

St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest Fr Roshy Robert, Resident Priest Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

https://www.stcm.org.uk

Please see the Mass Attendance Protocols below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 23rd May - SOLEMNITY PENTECOST SUNDAY

Prayer for the Church

5.30pm Vigil - Eddie Casey RIP

9am For Parish Confirmation Candidates

11am People of the Parish

Monday 24th May - Mary, Mother of the Church

9.30am Rosary

10am Pacheco Family Intentions

Tuesday 25th May – St Bede the Venerable

9.30am Rosary

10.00am Newton Coutinho RIP

Wednesday 26th May – St Philip Neri, Priest

9.15am Novena to Our Lady of Perpetual Succour

10am Lucy & Mario Ribaudo's Intentions

Thursday 27th May – Jesus Christ Eternal High Priest St Augustine of Canterbury, Bishop

9.30am Rosary

10am Freda McKeon's Intentions

Friday 28th May - St. Matthias, Apostle

9.15am Divine Mercy Chaplet10am Elizabeth Ejoh's Intentions

Saturday 29th May - St Paul VI, Pope

10am For Your Special Intentions

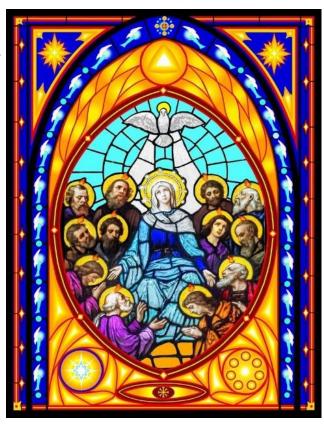
5.30pm Vigil – Holy Souls

Sunday 23rd May - SOLEMNITY TRINITY SUNDAY

9am Antony Raj Fernando RIP11am People of the Parish



PENTECOST



St Teresa's School, Montacute Road, Morden.
Tel No 020 8648 1846
Headteacher; Mr Justin Dachtler.
Merton Catholic Deanery
www.mertoncatholics.org.uk

Saint Teresa's Church is now OPEN to parishioners for morning Mass Our Masses are also available online at

https://www.stcm.org.uk/

HEAVENLY FATHER

Heavenly Father, you wanted your Son to bear our weaknesses to reveal the value of illness and patient endurance. Hear, then the prayers of our Parish Family, which we offer for our sick brothers and sisters. Give all who suffer pain, illness or disease the grace of realising that your Son has chosen them to be among the ones he called blessed. Make them aware that their sufferings unite them with Christ's passion to redeem the world. We seek your special blessing for all on our Parish Sick List. May we also ask for your blessing for our brothers and sisters in Christ around the world. In these days of the Pandemic affecting India and so many other nations.

Thank you for keeping in prayer all who are sick and especially:

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Lena McBride, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Michael and Madge Durkan, Jocyln De Silva, Mary Jeanette Connaire, Anna Urbni, Maureen Flaherty, John McDonagh, James Diver, Frances Forya, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena, Anne-Marie Mendonça and Theresa Mason.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the sick Clergy and Religious of the diocese.

And send our BLESSING and assurance of spiritual support to all nations at this difficult and challenging time.

We also have a number of parishioners who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

RISEN LORD

Risen Lord lead us from death to life. Hear our prayers for:

• Gerald O'Toole RIP (Wednesday, 23rd June 10am. Requiem Mass)



As we wait in prayer for the day of their funeral here on earth, we know that their Holy Soul has already journeyed into your presence. With their family, their friends, and all the Sons and Daughters of Saint Teresa's parish we praise you that death is not the end but the new beginning, a gateway to heaven, a door on to untold blessings you hold in store for us.

We also commend to you parishioners, family and friends whose anniversaries occur in this holy month of May. May these good Holy Souls and those who have recently been called from life on earth who cried out in prayer to Our Lady of the Rosary to PRAY FOR THEM at the hour of death be honoured to be with her and Saint Joseph, escorted by their Guardian Angel into the Fathers Kingdom.

RECENT DEATHS

Avril Jean Costella RIP

Now At Rest And Kept In Prayer

Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP

May They Meet The Risen Lord

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP &
Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Michael Boland RIP
Fr. Paul Sanders RIP

Giovanni Mansini RIP Joseph Lunn RIP Norah Mary Williams RIP Francisco José Carrasco RIP

Fr. Richard Diala RIP



GERALD O'TOOLE RIP

Michael Joseph Nihill RIP

We offer our sincere condolences to Gerald's family - he will be missed. He leaves behind a daughter and three sisters, Ann, Kathleen and Margaret and a younger brother Joseph.

Mum and Dad (Pat & Kathleen) lived in our parish for many years, now at rest in Garth Road Cemetery. Gerald and Joe were Altar Servers and with their sisters attended our parish school. The whole family attended Holy Mass week in and week out and did all they could to support the parish. We commend Gerald's soul to God's loving Mercy. His funeral arrangements are underway, and his ashes will be laid to rest with Mum and Dad.



May Gerald Rest in Peace and Rise in Glory

MONTH OF MAY – OUR LADY'S MONTH

Sweet Mary, Mother of Our Parish, My Holy Queen, please bless this month of May, for I offer myself entirely to you. As an expression of my love for your Immaculate Heart and of my devotion to you I seek once again to renew my own personal Consecration to that Precious Heart that beats with Love for me day and night. Please bless me and keep me safe from harm and from the clutches of the evil one.

Amen.



PRAY THE ROSARY FOR END TO PANDEMIC

Thank you for praying the Rosary at home, at work, and at Saint Teresa's. Please note that The Holy Rosary is prayed before Mass on Mondays, Tuesdays, Thursdays and Fridays. The Novena to Our Lady of Perpetual Succour is prayed on Wednesdays.

May Rosary Mission 2021 – Catholics in England, Wales and Scotland are invited to pray the Rosary for the following intentions: 1. Protecting our families and the family of nations, especially in this Year of St Joseph; 2. A deepening of faith, hope, love and the protection of life; 3. Peace in the world; 4. Deliverance from Coronavirus; for those working for a cure; for those who have died; for those who are suffering and those who care for them.

Each night at 8.00pm there will be the foundational Rosary – to Jesus through Mary led from a different Parish/Shrine. This will lead into three important National Days of Prayer:

Monday May 24th – Feast of Mary, Mother of the Church; Sunday May 30th – Solemnity of the Most Holy Trinity; Monday May 31st – Feast of the Visitation.

The designated Rosary Hour for the Archdiocese of Southwark for the National Rosary Relay Rally is **Sunday 30th May, 3.00 pm to 4.00 pm.** For full details of all events got to https://www.walsingham.org.uk/2021/04/26/may-2021-rosary-mission/

VATICAN NEWS FOR DAILY GLOBAL ROSARY FOR THE END OF THE PANDEMIC

The Rosary, live from different Marian Shrines around the world continues 15th (Medjugorje) until 31st May (Vatican Gardens) 5pm UK time.

15	Our Lady Queen of Peace (Medjugorje)	Bosnia	Europe	For all migrants
16	Saint Mary's Cathedral (Sydney)	Australia	Oceania	For all victims of violence and human trafficking
17	Immaculate Conception (Washington, D.C.)	USA	America	For all world leaders and for all heads of international organizations
18	Our Lady of Lourdes	France	Europe	For all doctors and nurses
19	Mother Mary's House - Meryem Ana Evi (Ephesus)	Turkey	Asia	For all people at war and for world peace
20	Nuestra Señora de la Caridad del Cobre	Cuba	America	For all pharmacists and health care personnel
21	Our Lady of Nagasaki	Japan	Asia	For all social workers
22	Nuestra Señora de Montserrat	Spain	Europe	For all volunteers
23	Notre Dame du Cap (Trois Rivières)	Canada	America	For all law enforcement and military personnel and for all firefighters
24	To be confirmed	To be confirmed	To be confirmed	For all those who provide essential services
25	Basilica of the Blessed Virgin of Ta' Pinu	Malta	Europe	For all teachers, students and educators
26	Nuestra Señora de Guadalupe	Mexico	America	For all workers and entrepreneurs
27	Mother of God (Zarvanytsia)	Ukraine	Europe	For all the unemployed
28	Black Madonna of Altötting	Germany	Europe	For the Holy Father, bishops, presbyters, and deacons
29	Our Lady of Lebanon (Harissa)	Lebanon	Asia	For all consecrated men and women
30	Blessed Virgin of the Holy Rosary of Pompeii	Italia	Europe	For the Church
31	Vatican Gardens	The Vatican	Europe	For the end of the pandemic and the resumption of our social and economic life

Live 5pm daily https://www.youtube.com/watch?v=dCDr9ft0Ym4
Catch up https://www.youtube.com/c/VaticanNews/videos

CATHOLIC BISHOPS' CONFERENCE OF ENGLAND AND WALES

Pastoral Letter for Pentecost 2021



Dear Brothers and Sisters in Christ, The Solemnity of Pentecost reminds us that everything which exists, every person and the whole of creation, is a gift of "God the Father almighty, Creator of heaven and earth." God our loving Father creates and continues to give life to the world through His Word, Jesus Christ, in the power of His Holy Spirit. The outpouring of the Holy Spirit on the Church, which we celebrate at Pentecost, is not something separate from Creation. God's revelation of himself in Creation is inseparable from the revelation of his love for us in Christ and in his desire to live in us through his Holy Spirit. God's Spirit is always and everywhere "the Lord, the Giver of Life", and the voice of Pentecost is echoed in the voice of creation being transformed into the glorious liberty of God's children.' In this liberty, as God's children, we call on the Spirit to 'renew the face of the Earth', and as his children, we are called, in turn, to use this liberty for the good of creation and for the good of all that brings life. Our world, God's creation, is a precious gift to us. It is our common home entrusted to each generation. But how have we used that glorious liberty? How do we honour this precious gift? Are we really demonstrating love, care and respect for our common home?

As we celebrate Pentecost this year, we are acutely aware of the damage that continues to be inflicted on the Earth, and the repercussions for the well-being of our brothers and sisters, both here in our own countries and, more especially, in the poorest countries of our world. Pope Benedict XVI and Pope Francis have both taught us that everything is interconnected and interdependent. The way we live our everyday lives has an impact on everyone and on the earth.

The urgency of the situation, and the enormity of the challenges we face, have spurred us to speak out together this Pentecost Sunday, as bishops of England, Wales and Scotland, about the role that the Catholic Church and our faith must play in our shared care for God's gift to us.

For all too long we have either been ignorant of, or ignored, the systematic exploitation of our planet and the unsustainable consumption of its resources. While accepting the crucial need and demand for energy for the benefit of the poorest of our brothers and sisters, the provision of our energy must, nonetheless, be by means which radically reduce the use of carbon-based fuels.

In our political thinking, there must be a new global understanding of our world, where nations recognise our common responsibility for the dignity of all people and their rights to sustainable livelihoods, in authentic freedom. Pope Francis speaks of a global politics that looks beyond our own needs to the needs of all, most especially the poor and the marginalised.

But we cannot leave the healing of our common home and the wellbeing and care of our brothers and sisters merely to a response from industry and governments. Our own local concern and action is necessary and has far-reaching consequences. We all have a part to play, each and every one of us, in the routines, choices and decisions of our everyday lives and our aspirations for the future. The actions of parishes, families, schools, and individuals will have a significant impact on our efforts to restore our common home. There are now many resources, freely available, to advise us

on our choice of food, saving of water and electricity, suggestions about travel, waste, and re-use. These are measures that everyone can employ, in some degree, with minimal inconvenience and change. They are effective ways in which we can each reaffirm our personal vocation to be stewards of creation.

This Pentecost comes at a time of remarkable challenge and opportunity. We are gradually emerging from the tragedies and restrictions of the pandemic. We have the ability to make changes. Our countries are also hosting two most important meetings this year, the G7 in June and COP26 in November. These meetings will gather together men and women who have the power to make defining choices and policies which will help us build back better, provide for our brothers and sisters, and take care of our common home.

In all our human endeavours, we need the presence of the Holy Spirit, "the Lord, the Giver of Life", whose gift to the Church and the world we celebrate again at Pentecost. Let us keep this Feast with that enduring hope that we can begin to repair the damage we have done and provide a healthy home for future generations. Our hope will be strengthened by our prayer. May our constant request be that the Holy Spirit guide us, strengthen our resolve and 'renew the face of the earth'.

Click on the link for the **Pentecost Novena**

CONFIRMATION RESUMES FOR LAST YEARS CANDIDATES!

We hope all our Confirmation candidates, who last year began the programme, have now been contacted by the Confirmation Team about resuming refresher sessions.

The first of four sessions will be online for parents and young people together. The rest will be held in church for candidates only.

27th May 7.30pm - Online Parent and Candidate session

2nd June 7.30pm - Session on 'Jesus' followed by a prayer liturgy

9th June 7.30pm - Session on 'The Church' followed by a Liturgy of The Word

16th June 7.30pm - Session on 'The Holy Spirit' followed by a Reconciliation Service

It is hoped the Confirmation Mass will be held 25th June (to be confirmed).

To All Young People

Start thinking again about your **Confirmation Name** - this may have changed since last year. Also, we would like you to think about who you would like to guide you on your onward spiritual journey and be your **Sponsor**.





St Teresa's Primary School Admission to Pre-Nursery for January or April 2022 & Nursery for September 2022

If you wish to apply for a **Pre-Nursery** place for your child starting **January 2022** (children with dates of birth between 01.09.18 and 31.12.19) **or April 2022** (children with dates of birth between 31.03.19 and 31.08.19) forms will be available from May 2021. These may be obtained from the school office, or downloaded from the school website at www.st-teresas.merton.sch.uk. PARENTS OF CHILDREN IN THIS AGE GROUP CAN STILL APPLY FOR THE SEPTEMBER 2022, IF THEY DO NOT WISH THEIR CHILD TO START NURSERY EARLIER.

Application Forms for a Nursery place starting **September 2022** (children with dates of birth between (01.09.18 and 31.08.19) will be available from May 2021. These may be obtained from the school office, or downloaded from the school website as follows: www.st-teresas.merton.sch.uk.

Parents of 3 year olds are automatically entitled to 15 hours funded childcare per week. However, working parents may claim an additional funded 15 hours totalling 30 funded hours per week, if they satisfy the required criteria. Please contact the school, if you require more details.

If you have any questions regarding school admissions, please email: lorraine.isaac@stteresas.merton.sch.uk who will assist you.

W razie trudnosci ze zrozumieniem informacji prosimy o skontaktowanie sie z szkolnym sekretariatem. Dziekujemy

இந்த பாடசாலை விண்ணப்பப் படிவத்தை பூர்த்தி செய்ய உங்களுக்கு ஏதாவது உதவி தேவைப்படின் தயவு செய்து பாடசாலை அலுவலகத்துடன் தொடர்பு கொள்ளவும்.

Before and After School Wraparound Care for 3 & 4 year olds

Please note that we also provide wraparound care for 3 year olds. Breakfast club starts at 7.30am and After School Club finishes as 5.45pm. This is particularly helpful for working parents and is run by the school using our own staff, who are already familiar with the children. Please feel free to lookup more details on our Website – www.st-teresas.merton.sch.uk.

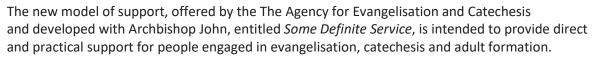
FIRST HOLY COMMUNION DATES

Saturday 3rd July at 11:00am and 2:00pm Mass
And
Saturday 10th July at 11:00am and 2:00pm Mass



News from Archdiocese of Southwark

THE AGENCY FOR EVANGELISATION AND CATECHESIS







General (23 May 2021)

Archbishop John is calling the Archdiocese of Southwark to be an 'evangelising and missionary archdiocese.' As part of an answer to this call the Agency for Evangelisation and Catechesis (AEC) is developing a missionary volunteer network consisting of prayer, people and parish plans — Some Definite Service. What might be your particular part to play in this, some definite service? For more information, visit: aec.rcaos.org.uk/sds.

THE PASSAGE

The Passage Cardinal Vincent Nichols, Patron of The Passage, will celebrate the 5.30 Mass at Westminster Cathedral on Tuesday 25 May 2021 to mark 40 years of service to homeless people. The Mass will be broadcast live online, so if you would like to follow the service from home, the link is: https://www.westminstercathedral.org.uk/ If you would like to attend the Mass in person, this may be possible, but the Cathedral has a strict limit under the current Covid regulations. Please register your interest with us and we will let you know on Monday 24th May if a place is available. Please contact andrew.h@passage.org.uk



PARISH FINANCE



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes will be available during this weekend 10/11th April. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If you pay tax and would like to join, please have a word with one of the team, it's simple and at no extra cost to you the Church can claim back 25%. See below for more details **Do You Gift Aid?**

CARD READERS

To make things easier we have now introduced a number of card readers which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit/debit card.

COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (each card would need to be registered).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK press the power button
- ENTER THE AMOUNT YOU WISH TO DONATE
 - e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD for contactless or INSERT CARD using your pin
- SELECT RECEIPT use arrows to select option required

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled, FAITH is awakened, FAITH is renewed, FAITH is strengthened,

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by <u>standing order</u>, which can be arranged through your bank, or by using the <u>DONATE</u> link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400



a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

Basic Government Advise on Face Coverings/Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is approx.100 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- A number of benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 30 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite
 the guided departure and minimise chances of people encountering one another. In all
 cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

SAFETY

- Physical distancing of 1+ metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat please do not move or swap seats.

- Reminder Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exciting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest. Offertory processions maybe re-introduced soon.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times. We hope to resume Altar Serving soon on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion ("The Body of Christ, R: Amen) is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand until further notice.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately

after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.

Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: 'My God, grant me perfect contrition for my sins.'

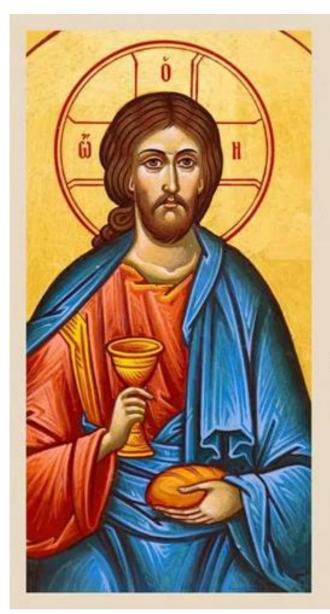
- 1. In reality or imagination kneel at the foot of the crucifix and say to yourself: "Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"
- 2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
- 3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: "O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."
- 4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

- 1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
- 2. Imagine the sacred words and actions of the Mass or watch online or on TV.

- 3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
- 4. Desire, with earnest longing, to receive Our Lord present Body, Blood, Soul and Divinity in the Blessed Sacrament.
- 5. Say the prayer of St. Alphonsus de' Ligouri The Prayer of Spiritual Communion
- **6.** After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

