



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 2nd May - 5th Sunday of Easter

- 5.30pm Vigil - People of the Parish
- 9am Marlene Rozarro RIP
- 11am David Goldband RIP

Monday 3rd May – Feast of SS Philip & James, Apostles

- 9.30am Rosary
- 10am Andrew Togbolah's Intentions

Tuesday 4th May – Feast of the English Martyrs

- 9.30am Rosary
- 10am Solange Casse-Pierre RIP

Wednesday 5th May

- 9.15am Novena to Our Lady of Perpetual Succour
- 10am Paddy Joyce RIP

Thursday 6th May

- 9.30am Rosary
- 10am Alfred Francis RIP

Friday 7th May – FIRST FRIDAY

- 9.15am Divine Mercy Chaplet
- 10am For All The Sick

Saturday 8th May

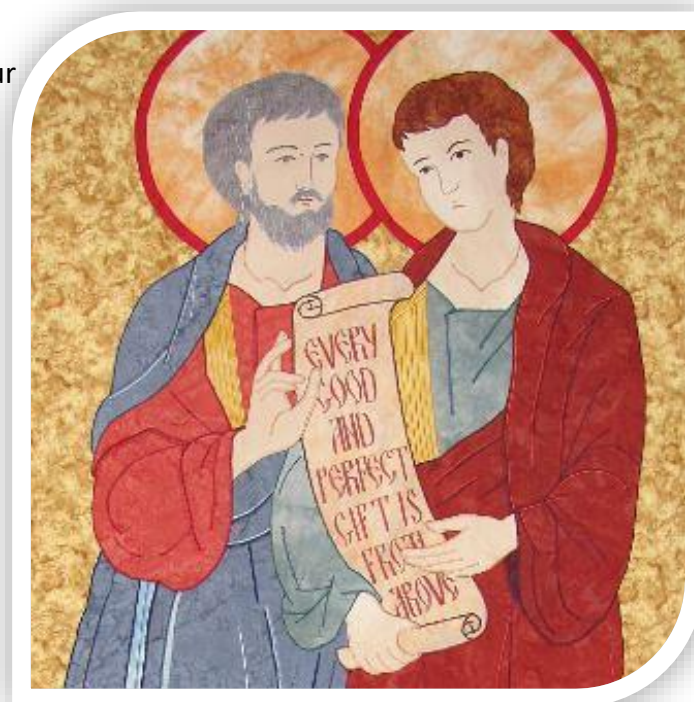
NO MORNING MASS:

First Holy Communion Programme

- 5.30pm Vigil – Joseph Lunn RIP

Sunday 9th May

- 9am People of the Parish
- 11am Living & Deceased Members
of the Forya Family



Saints Philip and James

St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

HEAVENLY FATHER

Heavenly Father, you wanted your Son to bear our weaknesses to reveal the value of illness and patient endurance. Hear, then the prayers of our Parish Family, which we offer for our sick brothers and sisters. Give all who suffer pain, illness or disease the grace of realising that your Son has chosen them to be among the ones he called blessed. Make them aware that their sufferings unite them with Christ's passion to redeem the world. We seek your special blessing for all on our Parish Sick List. May we also ask for your blessing for our brothers and sisters in Christ around the world. In these days of the Pandemic affecting India and so many other nations.

Thank you for keeping in prayer all who are sick and especially:

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Lena McBride, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Anna Urbni, Maureen Flaherty, John McDonagh, James Diver, Frances Forya, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena and Anne-Marie Mendonça.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the sick Clergy and Religious of the diocese.
And send our BLESSING and assurance of spiritual support to all nations at this difficult and challenging time.

We also have a number of parishioners who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

RISEN LORD

Risen Lord lead us from death to life. Hear our prayers for:

- Norah Mary Williams RIP (Tuesday 11th May 2021 at 10.15am)
- Mary Creighan RIP (Wednesday 12th May 12.15pm)
- Michael Joseph Nihill (Friday 21st May at 12.00pm)



As we wait in prayer for the day of their funeral here on earth, we know that their Holy Soul has already journeyed into your presence. With their family, their friends, and all the Sons and Daughters of Saint Teresa's parish we praise you that death is not the end but the new beginning, a gateway to heaven, a door on to untold blessings you hold in store for us.

We also commend to you parishioners, family and friends whose anniversaries occur in this holy month of May. May these good Holy Souls and those who have recently been called from life on earth who cried out in prayer to Our Lady of the Rosary to PRAY FOR THEM at the hour of death be honoured to be with her and Saint Joseph, escorted by their Guardian Angel into the Fathers Kingdom.

RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP &
Jayandradevi Rabindran RIP

Remo Dipre RIP
Alan Frederick Burridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Paul Sanders RIP
Fr. Richard Diala RIP
Fr. Michael Boland RIP
Giovanni Mansini RIP
Joseph Lunn RIP



May They Meet The Risen Lord

NORAH MARY WILLIAMS RIP (Tuesday 11th May 2021 10.15am)

Almighty God has called the soul of Norah Williams from life on earth to life eternal. This daughter of Ireland raised in Limerick left life here on earth in her 91st year. Married John (RIP 16 years ago) and blessed with four children. We offer our condolences to Bernie, Anne, John and Joe. We keep in prayer her grandchildren Matthew, Katie Sian, Jake and six great grandchildren. As well as raising a family she supported our parish school as a Dinner Lady for 25 years.

May Norah Rest In Peace and Rise In Glory

MARY CREIGHAN RIP (Wednesday 12th May 12.15pm)

It is with great sadness I have to announce the loss of a friend and parishioner MARY CREIGHAN who was called to Eternal Life.

I prayed at Mary's home with her family and blessed Mary before she was taken into care by the Coroner's Office. Her death has come as a shock. Please keep her soul in your prayers.



We offer our sincere condolences to her three daughters Karen, Susan and Teresa. We send her grandchildren our love and all branches of her family. Mary is a daughter of Ireland; Carlow was where she was reared. Mary was one of fourteen. We also send our condolences to her family back home.

Many of you will remember her late husband JIM CREIGHAN who left for Eternity in February 2019. Mary, Jim and their family have been parishioners for more than forty years! Lovely people, a much-loved family blessed with good friends. One of Mary's very close friends is Chrissy, we would often see them at Mass together and both were regulars to our parish grotto - their friendship spanned more than 40 years. Good friends are missed, our condolences are also offered to Chrissy and her family.

Mary had a great sense of humour and a lovely smile and a prayerful heart. We thank God for her seventy-six years of life on Earth. For the blessings she received and the blessing she was.

A message from Mary's daughter Karen

Please find a link to Mum's just giving page for the British Heart Foundation.

<https://www.justgiving.com/remember/859235/Mary-Creighan>

May Mary Rest In Peace and Rise In Glory

MICHAEL JOSEPH NIHILL RIP (Friday 21st May)

In our prayer the parish family commend to God the Soul of Michael Nihill. Michael left for Eternal Life during the Easter Vigil. His wife Edith's funeral took place here at Saint Teresa's in 2015.

They lived in Faversham Road. Blessed with two children Theresa and Kevin they lived out their faith in our parish. Theresa and Kevin attended our parish school, they were also junior members of the Legion of Mary and Kevin was an Altar Server. Mum and Dad supported the school and parish events such as the Christmas Bazaar. In recent years Michael lived near his daughter in Essex.

Michael was one of 12 children. He is survived by one older sister Breda. We offer our condolences to his family connections in Co. Clare. To his six grandchildren and his supportive son and daughter Kevin and Theresa.

Michael's funeral will take place on

May Michael Rest In Peace and Rise In Glory.



JOSEPH LUNN RIP

A word of thanks to all who supported Joseph's fundraising efforts. His chosen charity was *Rays of Sunshine*. With your wonderful support many thousands have been raised. If you wish to give a little, it's not too late!



<https://www.justgiving.com/fundraising/forever19>

Joseph's Requiem Mass is still available via our Parish website should you wish to see it – so far 2,300 have done so. <https://www.youtube.com/c/StteresaChurchmorden>

MONTH OF MAY – OUR LADY'S MONTH

Sweet Mary, Mother of Our Parish, My Holy Queen, please bless this month of May, for I offer myself entirely to you. As an expression of my love for your Immaculate Heart and of my devotion to you I seek once again to renew my own personal Consecration to that Precious Heart that beats with Love for me day and night. Please bless me and keep me safe from harm and from the clutches of the evil one.

Amen.



PRAY THE ROSARY FOR END TO PANDEMIC

Pope Francis has invited Catholics and Marian Shrines around the world to dedicate the month of May to a marathon of prayer for an end to the Covid-19 pandemic. The initiative involves 30 Marian Shrines around the world.

It takes place under the theme "The whole Church was fervently praying to God," which recalls a verse in the Book of Acts of the Apostles (12:5).

"The initiative will involve all the Shrines of the world in a special way, so that they might encourage the faithful, families, and communities to recite the Rosary to pray for an end to the pandemic," read a statement released by the Pontifical Council for Promoting the New Evangelization.

Pope Francis will open the Marian month of prayer on **1 May** with a Rosary broadcast across Vatican Media's platforms.

Each day will see Vatican News broadcast the recitation of the Rosary at 6 PM Rome time (**5 PM UK time**) the various Shines taking part in the initiative.

The Pope will also close the initiative on 31 May with another specially-broadcast Rosary.

In March 2020 Pope Francis led the world in prayer during that difficult time, celebrating a live-streamed, daily Mass on Casa Santa Marta. After more than a year, and with the world still in the grips of the pandemic, the Pope and the Church around the world are once again leading the way in imploring God for an end to the suffering which so many people are forced to bear.



Thank you for praying the Rosary at home, at work, and at Saint Teresa's. Please note that The Holy Rosary is prayed before Mass on Mondays, Tuesdays, Thursdays and Fridays. The Novena to Our Lady of Perpetual Succour is prayed on Wednesdays.

BOROUGH OF MERTON RECOGNISES ST. TERESA'S PARISH



Canon Michael received a surprise visit from the Mayor of Merton, Sally Kenny, this week as she visited Saint Teresa's parish to present a certificate in recognition of Service to the community throughout Covid-19. Canon Michael wishes to thank the parish Re-opening Team and Catechists for the dedication and efforts they went to in order for funerals to take place, the church to be open for Masses, and the Sacraments to be received during the past year.

BAPTISMS



Thanks to those who attended the Baptismal Meeting on Friday 30th April, it was wonderful to meet with parents of those about to be baptised. If you wish to have a child baptised, please speak to Canon Michael or call the parish office.



THE CATHOLIC CHURCH
BISHOPS' CONFERENCE OF ENGLAND AND WALES

Bishops encourage Catholics to place Sunday Mass at the heart of their post-pandemic lives

The Catholic Bishops of England and Wales have issued a reflection on post-pandemic recovery and the challenges faced by the Church in encouraging people back to the Church and her Sacraments.

The Bishops met for their Spring plenary meeting from 19 – 22 April 2021.

In a reflection titled ***The Day of the Lord***, the Bishops also praise families, parish communities and those who have worked tirelessly in hospitals, care homes, schools and prisons during these challenging times of ill-health, grief and isolation.

The Bishops salute the leadership of our priests and also express gratitude for the 'immense efforts' of those who have provided food for those most in need:

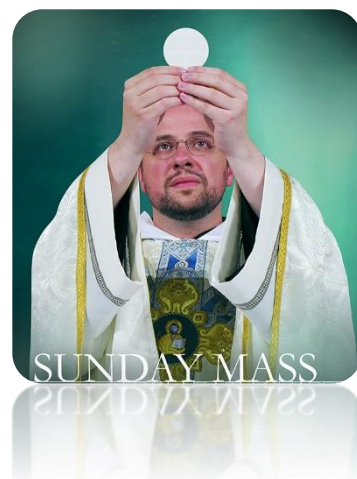
"The generosity shown in the distribution of so very many meals has given eloquent expression to the mercy, love and compassion which are at the very heart of God. Many have been touched by the joy of meeting Christ in the poor; and many of the poor by the joy of meeting Christ in selfless parishioners."

Whilst acknowledging the creative and diverse methods of outreach during the pandemic – not least the live streaming of Mass – attention then turns to the post-pandemic world.

The Bishops recognise that it is impossible to predict the pace at which we will emerge from the pandemic but state "what is clear is the challenge we face of bringing our communities and the practice of the faith to a still greater expression and strength."

They identify the groups of people they are seeking to reach:

- Those who have lost the habit of coming to church and who may be anxious about doing so



- Those who may not want to re-establish a pattern of Catholic worship – who may have seen a gap widen between the spiritual dimension of their lives and any communal expression of that spiritual quest.
- The 'Covid curious' who may have encountered the Catholic Church for the first time during the pandemic.

The Bishops highlight the strengths, the “veritable treasures” of the Catholic Church as being the tools at their disposal to rise to these challenges. The greatest treasure is, of course, the sacramental life of the Church and at its heart, the Eucharist.”

It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist. The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence.”

At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.”



We face the task of seeking to nurture the sense of Sunday as ‘a weekly gift from God to his people’, and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed.”

To read **Reflection: Day of the Lord** or download a copy click on the link below:-

<https://www.cbcew.org.uk/bishops-encourage-catholics-to-place-sunday-mass-at-the-heart-of-their-post-pandemic-lives/>

DISCUSSION: HUMAN FRATERNITY FOR WORLD PEACE AND LIVING TOGETHER

A discussion of the document signed by Pope Francis and the Grand Imam of Al-Azhar Ahmad Al-Tayyeb will be held online on Sunday 9 May at 7pm.

The speakers will be: Julie Siddiqi MBE (Together we thrive), Archbishop Emeritus Kevin McDonald, Cardinal Michael Fitzgerald and Sheikh Dr Mohammad Ali Shomali.



The event is hosted by South London Interfaith Group.

The discussion will be followed by prayers, charity presentations and a virtual iftar (breaking the fast).

Please book on Eventbrite: www.eventbrite.com/myevent?eid=150891431333

Questions may be submitted in advance to chair@southlondoninterfaith.org.uk

The document can be found at:

www.vatican.va/content/francesco/en/travels/2019/outside/documents/papa-francesco_20190204_documento-fratellanza-umana.html

FIRST HOLY COMMUNIONS

As our programme enters its third week, please keep the children and their families in your prayers. A big thank you to our First Holy Communion Catechist Team.

Lord Jesus Christ bless the children coming forward to receive Holy Communion for the first time.

May this day be the step toward a life-long love of the Eucharist.

Give them a hunger for this sacred food so that they turn to you for comfort, guidance, and wisdom as they grow into full discipleship.

Thank you for their innocence and goodness.

May their hands, extended in anticipation of your body and blood, inspire all of us to cherish this sacred Sacrament. Amen.



CONFIRMATION RESUMES FOR LAST YEARS CANDIDATES!

We hope all our Confirmation candidates, who last year began the programme, have now been contacted by the Confirmation Team about resuming refresher sessions.

The first of four sessions will be online for parents and young people together. The rest will be held in church for candidates only.

27th May 7.30pm - Online Parent and Candidate session

2nd June 7.30pm - Session on 'Jesus' followed by a prayer liturgy

9th June 7.30pm - Session on 'The Church' followed by a Liturgy of The Word

16th June 7.30pm - Session on 'The Holy Spirit' followed by a Reconciliation Service

It is hoped the Confirmation Mass will be held 25th June (to be confirmed).

To All Young People

Start thinking again about your **Confirmation Name** - this may have changed since last year. Also, we would like you to think about who you would like to guide you on your onward spiritual journey and be your **Sponsor**.





CALLING ALL CONFIRMATION CANDIDATES 2021

SPECIAL COMPETITION!

*"My Journey to the Day of My
Confirmation.
My Thoughts and Reflections"*

Submit your thoughts & reflections of 250-300

Words to Canon Michael.

Entries in by Sunday 2nd May.

1st Prize £30

2nd Prize £20

3rd Prize £10

Good Luck!

Confirmation

THANK YOU FROM CAFOD

A very big thank you to everyone for your donations to CAFOD's appeal to help poorer communities access clean water. In April St. Teresa's were in the top 10 percent of fundraisers for CAFOD and in total we raised £1060 . 00. The following is a message from CAFOD.

'Thank you for raising money for The Catholic Agency for Overseas Development (CAFOD). Your fundraising has made a real difference. When people get together who want to change things for the better great things can happen. The Catholic Agency for Overseas Development (CAFOD) couldn't continue their work without you. '

News from Archdiocese *of* Southwark



Laudato Si Week

Laudato Si' Week, to be held between 16-24 May 2021 and the Global Catholic Climate Movement will be holding a series of special events to mark the Laudato Si' Anniversary Year. This will be a celebration of the progress the whole Church has made on its journey to ecological conversion. The week will include prayer gatherings, music, discussions about energy and fossil fuels, and a presentation on the Care of Creation.

View the full programme and register interest here: <https://laudatosiweek.org/>



Justice and Peace and Integrity of Creation

Please do also take a moment to visit the brand new JPIC website for the latest information on their important work in Southwark: <https://jpicsouthwark.org.uk/>

PARISH FINANCE

Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.



GIFT AID NOTICE

PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes will be available during this weekend 10/11th April. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If you pay tax and would like to join, please have a word with one of the team, it's simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit/debit card.



COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).

CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

*FAITH is awakened, FAITH is renewed, FAITH is
strengthened,*

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY Forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

giftaid it
Making donations go further

Basic Government Advise on Face Coverings/Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are strongly encouraged to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is JUST 85 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number, email address (if applicable) and the Mass you are attending on a piece of paper which you will hand in on entrance to the church.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- Two benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 25 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will be NO toilet facilities.

SAFETY

- Physical distancing of 6 feet or 2 metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion (“The Body of Christ, R: Amen”) is eliminated. Instead, one general announcement (“The Body of Christ”) will be made by the parish priest, and one general response (“Amen”) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand.

- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.



