### St. Teresa's Morden

### Canon Michael Scanlon, KHS Parish Priest Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk
250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113
https://www.stcm.org.uk

Our Church is open for Mass weekdays at 10a.m., on Saturdays at 5.30p.m. and Sundays at 9a.m. and 11a.m.

Please see the Mass Attendance Protocols below

# SUNDAY MASSES (including Saturday Vigil) the CHURCH IS OPEN MONDAY - SATURDAY 10am MASS is ONLINE ONLY

#### **Mass Times and Intentions-Year B:**

#### Sunday 7th February-5th Sunday in Ordinary Time

5.30pm Bella Harding, deceased family and friends.

9am Antonia Urbni & Family's Intention

11am People of the Parish

#### Monday 8th February-St Josephine Bakhita-VICTIMS OF TRAFFICKING

10am Michael White RIP - ONLINE only

#### Tuesday 9th February REQUIEM MASS

10am Fr. Paul Sanders RIP – ONLINE only

#### Wednesday 10th February-St Scholastica

10am Edgar Johns – ONLINE only

#### Thursday 11th February-Our Lady of Lourdes-WORLD DAY FOR THE SICK

10am Sick & Housebound of the Parish and All Suffering from

the Coronavirus - ONLINE only

#### Friday 12th February

10am Jim Creehan RIP - ONLINE only

#### Saturday 13th February- Votive Mass Our Lady of Fatima

10am For Your Special Intentions – ONLINE only

5.30pm Patricia Dipre Special Intentions

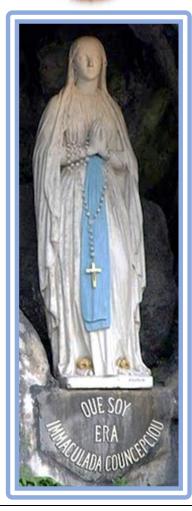
#### Sunday 14th February

9am People of the Parish

11am Deacon John O'Donovan RIP & Deceased Members of the

O'Donovan Family





St Teresa's School, Montacute Road, Morden.
Tel No 020 8648 1846
Headteacher; Mr Justin Dachtler.
Merton Catholic Deanery
www.mertoncatholics.org.uk

#### PLEASE NOTE:

Because of the widespread of COVID-19 we are celebrating Holy Mass ONLINE

Monday – Saturday
10am
Our Masses online are available at
<a href="https://www.stcm.org.uk/">https://www.stcm.org.uk/</a>

Sunday Masses the church will be **OPEN** to parishioners.

Saturday Vigil 5.30pm (doors open 5pm) Sunday 9am (doors open 8.30am) Sunday 11am (doors open 10.30am)

As we move into Tier 5 Masses will continue to be celebrated as normal on Sunday (including the Saturday Vigil) and will be Online only during the week, however, the parish office will now be closed until further notice.

#### THREE WAYS TO PRAY FOR THOSE RECOVERING FROM THE CORONAVIRUS CRISIS

In the face of a global crisis, it can be hard to know where to start with prayer. Here are three simple ways you can pray for those working to rebuild from the coronavirus crisis in your daily life.

#### 1. Pray with the scriptures

St. Augustine said, "The Holy Scriptures are our letters from home." Try reading a daily passage from the Gospel and reflecting on how its lessons could help in our world today.

#### 2. Start a Novena

This is a simple and powerful way to commit to prayer. Choose a prayer that has personal meaning for you and pray it for nine days. Ask friends or family to join your Novena and pray with you.

#### 3. Pray your way

We all have ways that we are most comfortable praying. If you pray the Rosary, could you offer a decade for those affected by coronavirus? If you pray the Angelus, could you remember all those on the front line of this crisis?



#### St. Joseph, Hope of the Sick, Pray for Us

God has healed many people through the intercession of Saint Joseph, such as Saint Teresa of Avilla. Saint Teresa of Lisieux would have died in infancy were it not for the intercession of Saint Joseph. Her mother and father now Saint Louis and Saint Zélie implored and prayed before his statue for his help and his powerful blessing.

As a parish family and those who join us on-line, we pray day in and day out for the sick and housebound. We pray for all who carry the cross of suffering around the world and we pray for the following:

Joseph Lunn, Maureen Smith, Jean Lue, Ruba Santipillai, Frank Mendonça,
Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Lena McBride, Valerie Sommerset, Kevin
Mooney, John Mooney, Angela Patcheye, Leonard Paice, Michael O'Kelly, Ken and Margaret
Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly,
Thea Haddad, Nora Williams, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen
Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Michael and Madge Durkan,
Jocyln De Silva, Anna Kashtelyan, Mary Jeanette Connaire, Anna Urbni, Maureen Flagherty,
John McDonagh.



We continue to remember all the sick Priests and Religious of the diocese.

And send our BLESSING and assurance of spiritual support to all NATIONS at this difficult and challenging time.

We also have two young mothers in our parish who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

#### WE REMEMBER THEM AND PRAY FOR THEIR SOULS



Saints of God, come to their aid

- Dolore (Shirley) Johnson (Funeral 16th February 2021, 9.45am Mass)
- Lolito Laydia (Funeral 22nd February 2021, 9.45am Mass)
- Alex Pegley (Funeral 2nd March 2021, 3pm North East Surry Crematorium)
- Dermot Peter Long (Funeral 4th March 2021, 9.30am Mass)
- Avril Castella (Funeral 10th March 2021, 9.30am Mass)
- Sarah Marie Frost (Funeral 12th March 2021, 9.45am Mass)
- Christiane Chapman RIP
- Jim Lamont RIP
- Fr. Paul Sanders RIP
- Joseph Micallef RIP
- Lourdes Rabinorn RIP

#### **MAY THEY REST IN PEACE**

Recently Deceased Whose Funerals Have Taken Place

Finn Hurley, RIP Irene Ward, RIP

Veronica Gorrod, RIP Baby Angelika Hobbs, RIP

Sean Fahy, RIP Michael Paice, RIP
Olu Coker, RIP Michael Diver, RIP
Anne Donaldson, RIP Rose Lyons, RIP

Christiane Saide, RIP Fr. Michael Boland, RIP

WE ALSO KEEP IN PRAYER JIM CREEGHAN AND ALL WHOSE ANNIVERSARIES OCCUR AT THIS TIME.

Come to meet them angels of the Lord! Receive their soul and present them to God the Most High. May Christ who called you, take you to himself; may angels lead you to Abraham's side. GRANT THEM ETERNAL REST O LORD---

May They Rest In Peace and Rise In Glory. Amen.

St. Teresa's offers our sincere condolence and assurance of spiriritual support to the parish family of HOLY CROSS. Fr. Paul Sanders was a long serving servant of the diocese and a much loved parish priest. We commend his soul to Almighty God and keep him, his family, his friends and his parish in our prayers.

May He Rest In Peace and Rise In Glory. Amen

Please continue to keep those on our Parish Sick List in your prayers. There are also those self-isolating, those in the early stages of the virus and those on the road to recovery. We also have parishioners receiving treatment for cancer.

If you or someone you know is sick, seek the help of Saint Joseph. Our Blessed Lord will be pleased to see you invoke this great saints' blessing and support for healing. Some continue, some willingly, to carry the Cross of Suffering. Whether you experience a physical healing or not, Saint Joseph always offers hope for an illness-free life in heaven. This wonderful servant of heaven will help you to be abandoned to Divine Providence. You too might cry out in prayer "thy will be done".



St. Joseph, patron of men, of husbands and fathers pray for us! Pray for our Parish Family,

St. Joseph, patron of workers, pray for us!

St. Joseph, protector and guardian of families pray for us!

St. Joseph, patron and defender of the Universal Catholic Church, pray for us!

Pray for us,

Amen.

#### WELCOME TO OUR PARISH FAMILY

Once again, we welcome families, couples and single people who have recently arrived in our parish. In spite of the Coronavirus and the challenges all parishes are facing we still have seen new faces in our midst. We are delighted when they introduce themselves. Later, this year I am hoping we can organise a *PARISH REUNION DAY* with an Open-Air Mass on the field followed by a buffet and a variety of refreshments. All will be welcomed.

To those at home, those self-isolating, those recovering from COVID-19 and the new variants that are in circulation, at every Mass, every day, you are remembered and prayed for. Please God, we will see you back in our midst in the near future.

To our young friends, our Altar Server Teams we send you our love and blessing. We look forward to seeing you back on the Sanctuary, back in our midst, and those of you waiting patiently for your Confirmation Day - May the Holy Spirit bless you and inspire you as you wait patiently for your Sacred Day.

# Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

FAITH is awakened, FAITH is renewed, FAITH is strengthened,

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY Forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME





# **ASH WEDNESDAY 2021**



This year Ash Wednesday falls on Wednesday 17th February. It's a day of fasting and abstinence. Ashes will be blessed during our 10am Mass. We wish to begin our Parish Lenten Journey in the best possible way. We will be open. Social distancing will be fully implemented. We will not be able to distribute the Ashes in the usual way. This year we will be sprinkling them over your head. The Pope and many around the world receive in this manner - so you will be in good company. Below is an outline of a very Special Day we plan for Ash Wednesday.

9.30 Church Doors Open

Rosary led by Parishioners

10am HOLY MASS with Distribution of Ashes

11am Adoration of the Blessed Sacrament.

11.15am Rosary led by the LEGION OF MARY

12.30-12.45 Sprinkling of Ashes available

1-2pm Silent Prayer

2pm Guided Meditation Led by CON DIVER

3pm Rosary Led by Members of the PARISH COUNCIL

3.30-4pm Sprinkling of Ashes

4.15pm Rosary Led by Members of the PARISH ADORATION TEAM

5pm Benediction with Fr. Roshy and Canon Michael

5.30pm HOLY MASS

For your Lenten Intentions with Sprinkling of Ashes

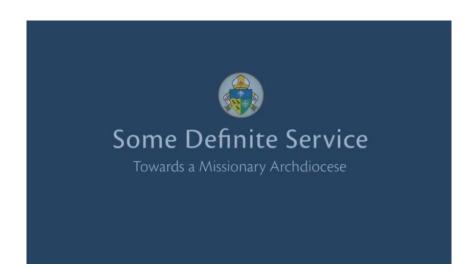
6.30pm Church Closes.

**Please note**: This year we can offer, because of the circumstances we find ourselves in, a chance for one family member to pick up a small amount of ashes - Blessed - to bring home and offer to those sick, housebound, or isolating. We will also put on our website and newsletter a prayer for you to use at home.

#### THE SOUTHWARK AGENCY FOR EVANGELISATION AND CATECHESIS

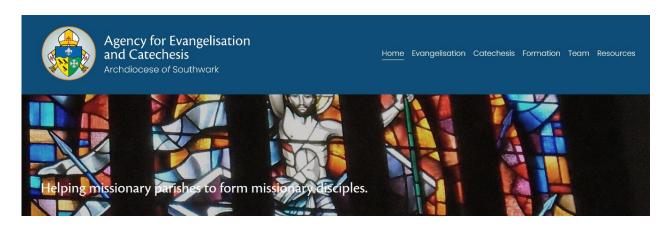
Archbishop John Wilson, at his installation Mass, called on the Archdiocese of Southwark to become a 'missionary and evangelising archdiocese'. The Agency for Evangelisation and Catechesis was established to help make this a reality. The Agency comprises a team of highly trained and experienced advisors who are ready to support the parishes of the Archdiocese in the three areas of Evangelisation, Catechesis and Formation.

To find out more about what this means as a parish and parishioner of St Teresa's click on the links below.



An Invitation and Introduction to Some Definite Service: Towards a Missionary Archdiocese from Archbishop John Wilson and the AEC Team

Catch up with the goals and work of the AEC team, led by Director, Dr. Mark Nash.



Helping missionary parishes to form missionary disciples.

Proclaiming and teaching the Good News of Jesus Christ, our Lord and Saviour;

forming disciples for mission.

#### **WORLD DAY FOR THE SICK**

#### Thursday 11th February the Feast of Our Lady of Lourdes

The theme for the 29th World Day of the Sick is: 'You have but one teacher and you are all brothers'. (Mt 23:8)

The theme calls for a trust-based relationship of personal encounter to guide care for the sick. The Holy Father not only calls for closeness between those suffering from illness and those that care for them, but also highlights the fact that humanity cannot expect to be well in a world that is sick. For example, the pandemic has shown that inequalities exist across the world: those in poor countries are unlikely to have swift access to COVID-19 vaccines or relief of poverty. However, the outbreak of the Coronavirus has also highlighted the generosity and kindness of healthcare professionals, priests, religious and volunteers.



WORLD DAY OF THE SICK

Read Pope Francis' message for the 29th World Day of the Sick.

#### **DIOCESAN LENT ONLINE RETREAT 2021**

'Follow Me'

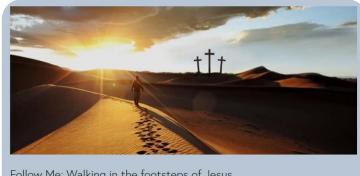
The Archdiocese of Southwark is offering a retreat experience for people and parishes during Lent 2021, beginning on the first Sunday of Lent and ending in Holy Week. For each week of Lent, the Spirituality Commission will provide a video exploring themes connected with the Sunday Gospel.

As some people need to shield and we cannot meet to hold live retreats, the Commission have produced an excellent resource for parishioners who might wish to undertake the retreat at home on an individual basis.

#### Each week we will:

**Release** a video that you can view from your homes via the link below; or you can sign up independently to have it emailed directly.

**Release** resources for individual prayer and reflection. These can be accessed online.



Follow Me: Walking in the footsteps of Jesus through the season of Lent

Archdiocese of Southwark retreat for Lent introduced by Archbishop John Wilson and led by the Spirituality Commission

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Archeliocese of Southwark retreat for Lent introduced by Archbishop John Wilson

through the season of Lent

FOLLOW ME RETREAT FROM HOME

#### **CAFOD**

Looking for a challenge this Lent? Join CAFOD's walk for water challenge and walk 10,000 steps a day, for 40 days in solidary with all those who do not have access to a safe water source. Whether you hop it; skip it; slide it; run it; jump it; dance it; or stomp it. It doesn't matter how you do it, just as long as you put your heart and soul into it. Sign up now at <a href="mailto:cafod.org.uk/walk">cafod.org.uk/walk</a> and go the distance this Lent and help to end water poverty.



#### Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

#### **Sunday Collections and Donations**

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden — and is vitally important at this time. Regular standing orders can be for any amount, no matter how small — just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by <u>standing order</u>, which can be arranged through your bank, or by using the <u>DONATE</u> link here or on the parish website.

#### Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400

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a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

#### **Basic Government Advise on Face Coverings/Masks at Mass**

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

#### Mass at St. Teresa's

#### St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 55 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite
  the guided departure and minimise chances of people encountering one another. In all
  cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.

- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will be NO toilet facilities.

#### **SAFETY**

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat please do not move or swap seats.
- Reminder Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exciting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

#### **HOLY MASS**

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

#### **Regarding the Distribution of Holy Communion:**

 The individual attestation at the distribution of Holy Communion ("The Body of Christ, R: Amen) is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.

- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: <a href="morden@rcaos.org.uk">morden@rcaos.org.uk</a> or call our parish number: 020 8648 4113

#### **PERFECT CONTRITION AND SPIRITUAL COMMUNION**

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus:

If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

#### **How to make an Act of Perfect Contrition**

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: 'My God, grant me perfect contrition for my sins.'

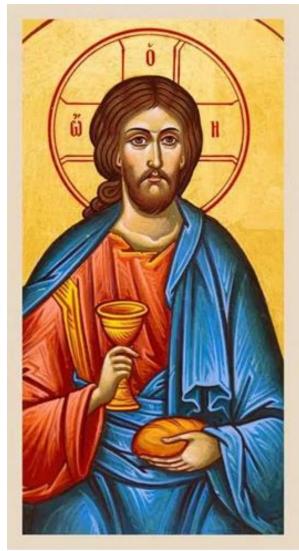
- 1. In reality or imagination kneel at the foot of the crucifix and say to yourself: "Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"
- 2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
- 3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: "O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."

4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

#### **How to make a Spiritual Communion**

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

- 1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
- 2. Imagine the sacred words and actions of the Mass or watch online or on TV.
- 3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
- 4. Desire, with earnest longing, to receive Our Lord present Body, Blood, Soul and Divinity in the Blessed Sacrament.
- 5. Say the prayer of St. Alphonsus de' Ligouri The Prayer of Spiritual Communion
- 6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



## Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

