



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 11th April - 2nd Sunday of Easter, *Divine Mercy Sunday*

- 5.30pm Vigil Mass- Roland Rosa RIP
- 9am People of the Parish
- 11am Mary Creighan RIP

- 1.30pm Divine Mercy Devotions
- 3pm Mass - Divine Mercy Apostles

Monday 12th April

- 10am Bill & Kath Kelly RIP

Tuesday 13th April

- 10am Antony Lett RIP

Wednesday 14th April

- 10am Madeline Than Mying 's Welfare

Thursday 15th April

- 10am Joan Gould RIP

Friday 16th April

- 10am Catherine Williams RIP

Saturday 17th April

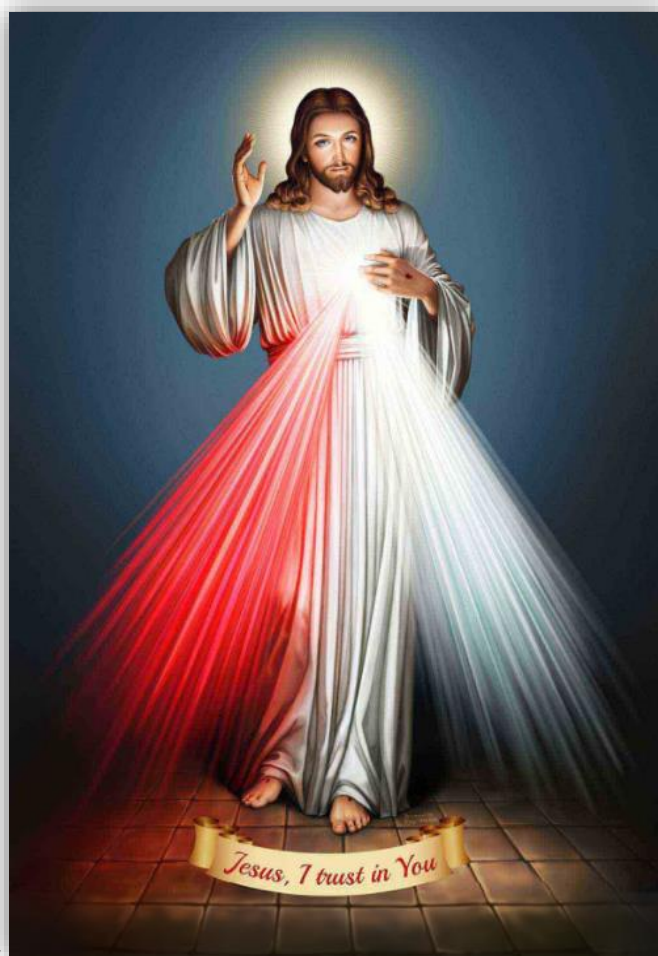
NO MORNING MASS:

First Holy Communion Programme

- 5.30pm Vigil Mass - Maria Fermo RIP

Sunday 18th April - 3rd Sunday of Easter

- 9am People of the Parish
- 11am Joseph Fernando &
Shiny Machado Wedding Anniversary



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

HIS ROYAL HIGHNESS PRINCE PHILIP RIP

We offer our condolences to Her Majesty the Queen at the passing of her husband of 74 years.

We join our nation in remembering Prince Philip's service to the Nation and to the Royal Family. We keep his soul in prayer and will pray for the Queen and their children and grandchildren in these days to come.

May He Rest In Peace and Rise In Glory.

LORD OUR GOD

We bring before you the sick and suffering around the world, all those wrestling with illness in body, mind or spirit.

With the worldwide pandemic we continue to come to you in prayer seeking your help in our hour of need. We thank you for all who work to bring healing to the sick - doctors and nurses, surgeons and medicals staff, carers, psychiatrists, counsellors, clergy and therapists. We thank scientists involved in the vaccine rollout and all on the front line to deliver these jabs here and around the world. Support and strengthen all those who share in the work of healing, all who strive to bring relief, all who minister to others.

Lord Jesus, we ask Our Lady and Saint Joseph along with Saint Teresa to intercede for all who are on our Parish Sick List. Please hear our prayer for each of them and all who are sick in hospital, at home and in our local community.

Thank you for keeping in prayer all who are sick and especially:

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Lena McBride, Valerie Sommerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Michael O'Kelly, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Anna Urbni, Maureen Flaherty, John McDonagh, James Diver, Frances Forya, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena and Anne-Marie Mendonça.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the sick Priests and Religious of the diocese.
And send our BLESSING and assurance of spiritual support to all NATIONS at this difficult and challenging time.

We also have three young mothers in our parish who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

CRUCIFIED AND RISEN LORD

Heavenly Father, as we wait in prayer for those whose funerals are soon to take place we remember what your Son, Our Lord Jesus, said to you, "Father, I desire that those also, whom You have given Me, may be with Me where I am, to see My Glory, which You have given Me before the foundation of the world. Righteous Father, the world does not know You, but I know You, and these know that You have sent Me". (Jn 17: 24-25)

With our love we commend to you: -



- Anne Majella Darby RIP
(Funeral 21st April 2021)
- Joseph Lunn RIP
(Funeral 22nd April 2021, 12.00 noon Mass)
- Norah Mary Williams RIP
(Funeral May 11th 10.15am Mass)
- Mary Creighan RIP
(Funeral May 12th 12.15pm Mass)



RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP &
Lourdes Mary Fatma Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burrridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Paul Sanders RIP
Fr. Richard Diala RIP
Fr. Michael Boland RIP

May They Meet The Risen Lord

JOSEPH LUNN RIP

Joseph left for Eternal Life on his 19th Birthday. He had a holy death. He was wrapped in the arms of his mother with Dad and his young sister present praying for him. His grandparents and uncle Rob joined them. We prayed together for Joseph and thanked God for his life on earth and commended his soul to Eternal Life.

Thank you for all the beautiful messages that flooded in on our Parish WhatsApp. They mean a lot to his family. Please continue to keep Joseph and his family in prayer as we journey to the day of his funeral, Thursday 22nd April. This young man bore the cross of suffering in the bravest of ways. His love of Christ, his unity with Jesus in the Blessed Sacrament got stronger every day. He had support from Heaven. For more than a year he had a very special reliquary containing the relics of some of Heavens greatest Saints including St Peter. He lived in the presence of the Lord on earth in prayer, Masses, Adoration now he Lives with the Saints of Heaven and Our Blessed Lady.

May He Rest In Peace and Rise In Glory.

MARY CREIGHAN RIP

Again, with great sadness I have to announce the loss of a friend and parishioner MARY CREIGHAN who was called to Eternal Life this week .

I prayed at Mary's home with her family and blessed Mary before she was taken into care by the Coroner's Office. Her death has come as a shock. Please keep her soul in Your prayers.

We offer our sincere condolences to her three daughters Karen, Susan and Teresa . We send her grandchildren our love and all branches of her family. Mary is a daughter of Ireland; Carlow was where she was reared. Mary was one of fourteen. We also send our condolences to her family back home.

Many of you will remember her late husband JIM CREIGHAN who left for Eternity in February 2019. Mary, Jim and their family have been parishioners for more than forty years! Lovely people, a much-loved family blessed with good friends. One of Mary's very close friends is Chrissy, we would often see them at Mass together and both were regulars to our parish grotto - their friendship spanned more than 40 years. Good friends are missed, our condolences are also offered to Chrissy and her family.

Mary had a great sense of humour and a lovely smile and a prayerful heart. We thank God for her seventy-six years of life on Earth. For the blessings she received and the blessing she was.

May She Rest In Peace and Rise In Glory

NORA MARY WILLIAMS RIP

Almighty God has called the soul of Norah Williams from life on earth to life eternal. This daughter of Ireland raised in Limerick left life here on earth in her 91st year. Married John (RIP 16 years ago) and blessed with four children. We offer our condolences to Bernie, Anne, John and Joe. We keep in prayer her grandchildren Matthew, Katie Sian, Jake and six great grandchildren. As well as raising a family she supported our parish school as a Dinner Lady for 25 years.

Norah's funeral will take place on Tuesday 11th May 2021.

May She Rest In Peace and Rise In Glory

APRIL ANNIVERSARIES

Gracious and Loving God of Divine Mercy

We come to you in prayer to remember Parishioners, family and friends whose anniversaries occur at this time.

No one is forgotten in Your eyes whether they are here on earth or with You in heaven: the youngest; the oldest; the courageous; the timid; the single person; the family member; the disabled. All have played their part in Your world and have a place in Your kingdom, through Your grace, mercy and their faith. We thank You for listening to our prayers for these Holy Souls. We thank Our Lady who heard each of them cry out in prayer "*PRAY FOR US NOW AND AT THE HOUR OF OUR DEATH*".

Gone But Not Forgotten

Antonio Peretti, Mary Berry, Mary Ann Doyle, Rosalita Granil, Desmond Raynor, Glynys Marsh, Paddy Joyce, Margaret McCarthy, Eileen Drudy, Mary McCoy, Jonathan Elias, Mary Phil O'Sullivan, Danielle Smith, Dr. Ernest Mbayah, Theresa Bearne, Colleen Conroy, Gordon Conroy, Lynne Donaldson, Barry Falcon, Connie Lockyer, Bob Gibbard, Garry Morgan, Carlo Giorgio Dovico, Gerard Duerke, Mary & William Waters and all whose anniversaries are about this time of year.

May They Rest In Peace And Rise In Glory.

EASTER CELEBRATIONS

Sincere thanks to our Parish *Reopening and Welcoming Team*. Your time, efforts and support were greatly appreciated.

Cards, your offerings, also came in during Holy Week. THANK YOU.

May the joy of the Risen Christ bless and anoint your personal faith journey.

DIVINE MERCY SUNDAY

A warm welcome to all joining us at our holy Masses and online.

SUNDAY 11TH APRIL

1.30PM DIVINE MERCY DEVOTIONS

3PM HOLY MASS

**CONFESSIONS WILL BE AVAILABLE AFTER MORNING MASSES
AND 1.30-2.30pm**

The Hour of Great Mercy

The moment of three o'clock in the afternoon

A devotion most dear to Our Lord is the veneration of His Passion at the very hour that recalls His death on the Cross. Through the passion and death of Jesus Christ, the very kingdom of God was opened up to us. Love should fill our response to the request of Jesus who said to Saint Faustina:



"At three o'clock, implore My mercy, especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy. ... In this hour I will refuse nothing to the soul that makes a request of Me in virtue of My Passion (Diary, 1320).

I remind you, my daughter, as often as you hear the clock strike the third hour, immerse yourself completely in My mercy, adoring and glorifying it; invoke its omnipotence for the whole world, and particularly for poor sinners; for at that moment mercy was opened wide for every soul. In this hour you can obtain everything for yourself and for others for the asking; it was the hour of grace for the whole world - mercy triumphed over justice. ...

My daughter, try your best to make the Stations of the Cross in this hour, provided that your duties permit it; and if you are not able to make the Stations of the Cross, then at least step into the chapel for a moment and adore, in the Most Blessed Sacrament, My Heart, which is full of mercy; and should you be unable to step into chapel, immerse yourself in prayer there where you happen to be, if only for a very brief instant (Diary 1572).

Jesus gave this prayer, to be said at 3 o'clock especially for sinners; it is a powerful conversion prayer and should be used for those who have strayed from the faith. This is the prayer:

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.



(Repeat three times)

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!

The Divine Mercy Novena begins on Good Friday and concludes with the Feast of Divine Mercy on the Sunday after Easter Sunday - the 11th April.

Jesus gave St. Faustina an intention to pray for on each day of the Novena, saving for the last day the most difficult intention of all, the lukewarm and indifferent.

To take part in the Novena of Divine Mercy follow the link:

<https://www.thedivinemercy.org/message/devotions/novena/firstday>

BAPTISMS AT SAINT TERESA'S

We appreciate that some families are waiting to get their baby baptised. We are looking forward to their big day.

At this time, we are advised that the baptisms which take place in our churches should be for single families. Rules and regulations are in place which we must try and adhere to. At the moment the RULE OF SIX is in place. We hope this will change soon.

We invite parents to a **Meeting on Friday 30th April at 11.15am** in the Parish Church. We will offer weekday baptisms and this meeting will also include an explanation of the Sacrament of Baptism. We will also keep you up to date on any new guidelines.



FIRST HOLY COMMUNIONS

Our programme began this weekend. Please keep the children and their families in your prayers. A big thank you to our First Holy Communion Catechist Team.

Lord Jesus Christ bless the children coming forward to receive Holy Communion for the first time.

May this day be the step toward a life-long love of the Eucharist.

Give them a hunger for this sacred food so that they turn to you for comfort, guidance, and wisdom as they grow into full discipleship.

Thank you for their innocence and goodness.

May their hands, extended in anticipation of your body and blood, inspire all of us to cherish this sacred Sacrament. Amen.





CALLING ALL CONFIRMATION CANDIDATES 2021

SPECIAL COMPETITION!

*"My Journey to the Day of My
Confirmation.
My Thoughts and Reflections"*

*Submit your thoughts & reflections of 250-300
Words to Canon Michael.
Entries in by Sunday 2nd May.*

1st Prize £30

2nd Prize £20

3rd Prize £10

Good Luck!

Confirmation

PARISH FINANCE

Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website '*JUST GIVING*' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes will be available during this weekend 10/11th April. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If you pay tax and would like to join, please have a word with one of the team, it's simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

Candles

To make things easier in the church we have now introduced a card reader which you will find near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for candles.

For all other Offertories and donations see CollecTin below.

SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**



- ENTER THE AMOUNT YOU WISH TO DONATE **e.g. 5 0 0 is £5.00, press the green tick button**



- TAP CARD **for contactless** or INSERT CARD **using your pin**

- SELECT RECEIPT **use arrows to select option required**



QR SCAN POINTS



There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.

COLLECTIN

Coming Soon! CollecTin is a card reader on which you can give your offertory, and if you **Gift Aid** you need only register once and it will remember you for all your donations, if you use the same card (*each card would need to be registered*)



MESSAGE FROM CAFOD - THANK YOU!



Dear Mary

Through your hope and love as part of the CAFOD family, you have made a huge difference to the lives of those who suffer poverty and injustice.

Thanks to all of you who have supported CAFOD and our work, particularly this Lent.

It's been such a difficult year for so many of us, and yet your efforts, your walking for water, your sponsorship, your donations, your campaigning and your prayers have held us up and given us strength.

With your support, we are helping people to survive, rebuild and heal.

On behalf of all of us at CAFOD, I send you our best wishes for Easter. May it be for you, a celebration of joy, hope and renewal.

With best wishes,

Christine Allen
CAFOD Director

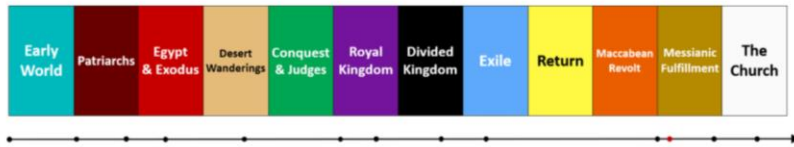


CAFOD wish to thank all parishioners of St Teresa's for their generous support and donation of £409.60 which was raised this year. Your gift will mean CAFOD are able to help improve water access for remote communities around the world with solar powered pumps giving clean water which are life changing.

Come & See presents:

The Bible Timeline Course

12 Periods, One Story!



Understand the Bible from start to finish, the Old and New Testament, with this **FREE OF CHARGE**, worldwide-famous course delivered online LIVE by Mauro Iannicelli. Starts on **Wed 7th April 2021** at 7pm UK time (x8 Wednesday evening sessions). Info & Registration: comeandsee.org

Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

FAITH is awakened, FAITH is renewed, FAITH is strengthened,

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY Forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



DISCERNMENT WEEKEND FOR MEN AGED 30 TO 55

The Beda College in Rome is running a discernment weekend for men between the ages of 30 and 55 from Friday 3rd September to Sunday 5th September 2021. It takes place at St Beuno's Spirituality Centre in North Wales.

The weekend is to reach men who are not already in touch with their diocese and is a first step for those who may be exploring the possibility of priestly vocation in later life. Promoting similar weekends in past years through parish notices proved to be most fruitful, and the results from these weekends are now in the seminaries. Information and registration forms are at:

<https://www.pathwaystogod.org/courses-events-retreats/discernment-weekend-older-men-1>

Discernment Weekend for men aged over 30

- ⇒ Are you a man over thirty, content, but wondering about the direction of your life?
- ⇒ Do you sense that you may be approaching a major threshold or turning point?
- ⇒ Have you sometimes found yourself wondering whether the priesthood or religious life may be an option?

If any of these questions apply, this weekend is for you!

The primary focus of the weekend is the possibility of priestly vocation in later life so it is limited to men between the ages of 30 and 55. However, it is also suitable for men not specifically considering priesthood as it is not presumed that any major choice or commitment will



The weekend will take place in a prayerful spirit and aims to provide some tools for reflection and discernment about future choices. It will be mainly in silence but there will also be input and the opportunity for one-to-one guidance.

**Friday 3rd September to
Sunday 5th September 2021**

Run jointly by St Beuno's Spirituality Centre and the Beda College in Rome, the weekend will take place in St Beuno's, north Wales.

Further information Beda College Website:

<https://bedacollege.org/>

Details and booking at:

<https://www.pathwaystogod.org/courses-events-retreats/discernment-weekend-older-men-1>

CATHOLIC VOICES PANDEMIC SURVEY

Catholic Voices was involved in a very successful survey and report during the first lockdown in May-July 2020. Over 2,500 Catholics in England and Wales and Scotland were surveyed, which has given us important insights into how people responded to the arrival of the pandemic.

Since then a lot has changed and Catholic Voices would like to hear again from clergy and lay people about their current experiences and, crucially, what they feel about that future, so the survey is being relaunched. Repeating the survey now provides a good comparison moment. Please spend some time to take part in the survey.

The link is: <https://www.catholicvoices.org.uk/survey> and the survey will be open until late Spring.

THE CATHOLIC UNIVERSE

TO OUR CATHOLIC UNIVERSE AND CATHOLIC TIMES READERS IN THE PARISH: -

If you are unable to collect your paper at Mass you can now get it delivered direct to your home every week POST FREE (IT'S QUICK AND IT'S SIMPLE) just go to www.thecatholicuniverse.com or call us on 0161 820 5722 and we will arrange delivery for you.

SPECIAL OFFER 3 MONTHS: -	£25.00
SPECIAL OFFER 12 Months: -	£99.00
DIGITAL COPY: - 12 Months:	£55.00

OR

DIGITAL COPY/AND HARD COPY FOR: - £115.00 (EASTER SPECIAL OFFER)

All papers are Covid safe and packed in a sterile component.

Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders

can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



Basic Government Advise on Face Coverings/Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 85 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government

- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will be NO toilet facilities.

SAFETY

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!

- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion ("The Body of Christ, R: Amen") is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email:

morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this



becomes possible for you.

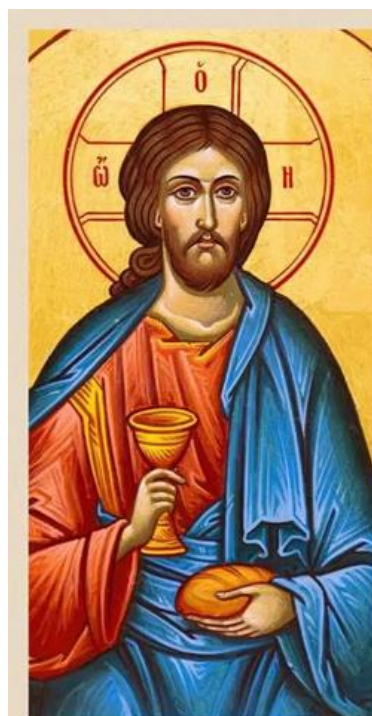
Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

