



# St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

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<https://www.stcm.org.uk>



Our Masses and Services are ALL now on-line in accordance with Government regulations.

## Mass Times and Intentions:

### Sunday 22nd November – CHRIST THE KING (A)

Vigil Mass – Saturday 21st November:

5.30p.m. Dave Whelan R.I.P.

9a.m. Sheila Hanrahan R.I.P.

11a.m. Living and Deceased of the Parish Family  
The November Deceased List

5p.m. Holy Hour Exposition of the Blessed Sacrament, Consecration of the Human Race to Christ the King and Litany of the Sacred Heart.



### Monday 23rd November – Votive All Saints of Ireland

10a.m. Rose Lyons R.I.P.

The November Deceased List

### Tuesday 24<sup>th</sup> November – Funeral Mass

9.30a.m. Requiem Mass

Penelope Mary Carol Brummel R.I.P.

(Preceded by Legion of Mary Prayers and Tributes)

### Wednesday 25<sup>th</sup> November – Votive of The Holy Souls

10a.m. Peter Walsh R.I.P.

The November Deceased List

### Thursday 26<sup>th</sup> November – Votive of the Holy Souls

10a.m. Danny Thompson R.I.P.

The November Deceased List

### Friday 27<sup>th</sup> November – Votive of the Holy Souls

10 a.m. Living and Deceased of the Legion of Mary

The November Deceased List

### Saturday 28<sup>st</sup> November – Our Lady

10a.m. The November's Deceased List  
and for Your Special Intentions

Vigil Mass 5.30p.m. Paul Nanaratnam R.I.P.

### Sunday 29<sup>th</sup> November – 1<sup>st</sup> Sunday of Advent

9a.m. Rev. Brendan Byrne R.I.P. (F.M.)

11a.m. Living & Deceased of our Parish Family  
The November Deceased List.

**Pope Francis**  
**Prayer for protection from Coronavirus**

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

[www.mertoncatholics.org.uk](http://www.mertoncatholics.org.uk)



## **Grant Eternal Rest**

*Blessed are those who died in the Lord; let them rest from their labours for their good deeds go with them.*

## **Goodbye Penny – We Will Miss You**

Gracious Father,

Those who die still live in your presence; their lives change but do not end. We and the parish family, with the Legion of Mary pray in hope for Penelope and for all the dead known to You alone. In company with Christ who died and now lives, may they rejoice in Your Kingdom where all tears are wiped away. Gather us there together again as one family to sing Your praise for ever and ever.

Amen.

*May Penny Rest in Peace and Rise in Glory.*



## **Fr. Rochy**

Please keep Fr. Rochy's family in your prayers. On Wednesday morning he learnt that his mother's older sister Jane had died. Her funeral took place on Thursday and we prayed for the happy repose of her soul at our Thursday morning Mass.

*May Fr. Rochy's Aunt Jane Rest in Peace and Rise in Glory.*



## **Who are The Holy Souls?**

Every human being is created in the image of God and is both corporeal (physical) and spiritual (soul). The Church teaches that body and soul are truly one nature united together and whilst our bodies are corruptible and decay, our souls created by God are immortal (CCC 362-3661).

Free will on earth allows you to choose where your soul will spend its immortality. Death bring an end to physical life, but not spiritual life. The New Testament affirms that each person will be rewarded immediately after death in accordance with the life they have lived on earth. For example, the way you lived your life on earth will decide the destiny of the soul, which will be different for some than for others.

Each person therefore receives their eternal reward or retribution (punishment for wrongdoing) of their immortal soul at the moment of death, either by entrance to Heaven or they must go through a period of purification before entering Heaven, which is called Purgatory. The alternative to eternal life is eternal damnation (CCC 1021-1022).

The Holy Souls in Purgatory then are the souls of those who have died but still need purification and sins atoned for; through God's Divine Mercy they are assured of eternal salvation but need to undergo a period of purification that will allow them to attain the perfection needed to enter into eternal life with God. (CCC 1030).

## Heaven, Hell and Purgatory

Christians and most other religions believe in heaven and hell. For Christians, to be in heaven is to be with Christ and in perfect communion with the Holy Trinity, the Virgin Mary, the Angels, the Saints and all the blessed souls that have gone before. Heaven is being in a state of supreme and everlasting happiness where there is no suffering or death, (Paradise) and is beyond all our imagination.

Scriptural images portray eternal life as light and peace and St. Paul in his letter to the Corinthians tells us of:

*"the things that no eye has seen and no ear has heard, things beyond the mind of man, all that God has prepared for those who love Him"* (1: Cor 9).

Hell on the other hand is the state of eternal separation from God. Jesus warns us in the Gospel that those who shall be separated from Him are those who were without love and compassion on earth. That is those who chose to ignore the plight of the needy, the poor, the hungry, the orphans, the sick who could not care for themselves, but instead indulged themselves when they might have helped a starving child (Mt. 29:31-46).

Dear Friends,

By praying for the souls in purgatory we come to encounter the living Christ.

All our recent Popes remind us of the importance of prayers for the dead, especially the offering of Mass for them, so that once purified, they can come to the beatific vision of God. In helping those who have gone before us to be saved, we will have done the utmost for our own personal salvation as well.

Jesus came to earth as a human being to identify with our suffering, through his passion and death on the Cross. This was to show us that like Him, we will rise again from suffering and death in this life into one without either, if we live as He lived; with love and compassion for all we meet on the journey.

Holy Mother Church loves the dead. It calls out their names in Holy Mass, at Funerals, at Memorial Masses, at the Graveside. Offering prayers for them, for the Holy Souls, is one of the most important Christian commitments in our life. Every Mass, in every language commends the holy souls to God's love and mercy.

Thank you for continuing to pray for those who have been called from life on earth. They leave behind family, friends and memories for us all to cherish. Your love and prayers, Masses are offered, Rosaries prayed; bless their souls in the sight of God.

Our month of the Holy Souls this year has seen us praying for many who were with us last year, last Christmas. Our November Deceased List gets longer every year. Those who have left us for their meeting with Almighty God are on that very specific list.

*May their Names be Written in the Book of Eternal Life.  
May they all Rest in Peace and Rise in Glory!*



## **We Are Missing You!**

Please God, it will not be long before we see you back in our midst at Holy Mass. In the meantime, we keep each other in prayer. If you would like us to light a candle for your intentions, we are happy to do so. We are happy to pray with you over the phone and impart a blessing. Our daily Mass continues to offer you blessings from the Altar, blessings from the sanctuary.

This Sunday is the Feast of Our Lord Jesus Christ, King of the Universe. To mark this important feast we shall be holding an extra special service on-line at 5p.m.

*5p.m. Exposition of the Blessed Sacrament*

*The Consecration of the Human Race to Christ the King  
&*

*The Litany of the Sacred Heart.*

We will finish the service at 6p.m.

With what is happening around the world at this time, this year's Consecration is very much needed.

Take care and God Bless you and all branches of your family.



## **St. Joseph, Hope of the Sick, Pray for Us**

God has healed many people through the intercession of Saint Joseph, such as Saint Teresa of Avilla. Saint Teresa of Lisieux would have died in infancy were it not for the intercession of Saint Joseph. Her mother and father now Saint Louis and Saint Zélie implored and prayed before his statue for his help and his powerful blessing.

As a parish family and those who join us on-line, we pray day in and day out for the sick and housebound. We pray for all who carry the cross of suffering around the world and we pray for the following:



Joseph Lunn, Maureen Smith, Irene Ward, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Barry Falcon, Denise Waaldjk, Lena McBride, Valerie Sommerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Michael O'Kelly, Kevin and Margaret Peacock, Justin Roberts, Alan O'Leary, Bill O'Keefe and Gerry Gillen. We also have young mothers who have recently been diagnosed with cancer – we are keeping them in prayer.

Dear friends, Saint Joseph offers hope in times of sickness. If you, or someone you know is sick, go to Saint Joseph. Our Blessed Lord wants you to go to your spiritual father and ask him for help and healing. It is up to God whether or not a physical healing will be given, but it doesn't hurt to ask, as Saint Zélie did for her little Thérèse.

Heaven is full of Saint Josephs, full of Saints and Holy Angels who we can seek help from. If you feel attracted to call on another, don't hesitate. Pray, Pray, Pray!

### **Sunday Collections**

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a request to the parish priest as the parish office is closed for the foreseeable future.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

### **Do You Gift Aid?**



The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

**Last week's Offerings** - Standing Orders: £805 - Thank you.

### **Recruiting: courses for young people aged 16-24, who are unemployed and not on any college course.**

Two courses, both for six months, including work placements are available for young unemployed between the ages of 16-24. These are great opportunities for someone to get involved in a career-defining programme!

### **[Get Into Games Development](#)**

## Step to Employment

They are FREE, and only have six places left on each programme. Please find more information via the two links above, or circulate. For anyone interested, contact Rob Mobile directly on 020 7871 9941 or [info@need2succeed.co.uk](mailto:info@need2succeed.co.uk) to go through the application process – they can be online within 24hrs!

### **PERFECT CONTRITION AND SPIRITUAL COMMUNION**

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus:

If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

#### **How to make an Act of Perfect Contrition**

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: “ *Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins* ”
2. Contrition is ‘perfect’ if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: “ *O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen.* ”
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

#### **How to make a Spiritual Communion**

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.

3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



## Prayer for Spiritual Communion

My Jesus,  
I believe that You  
are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive  
You into my soul.  
Since I cannot at this  
moment receive You  
sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were  
already there and unite  
myself wholly to You.  
Never permit me to be  
separated from You.

Amen.

