



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 25th April - 4th Sunday of Easter

World Day of Prayer for Vocations

5.30pm Vigil - Michael Paice RIP

9am People of the Parish

11am Masie & Milagre Martins RIP

Monday 26th April

9.30am Rosary

10am Franco Gulinelli RIP

Tuesday 27th April

9.30am Rosary

10am Theresa McGoldrick's Welfare

Wednesday 28th April - St Peter Chanel, Priest, Martyr

9.15am Novena to Our Lady of Perpetual Succour

10am Frances Cox RIP

Thursday 29th April - St Catherine of Siena, Patron of Europe

9.30am Rosary

10am Pope Benedict XVI Welfare

Friday 30th April

9.15am Divine Mercy Chaplet

10am Freda Forya's Intentions

Saturday 1st May - St Joseph the Worker

MASS IS ON THIS MORNING

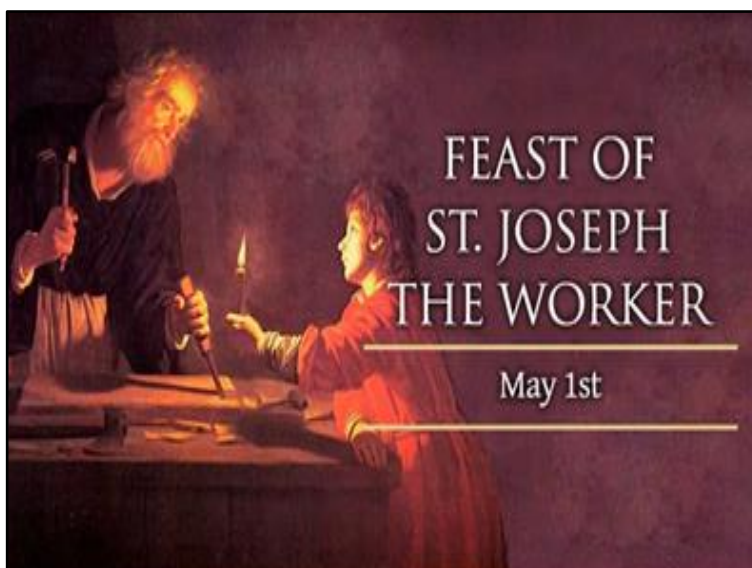
10am For Your Special Intentions

5.30pm Vigil - People of the Parish

Sunday 2nd May

9am Marlene Rozarro RIP

11am David Goldband RIP



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

LORD GOD

We bring before you the sick and suffering around the world, all those wrestling with illness in body, mind or spirit.

With the worldwide pandemic we continue to come to you in prayer seeking your help in our hour of need. We thank you for all who work to bring healing to the sick - doctors and nurses, surgeons and medicals staff, carers, psychiatrists, counsellors, clergy and therapists. We thank scientists involved in the vaccine rollout and all on the front line to deliver these jabs here and around the world. Support and strengthen all those who share in the work of healing, all who strive to bring relief, all who minister to others.

Lord Jesus, we ask Our Lady and Saint Joseph along with Saint Teresa to intercede for all who are on our Parish Sick List. Please hear our prayer for each of them and all who are sick in hospital, at home and in our local community.

Thank you for keeping in prayer all who are sick and especially:

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Lena McBride, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Anna Urbni, Maureen Flaherty, John McDonagh, James Diver, Frances Forya, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena and Anne-Marie Mendonça.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the sick Clergy and Religious of the diocese.
And send our BLESSING and assurance of spiritual support to all NATIONS at this difficult and challenging time.

We also have four young mothers in our parish who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

CRUCIFIED AND RISEN LORD

Heavenly Father, as we wait in prayer for those whose funerals are soon to take place we remember what your Son, Our Lord Jesus, said to you, "Father, I desire that those also, whom You have given Me, may be with Me where I am, to see My Glory, which You have given Me before the foundation of the world. Righteous Father, the world does not know You, but I know You, and these know that You have sent Me". (Jn 17: 24-25)



RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP

Shirley Johnson RIP

Dermot Peter Long RIP

Irene Ward RIP

Sarah Marie Frost RIP

Veronica Gorrod RIP

Finbarr Francis Hurley RIP

Lolito Laydia RIP

Deacon William Boyd RIP

Deacon Jim Hayes RIP

Michael O'Kelly RIP

Newton Coutinho RIP

Francis Assisi Mendonça RIP

Joseph Antony Quintus Rabindran RIP &

Lourdes Mary Fatma Jayandradevi Rabindran RIP

Remo Dipre RIP

Alan Frederick Burrridge RIP

Jonny Purvis RIP

Ann Donaldson RIP

Baby Angelika Hobbs RIP

Fr. Paul Sanders RIP

Fr. Richard Diala RIP

Fr. Michael Boland RIP

May They Meet The Risen Lord

NORA MARY WILLIAMS RIP

Almighty God has called the soul of Norah Williams from life on earth to life eternal. This daughter of Ireland raised in Limerick left life here on earth in her 91st year. Married John (RIP 16 years ago) and blessed with four children. We offer our condolences to Bernie, Anne, John and Joe. We keep in prayer her grandchildren Matthew, Katie Sian, Jake and six great grandchildren. As well as raising a family she supported our parish school as a Dinner Lady for 25 years.

Norah's funeral will take place on **Tuesday 11th May 2021 at 10.15am.**

May Nora Rest In Peace and Rise In Glory

MARY CREIGHAN RIP

It is with great sadness I have to announce the loss of a friend and parishioner MARY CREIGHAN who was called to Eternal Life.

I prayed at Mary's home with her family and blessed Mary before she was taken into care by the Coroner's Office. Her death has come as a shock. Please keep her soul in your prayers.



We offer our sincere condolences to her three daughters Karen, Susan and Teresa. We send her grandchildren our love and all branches of her family. Mary is a daughter of Ireland; Carlow was where she was reared. Mary was one of fourteen. We also send our condolences to her family back home.

Many of you will remember her late husband JIM CREIGHAN who left for Eternity in February 2019. Mary, Jim and their family have been parishioners for more than forty years! Lovely people, a much-loved family blessed with good friends. One of Mary's very close friends is Chrissy, we would often see them at Mass together and both were regulars to our parish grotto - their friendship spanned more than 40 years. Good friends are missed, our condolences are also offered to Chrissy and her family.

Mary had a great sense of humour and a lovely smile and a prayerful heart. We thank God for her seventy-six years of life on Earth. For the blessings she received and the blessing she was. Mary's funeral will take place on **Wednesday 12th May 12.15pm.**

A message from Mary's daughter Karen

Please find a link to Mum's just giving page for the British Heart Foundation.

<https://www.justgiving.com/remember/859235/Mary-Creighan>

May Mary Rest In Peace and Rise In Glory

MICHAEL JOSEPH NIHILL RIP

In our prayer the parish family commend to God the Soul of Michael Nihill. Michael left for Eternal Life during the Easter Vigil. His wife Edith's funeral took place here at Saint Teresa's in 2015.

They lived in Faversham Road. Blessed with two children Theresa and Kevin they lived out their faith in our parish. Theresa and Kevin attended our parish school, there were junior members of the Legion of Mary and Kevin an Altar Server. Mum and Dad supported the school and parish events such as the Christmas Bazaar. In recent years Michael lived near his daughter in Essex.

Michael was one of 12 children. He is survived by one older sister Breda. We offer our condolences to his family connections in Co. Clare. To his six grandchildren and his supportive son and daughter Kevin and Theresa.

Michael's funeral will take place on **Friday 21st May at 12.00pm.**

May Michael Rest In Peace and Rise In Glory.



APRIL ANNIVERSARIES

Gracious and Loving God of Divine Mercy

We come to you in prayer to remember Parishioners, family and friends whose anniversaries occur at this time.

No one is forgotten in Your eyes whether they are here on earth or with You in heaven: the youngest; the oldest; the courageous; the timid; the single person; the family member; the disabled. All have played their part in Your world and have a place in Your kingdom, through Your grace, mercy and their faith. We thank You for listening to our prayers for these Holy Souls. We thank Our Lady who heard each of them cry out in prayer "*PRAY FOR US NOW AND AT THE HOUR OF OUR DEATH*".



Gone But Not Forgotten

Antonio Peretti, Mary Berry, Mary Ann Doyle, Rosalita Granil, Desmond Raynor, Glynys Marsh, Paddy Joyce, Margaret McCarthy, Eileen Drudy, Mary McCoy, Jonathan Elias, Mary Phil O'Sullivan, Danielle Smith, Dr. Ernest Mbayah, Theresa Bearne, Colleen Conroy, Gordon Conroy, Lynne Donaldson, Barry Falcon, Connie Lockyer, Bob Gibbard, Garry Morgan, Carlo Giorgio Dovico, Gerard Duerke, Mary & William Waters and all whose anniversaries are about this time of year.

May They Rest In Peace And Rise In Glory.

THANK YOU

On Thursday last we said goodbye to Joseph Lunn. The family would like to pass on their thanks for such a lovely, meaningful Service, watched by over 2000 people, and especially to all those who donated to Joseph's chosen charity *Rays of Sunshine* which meant so much to him.

<https://www.justgiving.com/fundraising/forever19>

One of the songs sung, chosen by Joseph, was from the film "*I Still Believe*". Joseph's parents wish to encourage anyone who can to watch this film which they feel depicts Joseph's own story. The film is available on Prime Video.



FEAST OF ST JOSEPH THE WORKER

Mass will be celebrated on SATURDAY 1ST MAY 10am

In this year dedicated to St Joseph (*feast day March 19th*), we celebrate on Saturday May 1st the feast of **St. Joseph the Worker**. Please pray for all those you know, and those you don't, who are seeking steady work especially in these troubled times.

Prayer to St. Joseph the Worker

St. Joseph, by the work of your hands and the sweat of your brow, you supported Jesus and Mary, and had the Son of God as your fellow worker. Teach me to work as you did, with patience and perseverance, for God and for those whom God has given me to support. Teach me to see in my fellow workers the Christ who desires to be in them, that I may always be charitable and forbearing towards all. Grant me to look upon work with the eyes of faith, so that I shall recognize

in it my share in God's own creative activity and in Christ's work of our redemption, and so take pride in it. When it is pleasant and productive, remind me to give thanks to God for it. And when it is burdensome, teach me to offer it to God, in reparation for my sins and the sins of the world.

O good father Joseph! I beg you, by all your sufferings, sorrows and joys, to obtain for me what I ask.

(mention your specific employment request here.)

Obtain for all those who have asked my prayers, everything that is useful to them in the plan of God. Be near to me in my last moments, that I may eternally sing the praises of Jesus, Mary and Joseph. Amen.

(Our Father, Hail Mary, Glory Be)

St. Joseph is also the patron of:

families, fathers, married people, social justice, against doubt, against hesitation, people in doubt, The Americas, dying people, a happy death, expectant mothers, interior souls, immigrants, labourers, travellers and unborn children.



BAPTISMS AT SAINT TERESA'S

We appreciate that some families are waiting to get their baby baptised. We are looking forward to their big day.

At this time, we are advised that the baptisms which take place in our churches should be for single families. Rules and regulations are in place which we must try and adhere to. At the moment the RULE OF SIX is in place. We hope this will change soon.

We invite parents to a **Meeting on Friday 30th April at 11.15am** in the Parish Church. We will offer weekday baptisms and this meeting will also include an explanation of the Sacrament of Baptism. We will also keep you up to date on any new guidelines.



FIRST HOLY COMMUNIONS

As our programme enters its third week, please keep the children and their families in your prayers. A big thank you to our First Holy Communion Catechist Team.

Lord Jesus Christ bless the children coming forward to receive Holy Communion for the first time.

May this day be the step toward a life-long love of the Eucharist.

Give them a hunger for this sacred food so that they turn to you for comfort, guidance, and wisdom as they grow into full discipleship.

Thank you for their innocence and goodness.

May their hands, extended in anticipation of your body and blood, inspire all of us to cherish this sacred Sacrament. Amen.



CONFIRMATION RESUMES FOR LAST YEARS CANDIDATES!

We hope all our Confirmation candidates, who last year began the programme, have now been contacted by the Confirmation Team about resuming refresher sessions.

The first of four sessions will be online for parents and young people together. The rest will be held in church for candidates only.

27th May 7.30pm - Online Parent and Candidate session

2nd June 7.30pm - Session on 'Jesus' followed by a prayer liturgy

9th June 7.30pm - Session on 'The Church' followed by a Liturgy of The Word

16th June 7.30pm - Session on 'The Holy Spirit' followed by a Reconciliation Service

It is hoped the Confirmation Mass will be held 26th June (to be confirmed).

To All Young People

Start thinking again about your **Confirmation Name** - this may have changed since last year. Also, we would like you to think about who you would like to guide you on your onward spiritual journey and be your **Sponsor**.





CALLING ALL CONFIRMATION CANDIDATES 2021

SPECIAL COMPETITION!

*"My Journey to the Day of My
Confirmation.
My Thoughts and Reflections"*

Submit your thoughts & reflections of 250-300

Words to Canon Michael.

Entries in by Sunday 2nd May.

1st Prize £30

2nd Prize £20

3rd Prize £10

Good Luck!

Confirmation



VOCATIONS AND GOOD SHEPHERD SUNDAY

On Sunday 25th April the Church will celebrate Good Shepherd, or Vocations Sunday. This is an important day to:

PRAY for vocations;

ENCOURAGE those who may be considering consecrated life;

DONATE to Southwark's Priests' Training Fund, so that the Diocese can meet its obligations and offer both ecclesiastical education and formation to a man who wishes to become a priest or deacon.

Southwark's Fundraising Team have created a suite of materials to assist with promoting this special day, including a poster, a prayer card and an attractive newsletter which features Archbishop John, Fr Paul Kyne, our new Southwark Vocations Director, our newly ordained priests and the vocation stories of our current seminarians.

Southwark is also offering a website link for further reading on vocations and a place where online donations can be made:



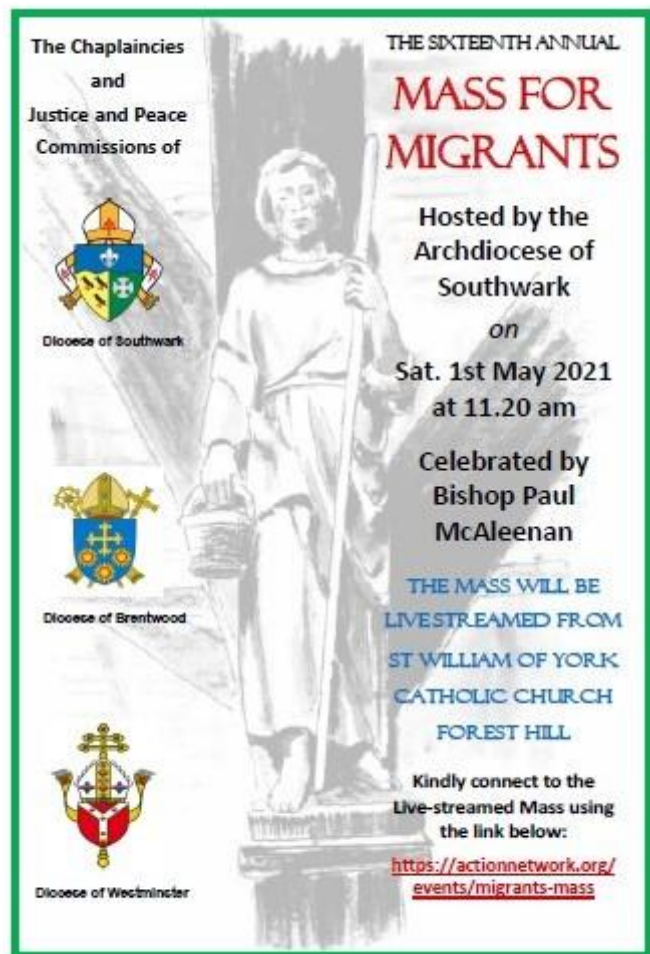
<http://www.rcsouthwark.co.uk/vocations.htm>

The Diocese would be very grateful to all parishes for promoting Vocations Sunday, that it may continue to faithfully serve God and the people of Southwark.

Justice and Peace in Creation

Annual Migrants' Mass

In the Year of St Joseph, and in honour of St Joseph the Worker, the London dioceses of Southwark, Westminster and Brentwood will celebrate the 16th Annual Mass for Migrants on Saturday 1st May 2021 at 11.20am. This year the Mass will be celebrated by Bishop Paul McAleenan and live-streamed from St William of York Roman Catholic Church, Forest Hill. Although we cannot welcome the faithful in person this year, this lively online service will still celebrate of the significant contribution made by migrants to life of our dioceses. All are welcome.



Please visit: <https://actionnetwork.org/events/migrants-mass>

Please do also take a moment to visit the brand new JPIC website for the latest information on their important work in Southwark: <https://jpicsouthwark.org.uk/>

Laudato Si Week



Laudato Si' Week, to be held between 16-24 May 2021 and the Global Catholic Climate Movement will be holding a series of special events to mark the Laudato Si' Anniversary Year. This will be a celebration of the progress the whole Church has made on its journey to ecological conversion. The week will include prayer gatherings, music, discussions about energy and fossil fuels, and a

presentation on the Care of Creation.

View the full programme and register interest here: <https://laudatosiweek.org/>

The Pope Video

Let us pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis, that they may see their sacrifice and their work bear abundant fruit.

Defending fundamental human rights demands courage and determination.

I'm referring to actively combatting poverty, inequality, the lack of work, land and housing, and the denial of social and labour rights.

Often, in practice, fundamental human rights are not equal for all.

There are first-, second-, and third-class people, and those who are disposable.

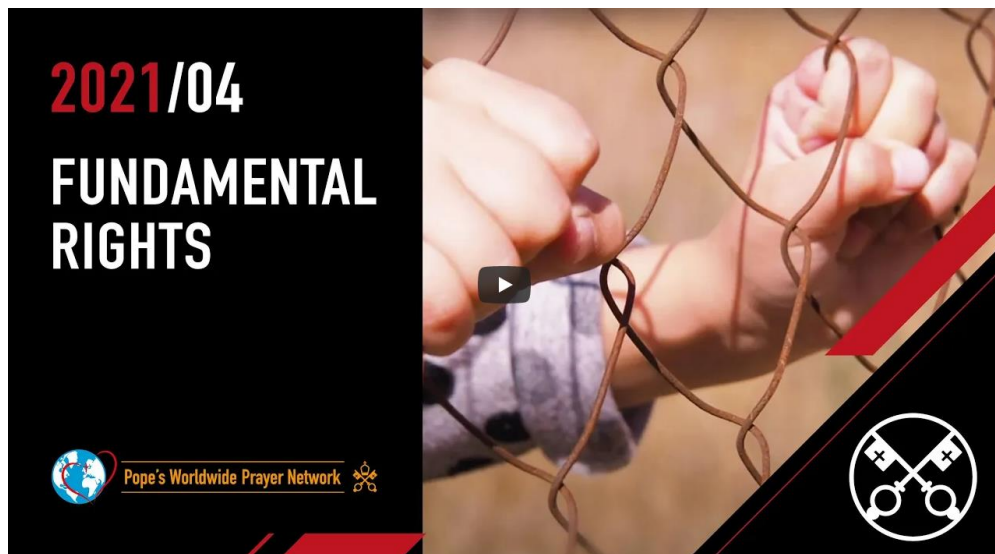
No. They must be equal for all.

In some places, defending people's dignity can mean going to prison, even without a trial. Or it might mean slander.

Every human being has the right to develop fully, and this fundamental right cannot be denied by any country.

Let us pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis, that they may see their sacrifice and their work bear abundant fruit.

Pope Francis – April 2021



[Click Image](#)

PARISH FINANCE

Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website '*JUST GIVING*' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes will be available during this weekend 10/11th April. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If you pay tax and would like to join, please have a word with one of the team, it's simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit/debit card.



COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK ***press the power button***
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD ***for contactless*** or INSERT CARD ***using your pin***
- SELECT RECEIPT ***use arrows to select option required***

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

*FAITH is awakened, FAITH is renewed, FAITH is
strengthened,*

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY Forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

giftaid it
Making donations go further

Basic Government Advise on Face Coverings/Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 85 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.

- Please be aware that there will be NO toilet facilities.

SAFETY

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion (“The Body of Christ, R: Amen”) is eliminated. Instead, one general announcement (“The Body of Christ”) will be made by the parish priest, and one general response (“Amen”) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.

- Holy Communion may only be received in the hand.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

