## St. Teresa's Morden

# Canon Michael Scanlon, KHS Parish Priest Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk 250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

https://www.stcm.org.uk

Please see the Mass Attendance Protocols below

## The Church is now OPEN

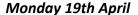
#### **Mass Times and Intentions-Year B:**

## Sunday 18th April - 3rd Sunday of Easter

5.30pm Vigil Service - Maria Fermo RIP

9am People of the Parish Joseph Fernando & 11am

Shiny Machado Wedding Anniversary



10am Michael Paice RIP

## Tuesday 20th April

10am Sarah Frost RIP

## Wednesday 21st April – Requiem Mass

Anna Majella Darby RIP 10am

## Thursday 22nd April

10am Shiny Machado's Intentions 12pm Funeral Mass, Joseph Lunn RIP

## Friday 23rd April - St George, Patron of England

10am Carlo Giorgio Dovico RIP

## Saturday 24th April

**NO MORNING MASS: First Holy Communion Programme** 

5.30pm Michael Paice RIP

## Sunday 25th April - 4th Sunday of Easter World Day of Prayer for Vocations

People of the Parish 9am

11am Masie & Milagre Martins RIP





# Saint Teresa's Church is now OPEN to parishioners for morning Mass Our Masses are also available online at

https://www.stcm.org.uk/

#### **GRACIOUS AND LOVING GOD**

We bring before you the sick and suffering around the world, all those wrestling with illness in body, mind or spirit.

With the worldwide pandemic we continue to come to you in prayer seeking your help in our hour of need. We thank you for all who work to bring healing to the sick - doctors and nurses, surgeons and medicals staff, carers, psychiatrists, counsellors, clergy and therapists. We thank scientists involved in the vaccine rollout and all on the front line to deliver these jabs here and around the world. Support and strengthen all those who share in the work of healing, all who strive to bring relief, all who minister to others.

Lord Jesus, we ask Our Lady and Saint Joseph along with Saint Teresa to intercede for all who are on our Parish Sick List. Please hear our prayer for each of them and all who are sick in hospital, at home and in our local community.

## Thank you for keeping in prayer all who are sick and especially:

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Lena McBride, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Michael and Madge Durkan, Jocyln De Silva, Mary Jeanette Connaire, Anna Urbni, Maureen Flaherty, John McDonagh, James Diver, Frances Forya, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena and Anne-Marie Mendonça.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the sick Priests and Religious of the diocese.

And send our BLESSING and assurance of spiritual support to all NATIONS at this difficult and challenging time.

We also have four young mothers in our parish who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

#### CRUCIFIED AND RISEN LORD

Heavenly Father, as we wait in prayer for those whose funerals are soon to take place we remember what your Son, Our Lord Jesus, said to you, "Father, I desire that those also, whom You have given Me, may be with Me where I am, to see My Glory, which You have given Me before the foundation of the world. Righteous Father, the world does not know You, but I know You, and these know that You have sent Me". (Jn 17: 24-25)

With our love we commend to you: -



- Anna Majella Darby RIP (Funeral 21st April 2021)
- Joseph Lunn RIP (Funeral 22nd April 2021, 12.00 noon Mass)
- Norah Mary Williams RIP (Funeral May 11th 10.15am Mass)
- Mary Creighan RIP (Funeral May 12th 12.15pm Mass)
- Michael Joseph Nihill RIP (TBA)
- Michael O'Kelly RIP (TBA)
- Newton Coutinho RIP (TBA)



#### **RECENT DEATHS**

Now At Rest And Kept In Prayer

Avril Jean Costella RIP Francis Assisi Mendonça RIP

Shirley Johnson RIP Joseph Antony Quintus Rabindran RIP &

Dermot Peter Long RIP Lourdes Mary Fatma Jayandradevi Rabindran RIP

Irene Ward RIP Remo Dipre RIP

Sarah Marie Frost RIP Alan Frederick Burridge RIP

Veronica Gorrod RIP Jonny Purvis RIP Finbarr Francis Hurley RIP Ann Donaldson RIP

Lolito Laydia RIP Baby Angelika Hobbs RIP

Deacon William Boyd RIP Fr. Paul Sanders RIP
Deacon Jim Hayes RIP Fr. Richard Diala RIP

Fr. Michael Boland RIP May They Meet The Risen Lord

## **JOSEPH LUNN RIP**

Joseph left for Eternal Life on his 19th Birthday. He had a holy death. He was wrapped in the arms of his mother with Dad and his young sister present praying for him. His grandparents and uncle Rob joined them. We prayed together for Joseph and thanked God for his life on earth and commended his soul to Eternal Life.

Thank you for all the beautiful messages that flooded in on our Parish WhatsApp. They mean a lot to his family. Please continue to keep Joseph and his family in prayer as we journey to the day of his funeral, this Thursday. This young man bore the cross of suffering in the bravest of ways. His love of Christ, his unity with Jesus in the Blessed Sacrament got stronger every day. He had support from Heaven. For more than a year he had a very special reliquary containing the relics of some of Heavens greatest Saints including St Peter. He lived in the presence of the Lord on earth in prayer, Masses, Adoration now he Lives with the Saints of Heaven and Our Blessed Lady.

## A message from Joseph's parents

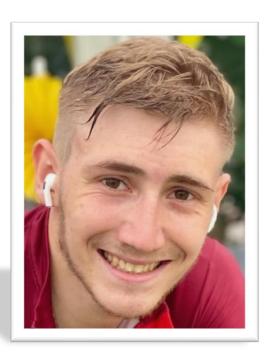
"In true Joseph style, even at his funeral he is thinking of others. He told us that he didn't want people to spend money on flowers and instead, if people were thinking of flowers, he would rather they make the donation to the wonderful Rays of Sunshine Children Charity. He thought the money could be better benefited by the children and young people that the charity helps. So we have set up a just giving page for you to do that and the link is below:

## https://www.justgiving.com/fundraising/forever19

(When making a donation you are able to make this 100% without Just Giving taking a cut by choosing 'other' and then leaving the money at '0.00'. This ensures that Rays of Sunshine receives all the money which was exactly what Joseph wanted).

If you want to keep donation amount anonymous that's absolutely fine but please, please write a short message and leave your name as it gives us great comfort in reading them all.

May Joseph Rest In Peace and Rise In Glory.



## **MARY CREIGHAN RIP**



Again, with great sadness I have to announce the loss of a friend and parishioner MARY CREIGHAN who was called to Eternal Life this week.

I prayed at Mary's home with her family and blessed Mary before she was taken into care by the Coroner's Office. Her death has come as a shock. Please keep her soul in your prayers.

We offer our sincere condolences to her three daughters Karen, Susan and Teresa. We send her grandchildren our love and all branches of her family. Mary is a daughter of Ireland; Carlow was where she was reared. Mary was one of fourteen. We also send our condolences to her family back home. Many of you will remember her late husband JIM CREIGHAN who left for Eternity in February 2019. Mary, Jim and their family have been parishioners for more than forty years! Lovely people, a much-loved family blessed with good friends. One of Mary's very close friends is Chrissy, we would often see them at Mass together and both were regulars to our parish grotto - their friendship spanned more than 40 years.

Good friends are missed, our condolences are also offered to Chrissy and her family.

Mary had a great sense of humour and a lovely smile and a prayerful heart. We thank God for her seventy-six years of life on Earth. For the blessings she received and the blessing she was.

## A message from Mary's daughter Karen

Please find a link to Mum's just giving page for the British Heart Foundation. <a href="https://www.justgiving.com/remember/859235/Mary-Creighan">https://www.justgiving.com/remember/859235/Mary-Creighan</a>

May Mary Rest In Peace and Rise In Glory

## **NORA MARY WILLIAMS RIP**

Almighty God has called the soul of Norah Williams from life on earth to life eternal. This daughter of Ireland raised in Limerick left life here on earth in her 91<sup>st</sup> year. Married John (RIP 16 years ago) and blessed with four children. We offer our condolences to Bernie, Anne, John and Joe. We keep in prayer her grandchildren Matthew, Katie Sian, Jake and six great grandchildren. As well as raising a family she supported our parish school as a Dinner Lady for 25 years. Norah's funeral will take place on Tuesday 11<sup>th</sup> May 2021.

May Nora Rest In Peace and Rise In Glory

## MICHAEL JOSEPH NIHILL RIP

In our prayer the parish family commend to God the Soul of Michael Nihill. Michael left for Eternal Life during the Easter Vigil. His wife Edith's funeral took place here at Saint Teresa's in 2015.

They lived in Faversham Road. Blessed with two children Theresa and Kevin they lived out their faith in our parish. Theresa and Kevin attended our parish school, there were junior members of the Legion of Mary and Kevin an Altar Server. Mum and Dad supported the school and parish events such as the Christmas Bazaar. In recent years Michael lived near his daughter in Essex.

Michael was one of 12 children. He is survived by one older sister Breda. We offer our condolences to his family connections in Co. Clare. To his six grandchildren and his supportive son and daughter Kevin and Theresa.

May Michael Rest In Peace and Rise In Glory.



#### **APRIL ANNIVERSARIES**

## **Gracious and Loving God of Divine Mercy**

We come to you in prayer to remember Parishioners, family and friends whose anniversaries occur at this time.

No one is forgotten in Your eyes whether they are here on earth or with You in heaven: the youngest; the oldest; the courageous; the timid; the single person; the family member; the disabled. All have played their part in Your world and have a place in Your kingdom, through Your grace, mercy and their faith. We thank You for listening to our prayers for these Holy Souls. We thank Our Lady who heard each of them cry out in prayer "PRAY FOR US NOW AND AT THE HOUR OF OUR DEATH".

## **Gone But Not Forgotten**

Antonio Peretti, Mary Berry, Mary Ann Doyle, Rosalita Granil, Desmond Raynor, Glynys Marsh, Paddy Joyce, Margaret McCarthy, Eileen Drudy, Mary McCoy, Jonathan Elias, Mary Phil O'Sullivan, Danielle Smith, Dr. Ernest Mbayah, Theresa Bearne, Colleen Conroy, Gordon Conroy, Lynne Donaldson, Barry Falcon, Connie Lockyer, Bob Gibbard, Garry Morgan, Carlo Giorgio Dovico, Gerard Duerke, Mary & William Waters and all whose anniversaries are about this time of year.

May They Rest In Peace And Rise In Glory.

## **BAPTISMS AT SAINT TERESA'S**

We appreciate that some families are waiting to get their baby baptised. We are looking forward to their big day.

At this time, we are advised that the baptisms which take place in our churches should be for single families. Rules and regulations are in place which we must try and adhere to. At the moment the RULE OF SIX is in place. We hope this will change soon.

We invite parents to a Meeting on Friday 30th April at 11.15am in the Parish Church. We will offer weekday baptisms and this meeting will also include an explanation of the Sacrament of Baptism. We will also keep you up to date on any new guidelines.



## FIRST HOLY COMMUNIONS

As our programme enters its second week, please keep the children and their families in your prayers. A big thank you to our First Holy Communion Catechist Team.

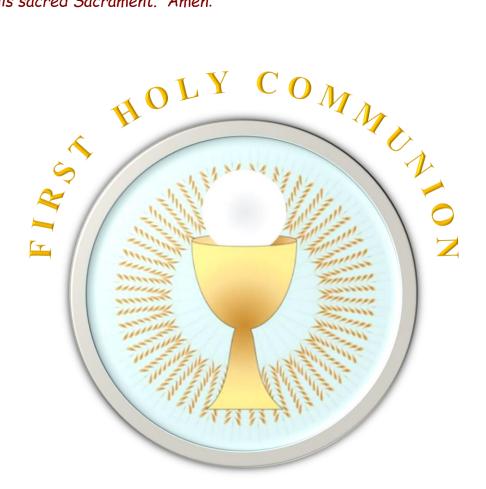
Lord Jesus Christ bless the children coming forward to receive Holy Communion for the first time.

May this day be the step toward a life-long love of the Eucharist.

Give them a hunger for this sacred food so that they turn to you for comfort, quidance, and wisdom as they grow into full discipleship.

Thank you for their innocence and goodness.

May their hands, extended in anticipation of your body and blood, inspire all of us to cherish this sacred Sacrament. Amen.



## **BACK TO SCHOOL**

We send out a blessing to all young children of the parish, school staff and parents as they return back to St Teresa's Primary School this week. And to all those returning to University, whether online or in person, we pray you have a safe and productive term.

#### SOUTHWARK MARRIAGE PREPARATION

A reminder of dates/venues for the official Southwark diocesan marriage preparation course in the South West Pastoral Area. As from June we are hoping to return to our previous face-to-face meetings. Contact the parish office for information to join one of these sessions.

DATE	VENUE
April 24	Online [Fully Booked]
June 5	Online
July 17	Online
October 9	Purley
November 27	Sutton



#### **Venues**

Margaret Roper School, Russell Hill Road, Purley, Croydon CR8 2XP

Holy Family Church Hall, Sorrento Road, Sutton, SM1 1QT

<u>Booking forms with full details available from:</u> Deacon Philip & Mary Pond, Marriage and Family Life, South-West Pastoral Area, RC Diocese Southwark.

Tel: 020 8651 2477 Email: mflsw@rcaos.org.uk

## **CONFIRMATION RESUMES FOR LAST YEARS CANDIDATES!**

We hope all our Confirmation candidates, who last year began the programme, have now been contacted by the Confirmation Team about resuming refresher sessions.

The first of four sessions will be online for parents and young people together. The rest will be held in church for candidates only.

27th May 7.30pm - Online Parent and Candidate session

2nd June 7.30pm - Session on 'Jesus' followed by a prayer liturgy

9th June 7.30pm - Session on 'The Church' followed by a Liturgy of The Word

16th June 7.30pm - Session on 'The Holy Spirit' followed by a Reconciliation Service

It is hoped the Confirmation Mass will be held 26th June (to be confirmed).

## To All Young People

Start thinking again about your **Confirmation Name** - this may have changed since last year. Also, we would like you to think about who you would like to guide you on your onward spiritual journey and be your **Sponsor**.





SPECIAL COMPETITION!

"My Journey to the Day of My Confirmation. My Thoughts and Reflections"

Submit your thoughts & reflections of 250-300 Words to Canon Michael. Entries in by Sunday 2nd May.

1st Prize £30

2nd Prize £20

3rd Prize £10

Good Luck!



# News from Archdiocese of Southwark





## St George's Cathedral

The Feast of St George will take place on Friday 23rd April and Archbishop John will celebrate Mass in the Cathedral at 12.30 pm that day. A limited number of seats will be available at the service in accordance with regular COVID-19 guidelines.

Please remember all who work at St George's Cathedral that day, that their many efforts on behalf of the Diocese will be richly blessed.

## **Good Shepherd Sunday**

On Sunday 25th April the Church will celebrate Good Shepherd, or Vocations Sunday. This is an important day to

PRAY for vocations;

**ENCOURAGE** those who may be considering consecrated life;

**DONATE** to Southwark's Priests' Training Fund, so that the Diocese can meet its obligations and offer both ecclesiastical education and formation to a man who wishes to become a priest or deacon.

Southwark's Fundraising Team have created a suite of materials to assist with promoting this special day, including a poster, a prayer card and an attractive newsletter which features Archbishop John, Fr Paul Kyne, our new Southwark Vocations Director, our newly ordained priests and the vocation stories of our current seminarians.

Southwark is also offering a website link for further reading on vocations and a place where online donations can be made:

http://www.rcsouthwark.co.uk/vocations.htm



The Diocese would be very grateful to all parishes for promoting Vocations Sunday, that it may continue to faithfully serve God and the people of Southwark.

## **Justice and Peace in Creation**

Annual Migrants' Mass



In the Year of St Joseph, and in honour of St Joseph the Worker, the London dioceses of Southwark, Westminster and Brentwood will celebrate the 16th Annual Mass for Migrants on Saturday 1st May 2021 at 11.20am. This year the Mass will be celebrated by Bishop Paul McAleenan and live-streamed from St William of York Roman Catholic Church, Forest Hill. Although we cannot welcome the faithful in person this year, this lively online service will still celebrate of the significant contribution made by migrants to life of our dioceses. All are welcome.

## Please visit:

https://actionnetwork.org/events/migrantsmass

Please do also take a moment to visit the brand new JPIC website for the latest information on their important work in Southwark: https://jpicsouthwark.org.uk/

## Life in the Spirit Seminars

Tuesday 4th May - 1st June 2021

The Agency for Evangelisation and Catechesis and the Southwark Archdiocese Catholic Charismatic Team are delighted to offer a wonderful opportunity for personal and diocesan renewal. Through the Life in the Spirit Seminars you will be invited to grow in your love of the Lord, welcome the Spirit into your life afresh and pray for the renewal of our diocese.

Each Tuesday evening the seminars will feature a talk from a gifted speaker and small group sharing.

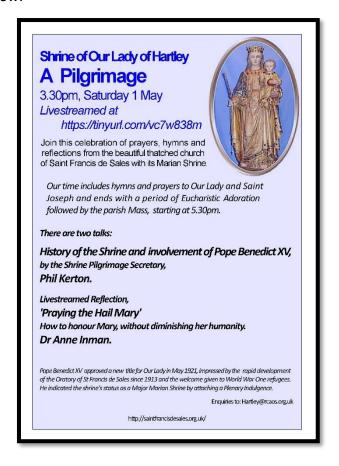
On Saturday 22 May, in addition to the Tuesday evenings, the series will feature a double-bill of seminars (a separate link will be emailed to all registrants for this special day).

Register here



## Hartley Parish Pilgrimage

Join the beautiful parish of St Francis de Sales at its Marian Shrine in Hartley for their online pilgrimage on Saturday 1st May at 3.30 pm. The parish will be offering hymns, prayers and reflections. Details below.



## **CBCEW Art and Culture**

Beyond the Cross

'Beyond the Cross' is a five-part art and culture series produced by the Catholic Bishops' Conference of England and Wales. It follows on from 'At the Foot of the Cross', which considered four famous paintings telling the story of Christ's Passion and Resurrection.

'Beyond the Cross' follows the Risen Christ through the artist's eye taking in some of the main encounters of the season of Easter.

In the video below the viewer is asked to look at the empty tomb and take as inspiration the Swiss painter Eugene Burnand's 1898 work 'The Disciples Peter and John Running to the Sepulchre on the Morning of the Resurrection'.



#### PARISH FINANCE

Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

## **GIFT AID NOTICE**

## PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes will be available during this weekend 10/11th April. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If you pay tax and would like to join, please have a word with one of the team, it's simple and at no extra cost to you the Church can claim back 25%. See below for more details **Do You Gift Aid?** 

## **CARD READERS**

#### **Candles**

To make things easier in the church we have now introduced a card reader which you will find near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for candles.

For all other Offertories and donations see CollecTin below.

#### SUMUP CARD READER

- IF THE SCREEN IS BLANK press the power button
- ENTER THE AMOUNT YOU WISH TO DONATE e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD for contactless or INSERT CARD using your pin
- SELECT RECEIPT use arrows to select option required



## **QR SCAN POINTS**



There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.

## **COLLECTIN**

Coming Soon! CollecTin is a card reader on which you can give your offertory, and if you **Gift Aid** you need only register once and it will remember you for all your donations, if you use the same card (each card would need to be registered)



# Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,
FAITH is awakened, FAITH is renewed, FAITH is
strengthened,

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY Forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

# WELCOME - WELCOME - WELCOME



## Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

## **Sunday Collections and Donations**

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by <u>standing order</u>, which can be arranged through your bank, or by using the <u>DONATE</u> link here or on the parish website.

## Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400

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a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

## Basic Government Advise on Face Coverings/Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

#### Mass at St. Teresa's

## St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such
  as people 65 years of age or older and individuals with chronic medical conditions, are
  encouraged to stay safe by avoiding public gatherings, but are not prohibited from
  attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 85 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite
  the guided departure and minimise chances of people encountering one another. In all
  cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will be NO toilet facilities.

## **SAFETY**

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat please do not move or swap seats.
- Reminder Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exciting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

## **HOLY MASS**

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

## **Regarding the Distribution of Holy Communion:**

- The individual attestation at the distribution of Holy Communion ("The Body of Christ, R: Amen) is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand.

- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: <a href="morden@rcaos.org.uk">morden@rcaos.org.uk</a> or call our parish number: 020 8648 4113

## PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

## How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



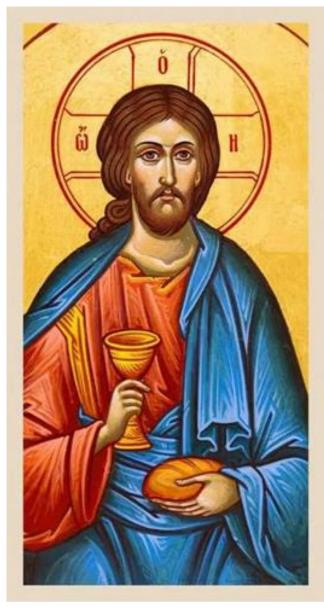
Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: 'My God, grant me perfect contrition for my sins.'

- 1. In reality or imagination kneel at the foot of the crucifix and say to yourself: "Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"
- 2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
- 3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: "O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."
- 4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

## How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

- 1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
- 2. Imagine the sacred words and actions of the Mass or watch online or on TV.
- 3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
- 4. Desire, with earnest longing, to receive Our Lord present Body, Blood, Soul and Divinity in the Blessed Sacrament.
- 5. Say the prayer of St. Alphonsus de' Ligouri The Prayer of Spiritual Communion
- 6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



# Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

