hands O Lord we entrust our brothers and sisters, family, parishioners and friends. In this life you embraced them with your tender love; deliver



them now from every evil and bid them to enter eternal rest.
Go dear family and friends, the Lord of Divine Mercy is calling your name.
Your victory has been won.

Month of the Holy Souls. November.

We will pray for those you knew and loved here on earth.
Throughout the month Masses will be offered for the
happy repose of their souls.

Please let us have a list of names of family and friends who you
wish to be remembered. Their names and that of many others
will rest in front of the Altar. Parishioners who have died this year
will be added. A Holy Souls box will be provided on the steps of
the Sanctuary for you to use. You can put in as many names as you wish.
An offering, a stipend, would always be appreciated.



Stay Safe, Stay Blessed, Pray, Hope and Don't Worry

Be assured of our prayers and spiritual support in these challenging times; for our country, for our
families and friends. In these final days of October pray the Rosary, seek Our Lady's help and
assistance as we face the effects of the global pandemic together.



Short Litany to Our Blessed Mother

Our Lady Queen of Peace, *pray for us.*
Our Lady Comforter of the Afflicted, *pray for us.*
Our Lady, Help of Christians, *pray for us.*
Our Lady, Health of the Sick, *pray for us.*
Our Lady Seat of Wisdom, *pray for us.*
Our Lady, Mother of our Parish, *pray for us.*
Our Lady of Heaven and all Nations, *pray for us.*



Your Legacy of Faith

We all desire to leave a legacy....to make a mark, to make a difference in the lives of our families and friends, and within our communities.

A gift in your will to the Church, no matter how big or small, is a wonderful way to support your Catholic community. You could choose to remember our parish of St. Teresa's, sick and retired clergy, the training of future priests or the Roman Catholic Archdiocese of Southwark. Further information can be found on the diocesan website www.rcsouthwark.co.uk or to speak to someone in regards to your legacy, contact the Diocesan Legacy team on 020 7960 2504 or email: legacy@rcaos.org.uk



Sacrament of Reconciliation

Monday – Friday following the 10a.m. Mass
Sunday Morning following 9a.m. and 11 a.m. Mass



For Those Who are Sick...

We continue to keep in our prayers all who are sick: Leonard James Connolly, Thea Haddad, Maureen Smith, Irene Ward, Jean Lue, Ruba Santiapillai, Baby Alexander Lynch, Joseph Lunn, Erika Geddes, Barry Falcon, Denise Waaldjk, Lena McBride and Valerie Somerset.



The Miracle Prayer

Lord Jesus, I come before You, just as I am. I am sorry for my sins, I repent of my sins, please forgive me. In Your Name, I forgive all others for what they have done against me. I renounce satan, the evil spirits and all their works. I give You my entire self, Lord Jesus, now and forever. I invite You into my life, Lord Jesus. I accept You as my Lord, God and Saviour. Please heal me, strengthen me in body, soul and spirit.

Come Lord Jesus, cover me with Your Precious Blood, and fill me with your Holy Spirit. **I love You, Lord Jesus. I praise You Jesus. I thank You Jesus.** I shall follow You every day of my life. Amen.

Mary my Mother, Queen of Peace, Queen of Sorrow, Saint Peregrine the Patron Saint of those who are suffering from cancer, all you angels and saints, please come to my aid.
Amen and Amen.



Government Advise on Face Coverings/Masks at Mass



Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

Over the past few weeks our Parish and many others have worked diligently to implement the health and safety protocols necessary to welcome back our congregations.

I am truly grateful to our Parish Reopening Team. They have made it possible for us to go from private prayer to the public celebration of Holy Mass.

At this time, we are limited to 40 attendees per Mass. Our thanks to our parishioners for their patience and the responsibility they have shown to others attending Holy Mass. The pandemic is still with us and so the following guidelines are still in place:

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. **NO ONE IS OBLIGED to attend Holy Mass** whilst dispensation is in effect.

- All **Sunday and Weekday Masses will continue to be Streamed Live** on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- **Another reminder:** ANYONE who has even the slightest symptoms or feelings of sickness must remain home.

- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 40 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a **FIRST COME, FIRST-SERVED** approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- **We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.**
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents **AT ALL TIMES**.
- It is O.K. to wear disposable gloves. Those cleaning, changing altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, **PHYSICAL DISTANCING MUST BE OBSERVED**.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will be **NO** toilet facilities.

SAFETY

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- **Reminder** – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. **SORRY!**
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.

- No Altar Servers so as to minimise the risk of exposure and to maintain physical distancing properly at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion (*“The Body of Christ, R:Amen”*) is eliminated. Instead, one general announcement (*“The Body of Christ”*) will be made by the parish priest, and one general response (*“Amen”*) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive **ONLY** in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion **BEFORE** distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: morden@rcaos.org.uk or call our parish number: 020 8648 4113

Sunday Collections

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa’s Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa’s Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a request to the parish priest as the parish office is closed for the foreseeable future.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?



The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

Last week's Offerings - Collection: £522. Standing Orders: £805 **Total: £1,327** - Thank you.

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus:

If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.

Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: "*Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins*"
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: "*O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen.*"

4. Make a firm resolution to go to a sacramental confession as soon as practically possible.



How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.



