



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 27th June – 13th Sunday of Ordinary Time

5.30pm Vigil – Matthew Kitandwe RIP

9am People of the Parish

11am Emellina Elias RIP

CANCELED - NO MASS at Garth Road Cemetery

Monday 28th June – St Irenaeus, Bishop & Martyr

9.30am Rosary

10am Hugh & Mary Scanlon RIP

Tuesday 29th June – Feast of SS Peter & Paul, Apostles

9.30am Rosary

10.00am Phyllis Donnelly RIP

4.00pm Adoration and Devotions in Honour of SS Peter & Paul

5.30pm Mass – People of the Parish

Wednesday 30th June – First Martyrs of the Church of Rome

9.15am Novena to Our Lady of Perpetual Succour

10.00am Santa & Mariquinha DeSa RIP

12.00pm Funeral - Requiem Mass Steven Duggan RIP

Thursday 1st July – St Oliver Plunkett, Bishop & Martyr

9.30am Rosary

10am Chisimidi & Chimamanda Eze's Intentions

Friday 2nd July – FIRST FRIDAY, Prayer for the Sick

9am Divine Mercy Chaplet

10am Sick & Housebound

Saturday 3rd July - First Holy Communion Day for the Children Masses 11am & 2pm

5.30pm Vigil – Emmanuella Togbolah's Intentions

Sunday 4th July – 14th Sunday of Ordinary Time

9am Elijah Simone RIP

11am People of the Parish



SS Peter & Paul



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

HEAVENLY FATHER

Heavenly Father, you wanted your Son to bear our weaknesses to reveal the value of illness and patient endurance. Hear, then the prayers of our Parish Family, which we offer for our sick brothers and sisters. Give all who suffer pain, illness or disease the grace of realising that your Son has chosen them to be among the ones he called blessed. Make them aware that their sufferings unite them with Christ's passion to redeem the world. We seek your special blessing for all on our Parish Sick List. May we also ask for your blessing for our brothers and sisters in Christ around the world. In these days of the Pandemic affecting India, Bangladesh and so many other nations.

We pray for those who are sick and remember especially:

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Anna Urbni, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Maureen Flaherty, John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena, Anne-Marie Mendonça, John Flanagan, Theresa Mason and Mary Connolly.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the sick Clergy and Religious of the diocese.
And send our BLESSING and assurance of spiritual support to all nations at this difficult and challenging time.

We also have a number of parishioners who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

RISEN LORD

Risen Lord lead us from death to life. Hear our prayers for:

- Steven Duggan RIP (Wednesday 30th June, Requiem Mass 12noon)
- Hedy Connolly RIP (Tuesday 6th July 9.30am Requiem Mass)
- Lena McBride (Tuesday 13th July 11am Requiem Mass)



As we wait in prayer for the day of their funeral here on earth, we know that their Holy Soul has already journeyed into your presence. With their family, their friends, and all the Sons and Daughters of Saint Teresa's parish we praise you that death is not the end but the new beginning, a gateway to heaven, a door on to untold blessings you hold in store for us.

We also commend to you parishioners, family and friends whose anniversaries occur in this holy month of June. May these good Holy Souls and those who have recently been called from life on earth who cried out in prayer to Our Lady of the Rosary to PRAY FOR THEM at the hour of death be honoured to be with her and Saint Joseph, escorted by their Guardian Angel into the Fathers Kingdom.

RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP
Michael Joseph Nihill RIP
Gerald O'Toole RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP &
Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Michael Boland RIP
Fr. Paul Sanders RIP
Fr. Richard Diala RIP
Giovanni Mansini RIP
Joseph Lunn RIP
Norah Mary Williams RIP
Francisco José Carrasco RIP
Eva Sereny RIP



May They Meet The Risen Lord

STEVEN DUGGAN RIP

Our heartfelt condolences go out to the family and friends of Steven. Married just three years ago to his lovely Louise. They lived not far from Saint Teresa's and sat in our midst praying alongside of us on a regular basis. Many know Louise's Mum & Dad, Kathleen and Jim Coyle.

Steven's funeral Mass will take place here on Wednesday 30th June at 12noon. Fr. Kevin Robinson, parish priest at Greenwich, a long-standing family friend, will be presiding at Steven's Requiem Mass and at the Crematorium at 2pm.

Please continue to keep Steven in your prayers and all branches of his family.

May Steven Rest in Peace and Rise in Glory.

SARAH (HEDY) CONNOLLY RIP



On the feast of Corpus Christi blessed by the prayers of the Holy Mother Church Hedy left for Eternal Life to join her parents and the Saints of Heaven. She leaves behind her sister Mary, who we keep in prayer as she journeys with the Cross of Love and Suffering.

Both Hedy and Mary are much-loved parishioners. Both have been faithful servants of the Parish for more than 40 years. The residents of Morton Road will miss Hedy and we are sure looking forward to seeing Mary out of hospital in the days to come.

We thank God for Hedy's life and her witness to her Catholic faith. This daughter of Co. Galway, Ireland, one of four children, cherished her Irish roots and prayed for the land of her birth.

Her niece Bridget McGloin, who lived across the road from her family home, gave her and Mary fantastic support.

God Bless you Hedy.

May you Rest in Peace and Rise in Glory.

LENA MCBRIDE RIP

We send our condolences to the family and friends of Lena McBride who died recently.

Lena has been a parishioner since 1986. Born in Draperstown Co. Derry Northern Ireland she moved to London when she married Joseph in 1954. They went on to have two daughters Sharron and Shirley. Lena was a devout Catholic and although bed ridden for the past three years, she prayed daily with the Rosary always in her hands. Joseph, who died in 1974, had waited 47 years when Lena joined him in eternal rest on Saturday 12th June 2021 aged 92. Her funeral will take place on Tuesday 13th July 2021.



May Lena Rest in Peace and Rise in Glory.



PLEASE NOTE

GARTH ROAD CEMETARY MASS

Owing to rain forecast for this Sunday our **OPEN AIR MASS** has been cancelled. All being well we hope to **celebrate this special mass on the 3rd Sunday of July at 2.30pm. Watch out for further announcements.**

FIRST HOLY COMMUNION DAY

Saturday 3rd July

11:00am and 2:00pm Mass

Saturday 10th July

11:00am and 2:00pm Mass



Please keep the children and catechists in your prayers.

Lord Jesus Christ, bless the children coming forward to receive Holy Communion for the first time.

May this day be the step toward a life-long love of the Eucharist.

Give them a hunger for this sacred food so that they turn to you for comfort, guidance, and wisdom as they grow into full discipleship.

Thank you for their innocence and goodness.

May their hands, extended in anticipation of your body and blood, inspire all of us to cherish this sacred Sacrament. Amen.



As this year's programme comes to an end, we want to thank the Catechist team and all those who have dedicated their time in preparing the children for their First Holy Communion. Thank you!

CONFIRMATION 2021

We thank Bishop Paul for a beautiful Confirmation Mass which took place on the evening of Friday 25th June. Our Congratulations goes to all these young adults who have been waiting since last year to receive this wonderful sacrament and we remember all those who helped prepare the candidates for this special day.

May the Holy Spirit transform them throughout their lives!



MOTHERS PRAYERS – THREE DAYS OF PRAYER

As this has already begun and you would like to participate, simply choose any three days to take part.



Mothers Prayers have the Three Days of Prayer this weekend, so for those of you who like to join in with this prayer initiative you will find below the daily scripture readings and prayer intentions.

Three Days of Prayer Starting Friday 25th June.
Praying for our children and our country

As always please feel free to take part in whatever way is best for you and to use your own preferred scriptures as the Lord leads you.

Day 1 Friday 25 June

The first day is for personal repentance when we ask the Lord to show us what we need to change
Suggested Scripture reflection - [Hebrews 12, 4-7 11](#)

Day 2 Saturday 26 June

On day 2 we “stand in the gap” and pray for all those whose actions in any way affect our children. I.e. through drugs, pornography, gambling, the media, bad teaching, music, etc.....We ask the Lord to forgive them and change their hearts. We pray for all intentions that the Lord puts on our hearts especially for our children and our country
Suggested Scripture Reflection - [Ezekiel 18, 19-22](#)

Day 3 Sunday 27 June

The 3rd day is a day of Rejoicing, thanksgiving and praise
Suggested Scripture Reflection - [Psalm 145 \(144\) 5-9](#)

Praise God for all the blessings that He is giving through Mothers Prayers, through our groups and friendships and all the answers to prayer received at this time. Amen.

SEA SUNDAY 4TH JULY



Next week is Sea Sunday, when the Church prays for all those who live and work at sea. There will be a second collection for Stella Maris (the Apostleship of the Sea), the official maritime welfare agency of the Catholic Church. For an appeal talk from Bishop Paul Mason, and a video showing some of what Stella Maris does, please visit www.stellamaris.org.uk/SeaSunday

To donate and for more information, please visit: www.stellamaris.org.uk/donate or text 'SEA' to 70460 to donate £5. Stella Maris is dependent on voluntary donations, so please give generously. Thank you.

ST. HELIER HOSPITAL – THANK YOU FR. PHILIP

Fr. Philip has been outstanding in his role as chaplain to our local hospital. Please let him know if you or a family member need his pastoral care.

EU SETTLEMENT SCHEME: - **PRIORITY**

Please remember that EU citizens who intend to continue living in the UK need to apply for settlement before 30th June 2021. If you, or anyone you know, is in this situation, you can get help from:

Refugee & Migrant Network Sutton Tel: 07725 549411

Citizens Advise Sutton 020 8405 3552

An interpreter can be arranged if you need one.

ST PHILOMENA'S SCHOOL OPEN EVENING

On Tuesday 6th July 2021 for "Year 5 Students" only by appointment. Please go to the school's website to book a place for the Open Evening. (Some details on the poster in the parish notice board) www.stphils.org.uk

MARRIAGES & FAMILY LIFE IN SOUTHWARK

Dear Husband and Wife, you are invited to give each other a gift by spending July 10 online between 9am and 1pm exploring and improving your relationship. The event, entitled 'Building A Better Marriage', will provide you with valuable insights into your communication skills and the call of the Church to the married. There is no group sharing. This is not marriage counselling but a chance to make average-to-good marriages a bit better – whether you married five years ago or 50. Booking is essential: telephone 07983 524727.



*An invitation to
Building a
better Marriage*

A day in which married couples can privately explore their relationship more deeply and gain valuable insights into their communication and the call of the Church to the married.

Saturday, 10th July 2021

ONLINE
9.00am till 1pm

BOOKING ESSENTIAL
Contact:- Mrs Carole Batty
mflkent@rcaos.org.uk
07983 524 727



Marriage & Family Life Team RC Archdiocese of Southwark



The London Jesuit Centre in central London is looking to appoint:

a **Housekeeper** (permanent, 35-hrs/week, £525/week; responsible for leading a team of cleaners/housekeeping staff) and;

a **Receptionist** (permanent, 6-hrs/day, 2.00-8.00pm, £390/week).

Further information: <https://londonjesuitcentre.org/jobs>

RETREAT IN DAILY LIFE

Dates: RDL8: Sunday 11 - Friday 16 July 2021

Times: The opening session is at 7.00pm on the Sunday. The closing session is at 7.00pm on the Friday. Optional workshops are Monday to Thursday at 7.00pm. Daily one-to-one meetings online with your retreat guide are arranged at a mutually convenient time. (London time)

Level: Open to all

Retreat co-ordinator: Dr Kate Stogdon rc

Invited contribution: £50-£150 (more information)

Venue: Online using the Zoom app

Register: RDL8 July 2021 Registration

The Retreat in Daily Life is an online, individually guided retreat, run over the course of a week.

The Retreat in Daily Life is being repeated from the London Jesuit Centre in September, October, November and December 2020, and in February, April, June and July 2021.

In this time of uncertainty for so many, a spiritual guide can help you find a new path. Would you like to make more time to pray, but aren't sure where to start? Do you want to spend more time with God and reflect on your life's path? Perhaps you would like some time out from a busy, full life for some quieter time? Or have you wondered about going on retreat but not got round to it because life gets in the way? Then the Retreat in Daily Life online is for you.

As the Retreat in Daily Life is individually guided and tailored to the experience of the individual, it is equally suitable for those with some retreat experience and also for beginners with little or no experience of retreat.

The Retreat in Daily Life is a Christian retreat and will use the Christian Scriptures as a basis for prayer and meditation.

The Retreat in Daily Life starts with an introductory meeting on Zoom for all the participants and retreat guides. Prior to this meeting, we will match you up with a retreat guide who will arrange your individual online meeting times for each day, Monday to Friday, at a time that works for you. These sessions usually last 20-30 minutes. You can do the retreat alongside your daily life, but making some time for prayer each day (we suggest finding 30-minutes for prayer each day). The retreat ends with a closing session online for all participants. Each evening (7.00-8.00pm) there

will an optional prayer workshop on different aspects and techniques of prayer and meditation. We also have lots of online resources to help you pray at home.

Our Retreats in Daily Life are very popular and we try to make them available to as many people as possible. Accordingly we limit participation in this particular retreat to once a year.

If you have questions about Retreat in Daily Life, please contact ljc@jesuit.org.uk



**St Teresa's Primary School Admission to Pre-Nursery
for January or April 2022 & Nursery for September 2022**

If you wish to apply for a **Pre-Nursery** place for your child starting **January 2022** (children with dates of birth between 01.09.18 and 31.12.19) **or April 2022** (children with dates of birth between 31.03.19 and 31.08.19) forms will be available from May 2021. These may be obtained from the school office, or downloaded from the school website at www.st-teresas.merton.sch.uk. PARENTS OF CHILDREN IN THIS AGE GROUP CAN STILL APPLY FOR THE SEPTEMBER 2022, IF THEY DO NOT WISH THEIR CHILD TO START NURSERY EARLIER.

Application Forms for a Nursery place starting **September 2022** (children with dates of birth between **01.09.18 and 31.08.19**) will be available from May 2021. These may be obtained from the school office, or downloaded from the school website as follows:
www.st-teresas.merton.sch.uk.

Parents of 3 year olds are automatically entitled to 15 hours funded childcare per week. However, working parents may claim an additional funded 15 hours totalling 30 funded hours per week, if they satisfy the required criteria. Please contact the school, if you require more details.

If you have any questions regarding school admissions, please email: lorraine.isaac@st-teresas.merton.sch.uk who will assist you.

W razie trudności ze zrozumieniem informacji prosimy o skontaktowanie się z szkolnym sekretariatem.
Dziękujemy

**இந்த பாடசாலை விண்ணப்பப் படிவத்தை பூர்த்தி செய்ய
உங்களுக்கு ஏதாவது உதவி தேவைப்படின தயவு செய்து
பாடசாலை அலுவலகத்துடன் தொடர்பு கொள்ளவும்.**

Before and After School Wraparound Care for 3 & 4 year olds

Please note that we also provide wraparound care for 3 year olds. Breakfast club starts at 7.30am and After School Club finishes at 5.45pm. This is particularly helpful for working parents and is run by the school using our own staff, who are already familiar with the children. Please feel free to look up more details on our Website – www.st-teresas.merton.sch.uk.

PARISH FINANCE



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

**PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM
THE CONTACT CORNER**

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

*FAITH is awakened, FAITH is renewed, FAITH is
strengthened,*

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

giftaid it
Making donations go further

Basic Government Advise on Face Coverings Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENSATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is approx.100 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- A number of benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 30 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

SAFETY

- Physical distancing of 1+ metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest. Offertory processions maybe re-introduced soon.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times. We hope to resume Altar Serving soon on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins baskets will be at strategic points for the faithful to make their offerings at the end of Mass and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion (“The Body of Christ, R: Amen) is eliminated. Instead, one general announcement (“The Body of Christ”) will be made by the parish priest, and one general response (“Amen”) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand until further notice.

- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email:
morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

