



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 30th May – SOLEMNITY TRINITY SUNDAY

- 5.30pm Vigil – Holy Souls
- 9am Antony Raj Fernando RIP
- 11am People of the Parish

Monday 31st May – FEAST OF THE VISITATION

- 9.30am Rosary
- 10am Stanly Pallipattu's Intentions

Tuesday 1st June – St. Justin, Martyr

- 9.30am Rosary
- 10.00am Justin Roberts & Family Intentions

Wednesday 2nd June – SS Peter and Marcellinus, Martyrs

- 9.15am Novena to Our Lady of Perpetual Succour
- 10am For All Senior Citizens

Thursday 3rd June – Uganda Martyrs

- 9.30am Rosary
- 10am Donor's Intention

Friday 4th June – First Friday

- 9am Divine Mercy Chaplet
- 10am For the Sick and Housebound

Saturday 5th June – St. Boniface, Bishop, Martyr

First Saturday & Novena to St. Anthony begins.

- 9am Adoration & First Saturday Devotions
- 10am For Your Special Intentions
- 5.30pm Vigil – For Recently Deceased

Sunday 6th June - SOLEMNITY OF CORPUS CHRISTI

- 9am People of the Parish
- 11am David Togbolah



Holy Trinity



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

HEAVENLY FATHER

Heavenly Father, you wanted your Son to bear our weaknesses to reveal the value of illness and patient endurance. Hear, then the prayers of our Parish Family, which we offer for our sick brothers and sisters. Give all who suffer pain, illness or disease the grace of realising that your Son has chosen them to be among the ones he called blessed. Make them aware that their sufferings unite them with Christ's passion to redeem the world. We seek your special blessing for all on our Parish Sick List. May we also ask for your blessing for our brothers and sisters in Christ around the world. In these days of the Pandemic affecting India, Bangladesh and so many other nations.

**This First Friday, Holy Mass will be offered for the Sick & Housebound
and especially for those we remember in prayer:**

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Lena McBride, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Anna Urbni, Maureen Flaherty, John McDonagh, James Diver, Frances Forya, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena, Anne-Marie Mendonça, John Flanagan and Theresa Mason.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the sick Clergy and Religious of the diocese.
And send our BLESSING and assurance of spiritual support to all nations at this difficult and challenging time.

We also have a number of parishioners who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

RISEN LORD

Risen Lord lead us from death to life. Hear our prayers for:

- Gerald O'Toole RIP (Wednesday, 23rd June 10am. Requiem Mass)



As we wait in prayer for the day of their funeral here on earth, we know that their Holy Soul has already journeyed into your presence. With their family, their friends, and all the Sons and Daughters of Saint Teresa's parish we praise you that death is not the end but the new beginning, a gateway to heaven, a door on to untold blessings you hold in store for us.

We also commend to you parishioners, family and friends whose anniversaries occur in this holy month of May. May these good Holy Souls and those who have recently been called from life on earth who cried out in prayer to Our Lady of the Rosary to PRAY FOR THEM at the hour of death be honoured to be with her and Saint Joseph, escorted by their Guardian Angel into the Fathers Kingdom.

RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP
Michael Joseph Nihill RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP &
Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Michael Boland RIP
Fr. Paul Sanders RIP
Fr. Richard Diala RIP
Giovanni Mansini RIP
Joseph Lunn RIP
Norah Mary Williams RIP
Francisco José Carrasco RIP

May They Meet The Risen Lord



GERALD O'TOOLE RIP

We offer our sincere condolences to Gerald's family - he will be missed. He leaves behind a daughter and three sisters, Ann, Kathleen and Margaret and a younger brother Joseph.

Mum and Dad (Pat & Kathleen) lived in our parish for many years, now at rest in Garth Road Cemetery. Gerald and Joe were Altar Servers and with their sisters attended our parish school. The whole family attended Holy Mass week in and week out and did all they could to support the parish. We commend Gerald's soul to God's loving Mercy. His funeral arrangements are underway, and his ashes will be laid to rest with Mum and Dad.

May Gerald Rest in Peace and Rise in Glory

MONTH OF MAY – OUR LADY'S MONTH

Sweet Mary, Mother of Our Parish, My Holy Queen, please bless this month of May, for I offer myself entirely to you. As an expression of my love for your Immaculate Heart and of my devotion to you I seek once again to renew my own personal Consecration to that Precious Heart that beats with Love for me day and night. Please bless me and keep me safe from harm and from the clutches of the evil one.

Amen.



PRAY THE ROSARY FOR END TO PANDEMIC – OUR FINAL DAYS IN MAY SUNDAY 30TH/MONDAY 31ST

Thank you for praying the Rosary at home, at work, and at Saint Teresa's. Please note that The Holy Rosary is prayed before Mass on Mondays, Tuesdays, Thursdays and Fridays. The Novena to Our Lady of Perpetual Succour is prayed on Wednesdays.

May Rosary Mission 2021 – Catholics in England, Wales and Scotland are invited to pray the Rosary for the following intentions: 1. Protecting our families and the family of nations, especially in this Year of St Joseph; 2. A deepening of faith, hope, love and the protection of life; 3. Peace in the world; 4. Deliverance from Coronavirus; for those working for a cure; for those who have died; for those who are suffering and those who care for them.



Each night at 8.00pm there will be the foundational Rosary – to Jesus through Mary led from a different Parish/Shrine. This will lead into three important National Days of Prayer:

**Monday May 24th – Feast of Mary, Mother of the Church;
Sunday May 30th – Solemnity of the Most Holy Trinity;
Monday May 31st – Feast of the Visitation.**

The designated Rosary Hour for the Archdiocese of Southwark for the National Rosary Relay Rally is **Sunday 30th May, 3.00 pm to 4.00 pm.** For full details of all events got to

<https://www.walsingham.org.uk/2021/04/26/may-2021-rosary-mission/>

VATICAN NEWS FOR DAILY GLOBAL ROSARY FOR THE END OF THE PANDEMIC

The Rosary live from different Marian Shrines around the world continues 15th (Medjugorje) until 31st May (Vatican Gardens) 5pm UK time.

15	Our Lady Queen of Peace (Medjugorje)	Bosnia	Europe	For all migrants
16	Saint Mary's Cathedral (Sydney)	Australia	Oceania	For all victims of violence and human trafficking
17	Immaculate Conception (Washington, D.C.)	USA	America	For all world leaders and for all heads of international organizations
18	Our Lady of Lourdes	France	Europe	For all doctors and nurses
19	Mother Mary's House - <i>Meryem Ana Evi</i> (Ephesus)	Turkey	Asia	For all people at war and for world peace
20	Nuestra Señora de la Caridad del Cobre	Cuba	America	For all pharmacists and health care personnel
21	Our Lady of Nagasaki	Japan	Asia	For all social workers
22	Nuestra Señora de Montserrat	Spain	Europe	For all volunteers
23	Notre Dame du Cap (Trois Rivières)	Canada	America	For all law enforcement and military personnel and for all firefighters
24	To be confirmed	To be confirmed	To be confirmed	For all those who provide essential services
25	Basilica of the Blessed Virgin of Ta' Pinu	Malta	Europe	For all teachers, students and educators
26	Nuestra Señora de Guadalupe	Mexico	America	For all workers and entrepreneurs
27	Mother of God (Zarvanytsia)	Ukraine	Europe	For all the unemployed
28	Black Madonna of Altötting	Germany	Europe	For the Holy Father, bishops, presbyters, and deacons
29	Our Lady of Lebanon (Harissa)	Lebanon	Asia	For all consecrated men and women
30	Blessed Virgin of the Holy Rosary of Pompeii	Italia	Europe	For the Church
31	Vatican Gardens	The Vatican	Europe	For the end of the pandemic and the resumption of our social and economic life

Live 5pm daily <https://www.youtube.com/watch?v=dCDr9ft0Ym4>

Catch up <https://www.youtube.com/c/VaticanNews/videos>

THANK YOU FOR JOINING POPE FRANCES IN THE ROSARY EVERY DAY THROUGHTOUT MAY FOR THE END OF THE PANDEMIC.

Pope Francis will lead the faithful in the prayer of the Rosary on Monday, 31 May, at the conclusion of the month-long Marathon of Prayer for an end to the Covid-19 pandemic.



CONFIRMATION RESUMES FOR LAST YEARS CANDIDATES!

We hope all our Confirmation candidates, who last year began the programme, have now been contacted by the Confirmation Team about resuming refresher sessions.

The first of four sessions will be online for parents and young people together. The rest will be held in church for candidates only.

27th May 7.30pm - Online Parent and Candidate session

2nd June 7.30pm - Session on 'Jesus' followed by a prayer liturgy

9th June 7.30pm - Session on 'The Church' followed by a Liturgy of The Word

16th June 7.30pm - Session on 'The Holy Spirit' followed by a Reconciliation Service

It is hoped the Confirmation Mass will be held 25th June (to be confirmed).

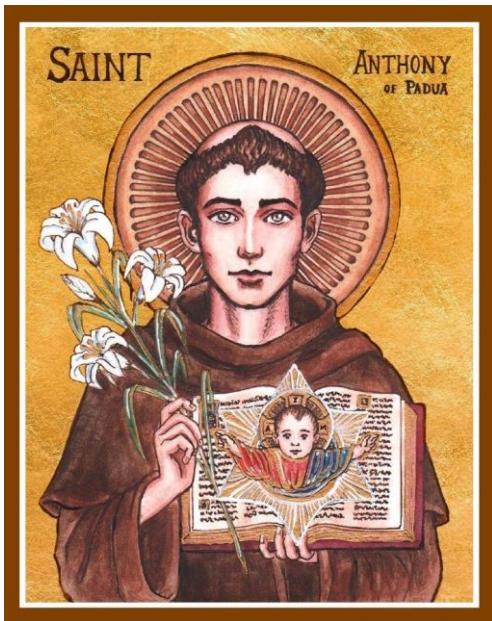
The formation of Confirmation will be dependent on COVID guidelines issued by the diocese at the time. This may change over the coming weeks due to the changing nature of coronavirus.

To All Young People

Start thinking again about your **Confirmation Name** - this may have changed since last year. Also, we would like you to think about who you would like to guide you on your onward spiritual journey and be your **Sponsor**.



NOVENA TO ST. ANTHONY OF PADUA



The novena to St. Anthony of Padua begins on Saturday 5th June.

Though St. Anthony first joined the Augustinian Order, he eventually left it when he was 26 years old and joined the Franciscan Order around 1220 in the hopes of becoming a martyr for his faith. Through his work in Padua in Italy, he became a loved and admired Saint in the Catholic Church, sharing the faith through simplicity — which led to him becoming a Doctor of the Church. St. Anthony's Feast Day is traditionally celebrated on June 13th, but you can pray a novena to him any time. He is often invoked for helping to recover lost items, among other intentions.

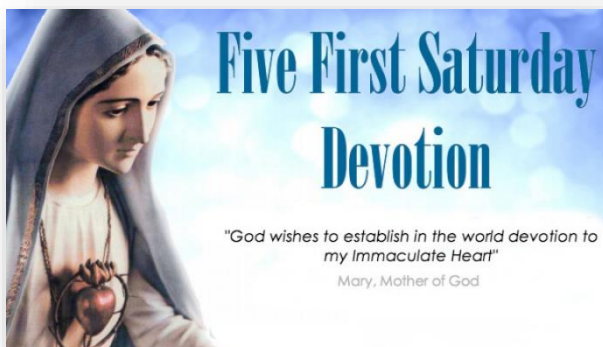
Here are a couple of links to novenas to St. Anthony of Padua:

<https://www.praymorenovenas.com/st-anthony-novena>

<https://www.ewtn.com/catholicism/devotions/novena-to-st-anthony-of-padua-302>

SATURDAY 5TH JUNE – FIRST SATURDAY DEVOTION

The History of the Five First Saturday's of the Month



On the 13th May 1917, Our Lady first mentioned devotion to her Immaculate Heart to the children of Fatima saying *"You have seen hell, where souls of poor sinners go. To save them God wishes to establish in the world devotion to my Immaculate Heart. If what I say to you is done, many souls will be saved and there will be peace."*

On the 10th December 1925, Our Lady appeared to Lucia detailing how devotion to her Immaculate Heart was to be practiced. These words are from Sr Lucia's own account:

"... by her side, elevated on a luminous cloud, was a child. The most holy Virgin rested her hand on her shoulder, and as she did so, she showed her a heart encircled by thorns, which she was holding in her other hand. At the same time, the Child said:

"Have compassion on the Heart of your most holy Mother, covered with thorns, with which ungrateful men pierce it at every moment, and there is no one to make an act of reparation to remove them."

Then the most holy Virgin said:

"Look, my daughter, at my Heart, surrounded with thorns with which ungrateful men pierce me every moment by their blasphemies and ingratitude. You at least try to console me and say that I

promise to assist at the hour of death, with the graces necessary for salvation, all those who, on the first Saturday of five consecutive months, shall confess, receive Holy Communion, recite five decades of the Rosary, and keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me."

On Saturday 5th June the first Saturday devotions will be celebrated:

- 9am Adoration & First Saturday Devotions
- 10am Holy Mass
- Confessions will be available



St Teresa's Primary School Admission to Pre-Nursery for January or April 2022 & Nursery for September 2022

If you wish to apply for a **Pre-Nursery** place for your child starting **January 2022** (children with dates of birth between 01.09.18 and 31.12.19) **or April 2022** (children with dates of birth between 31.03.19 and 31.08.19) forms will be available from May 2021. These may be obtained from the school office, or downloaded from the school website at www.st-teresas.merton.sch.uk. PARENTS OF CHILDREN IN THIS AGE GROUP CAN STILL APPLY FOR THE SEPTEMBER 2022, IF THEY DO NOT WISH THEIR CHILD TO START NURSERY EARLIER.

Application Forms for a Nursery place starting **September 2022 (children with dates of birth between (01.09.18 and 31.08.19))** will be available from May 2021. These may be obtained from the school office, or downloaded from the school website as follows:
www.st-teresas.merton.sch.uk.

Parents of 3 year olds are automatically entitled to 15 hours funded childcare per week. However, working parents may claim an additional funded 15 hours totalling 30 funded hours per week, if they satisfy the required criteria. Please contact the school, if you require more details.

If you have any questions regarding school admissions, please email: lorraine.isaac@st-teresas.merton.sch.uk who will assist you.

W razie trudności ze zrozumieniem informacji prosimy o skontaktowanie się z szkolnym sekretariatem. Dziękujemy

இந்த பாடசாலை விண்ணப்பப் படிவத்தை பூர்த்தி செய்ய உங்களுக்கு ஏதாவது உதவி தேவைப்பட்டின் தயவு செய்து பாடசாலை அலுவலகத்துடன் தொடர்பு கொள்ளவும்.

Before and After School Wraparound Care for 3 & 4 year olds

Please note that we also provide wraparound care for 3 year olds. Breakfast club starts at 7.30am and After School Club finishes at 5.45pm. This is particularly helpful for working parents and is run by the school using our own staff, who are already familiar with the children. Please feel free to lookup more details on our Website – www.st-teresas.merton.sch.uk.

FIRST HOLY COMMUNION DATES

Saturday 3rd July at 11:00am and 2:00pm Mass

And

Saturday 10th July at 11:00am and 2:00pm Mass



News from Archdiocese of Southwark

THE AGENCY FOR EVANGELISATION AND CATECHESIS

The new model of support, offered by the The Agency for Evangelisation and Catechesis and developed with Archbishop John, entitled *Some Definite Service*, is intended to provide direct and practical support for people engaged in evangelisation, catechesis and adult formation.



Some Definite Service: Prayer

Archbishop John is calling us to be an 'evangelising and missionary archdiocese.' None of this will be possible without prayer. As we pray for our Church, we also pray that we may be renewed ourselves. Let us pray that we may know more deeply the love of God for us and the hope he gives, so that others may also encounter him. Are you interested in joining our prayer partners praying for the mission of the archdiocese? Email aec@rcaos.org.uk.

PARISH FINANCE



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website '*JUST GIVING*' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes will be available during this weekend 10/11th April. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If you pay tax and would like to join, please have a word with one of the team, it's simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit/debit card.

COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK ***press the power button***
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD ***for contactless*** or INSERT CARD ***using your pin***
- SELECT RECEIPT ***use arrows to select option required***

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

*FAITH is awakened, FAITH is renewed, FAITH is
strengthened,*

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

giftaid it
Making donations go further

Basic Government Advise on Face Coverings/Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is approx.100 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- A number of benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 30 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

SAFETY

- Physical distancing of 1+ metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest. Offertory processions maybe re-introduced soon.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times. We hope to resume Altar Serving soon on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins/baskets will be at strategic points for the faithful to make their offerings at the end of Mass and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion (“The Body of Christ, R: Amen) is eliminated. Instead, one general announcement (“The Body of Christ”) will be made by the parish priest, and one general response (“Amen”) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand until further notice.

- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email:

morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

