



# St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: [morden@rcaos.org.uk](mailto:morden@rcaos.org.uk)

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

## The Church is now OPEN

### Mass Times and Intentions-Year B:

#### **Sunday 11<sup>th</sup> July – 15<sup>th</sup> Sunday of Ordinary Time - Sea Sunday**

- 5.30pm Vigil – Beresford O'Reilly RIP
- 9am People of the Parish
- 11am Joseph Maurus Gonsal RIP

#### **Monday 12<sup>th</sup> July – Feast of SS Louis & Zelié Martin**

- 9.30am Rosary
- 10am Holy Souls

#### **Tuesday 13<sup>th</sup> July – Saint Henry**

- 9.30am Adoration & Rosary
- 11am Funeral - Requiem Mass of Lena McBride

#### **Wednesday 14<sup>th</sup> July - Saint Kateri Tekakwitha**

- 9.15am Novena to Our Lady of Perpetual Succour
- 10.00am Rev. Brendan Byrne RIP

#### **Thursday 15<sup>th</sup> July - St Bonaventure, Bishop, Doctor**

- 9.30am Rosary
- 10am Nellie & David Howard RIP

#### **Friday 16<sup>th</sup> July – Our Lady of Mount Carmel**

- 9am Divine Mercy Chaplet
- 10am Theresa Goldband's Intentions

#### **Saturday 17<sup>th</sup> July - Memorial of the Blessed Virgin Mary**

- 5.30pm Vigil – Dale Allison Lawrence RIP

#### **Sunday 18<sup>th</sup> July – 16<sup>th</sup> Sunday of Ordinary Time**

- 9am Gervasia & Minerva Callet
- 11am People of the Parish



*Our Lady of Mount Carmel*

St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

[www.mertoncatholics.org.uk](http://www.mertoncatholics.org.uk)

PLEASE NOTE:

**Saint Teresa's Church is now OPEN to parishioners for morning Mass**

Our Masses are also available online at

<https://www.stcm.org.uk/>

## **GRACIOUS AND LOVING FATHER**

Hear the prayer of your Parish Family for we come to you to plead on behalf of all on our Parish Sick List. At all our Masses in the days to come we think and pray for those who are suffering around the world –

Battling with illness

Wresting with infirmity

Crushed by physical disability

Or enduring long-term physical or emotional pain.

In Unity with Pope Francis we commend to you the Sons & Daughters of all nations who are suffering from the coronavirus.

*We seek your Blessing and Healing touch.*

### **We pray for those who are sick and remember especially:**

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Anna Urbni, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Maureen Flaherty, John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena, Anne-Marie Mendonça, Theresa Mason, Mary Connolly and Moira Macklin.

*Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.*



We continue to remember all the sick Clergy and Religious of the diocese.

And send our BLESSING and assurance of spiritual support to all nations at this difficult and challenging time.

We also have a number of parishioners who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

## RISEN LORD

Through you the door to eternity has been opened, the path to Eternal Life is mapped out for us.

We commend to you Lord of Divine Mercy, family, friends, those whose anniversaries occur around this time of the year, and those who you have recently called from Life on Earth to Life Eternal.

Thank you for opening the door to Heaven for:

- Lena McBride RIP (Tuesday 13<sup>th</sup> July 11am Requiem Mass)
- John Flanagan RIP (TBA)
- Mary Whelan (Thursday 5th August 12.30pm Requiem Mass)
- Geoff Lunn RIP (TBA)
- Deacon John Newman RIP



As we wait in prayer for the day of their funeral here on earth, we know that their Holy Soul has already journeyed into your presence. With their family, their friends, and all the Sons and Daughters of Saint Teresa's parish we praise you that death is not the end but the new beginning, a gateway to heaven, a door on to untold blessings You hold in store for us.

We also commend to you parishioners, family and friends whose anniversaries occur in this month of July. May these good Holy Souls and those who have recently been called from life on earth who cried out in prayer to Our Lady of the Rosary to PRAY FOR THEM at the hour of death be honoured to be with her and Saint Joseph, escorted by their Guardian Angel into the Fathers Kingdom.

## RECENT DEATHS

*Now At Rest And Kept In Prayer*

Avril Jean Costella RIP  
Shirley Johnson RIP  
Dermot Peter Long RIP  
Lourdes Mary Fatima  
Irene Ward RIP  
Sarah Marie Frost RIP  
Veronica Gorrod RIP  
Finbarr Francis Hurley RIP  
Lolito Laydia RIP  
Deacon William Boyd RIP  
Deacon Jim Hayes RIP  
Michael O'Kelly RIP  
Newton Coutinho RIP  
Anna Darby RIP  
Mary Creighan RIP  
Michael Joseph Nihill RIP  
Gerald O'Toole RIP  
Sarah Hedy Connolly RIP

Francis Assisi Mendonça RIP  
Joseph Antony Quintus Rabindran RIP &  
Jayandradevi Rabindran RIP  
Remo Dipre RIP  
Alan Frederick Burridge RIP  
Jonny Purvis RIP  
Ann Donaldson RIP  
Baby Angelika Hobbs RIP  
Fr. Michael Boland RIP  
Fr. Paul Sanders RIP  
Fr. Richard Diala RIP  
Giovanni Mansini RIP  
Joseph Lunn RIP  
Norah Mary Williams RIP  
Francisco José Carrasco RIP  
Eva Sereny RIP  
Steven Duggan RIP



*May They Meet The Risen Lord*

## LENA MCBRIDE RIP

We send our condolences to the family and friends of Lena McBride who died recently.

Lena has been a parishioner since 1986. Born in Draperstown Co. Derry Northern Ireland she moved to London when she married Joseph in 1954. They went on to have two daughters Sharron and Shirley. Lena was a devout Catholic and although bed ridden for the past three years, she prayed daily with the Rosary always in her hands. Joseph, who died in 1974, had waited 47 years when Lena joined him in eternal rest on Saturday 12th June 2021 aged 92. Her funeral will take place on Tuesday 13th July 2021.



*May Lena Rest in Peace and Rise in Glory.*

## GEOFF LUNN RIP

Once again our sympathy goes out to the Lunn family. Geoff, David Lunn's father, passed away in the early hours of Thursday 8<sup>th</sup> July after a time of illness, he was 77 years of age. The prayers of Saint Teresa's parish are with Dave Lunn, his family and friends at this time.

*May Geoff, and his Grandson Joseph, Rest in Peace and Rise in Glory.*

## ST. HELIER HOSPITAL – THANK YOU FR. PHILIP

Fr. Philip has been outstanding in his role as chaplain to our local hospital.

***Please let him know if you or a family member need his pastoral care.***

Email Fr. Philip at philipandpak@yahoo.com, and (most important): Copy the email to the Chaplains Office: chaplains@esth.nhs.uk

## The Story of Our Lady of Mount Carmel

<https://www.franciscanmedia.org/saint-of-the-day/our-lady-of-mount-carmel/>

Hermits lived on Mount Carmel near the Fountain of Elijah in northern Israel in the 12th century. They had a chapel dedicated to Our Lady. By the 13th century they became known as "Brothers of Our Lady of Mount Carmel." They soon celebrated a special Mass and Office in honour of Mary. In 1726, it became a celebration of the universal Church under the title of Our Lady of Mount Carmel. For centuries the Carmelites have seen themselves as specially related to Mary. Their great saints and theologians have promoted devotion to her and often championed the mystery of her Immaculate Conception.



Saint Teresa of Avila called Carmel "the Order of the Virgin." Saint John of the Cross credited Mary with saving him from drowning as a child, leading him to Carmel, and helping him escape from prison. **Saint Thérèse of the Child Jesus believed that Mary cured her from illness. On her First Communion day, Thérèse dedicated her life to Mary. During the last days of her life she frequently spoke of Mary.**

There is a tradition—which may not be historical—that Mary appeared to Saint Simon Stock, a leader of the Carmelites, and gave him a scapular, telling him to promote devotion to it. The scapular is a modified version of Mary's own garment. It symbolizes her special protection and calls the wearers to consecrate themselves to her in a special way. The scapular reminds us of the gospel call to prayer and penance—a call that Mary models in a splendid way.

# **FIRST HOLY COMMUNION DAY**

**Saturday 10th July**  
**11:00am and 2:00pm Mass**



Please keep the children and catechists in your prayers.

Children making their First Communion on Saturday 10th July 2021 at 11:00am Mass	Children making their First Communion on Saturday 10th July 2021 at 2:00pm Mass
Uriel Aduaka Manuela Coelho Oliver Bocianowski Weronika Rybacka Zac Zackiewicz Mya Adeuyan Darron Mugunthan Chinuo Ndu-Anike Gabriela Szambowska Isabel Potter Julia Tyton Joseph Sylva Patryk Pietruszka Zara Litwiniuk Ashton Devarajan Aiden Badamasi Millicent Hyde	Amelia Ostrowska William Dawkins Jezel Amankw-Sakyi Jessiah Amankw-Sakyi Gaetano Seminara Adam Boukhalfa Bennai Wade Riley Abesamis Miguel Retuta Anna Magdael Madeleine Yogaratnam Emily Mencfeld Olivier Bakula Jennifer Jaramillo Patrick Englefield Elroy Mudzingwa Nicole Maj-Folta Kai Fattakhov

*Lord Jesus Christ, bless the children coming forward to receive Holy Communion  
for the first time.*

*May this day be the step toward a life-long love of the Eucharist.*

*Give them a hunger for this sacred food so that they turn to you for comfort, guidance, and  
wisdom as they grow into full discipleship.*

*Thank you for their innocence and goodness.*

*May their hands, extended in anticipation of your body and blood, inspire all of us to cherish this  
sacred Sacrament. Amen.*



As this year's programme comes to an end, we want to thank the Catechist team and all those who have dedicated their time in preparing the children for their First Holy Communion. Thank you!



## ST PHILOMENA'S SCHOOL OPEN EVENING - UPDATE! CHANGE OF DATE



St Philomena's  
Catholic High School for Girls

### OPEN EVENING Tuesday 14th September 2021

for Year 6 Students from September 2021 (TSS 2022) by appointment



Please note that due to Covid-19 regulations we are **only allowing one Parent and one Year 6 Student per family to attend.** It is imperative that this happens due to Health and Safety.

**St Philomena's is a hugely successful, Catholic, non-selective, comprehensive girls' school for students aged 11-18 years.**

- One hour time slots are available to book below **ONLINE only** at: 3.30pm, 4.30pm, 5.30pm and 6.30pm session.
- Please arrive 10 minutes prior to your session.
- Please note that access to the school is via the Shorts Road entrance only. Parking is available on site.
- The session will consist of a short tour and a final address by the Headteacher, Ms Noone.
- You will be directed to the meeting point upon arrival and the tour will commence promptly ending with the Headteacher's address.

**Please use the link below to book a place for the Open Evening.**

<http://www.stphils.org.uk/news-stories/795-open-evening-for-prospective-year-7-entrants-2022>

## SEA SUNDAY 11<sup>TH</sup> JULY



Stella Maris is the maritime agency of the Catholic Church. Its teams of chaplains and ship visitors in ports in the UK and around the world provide practical help and pastoral care to seafarers and fishers.

In this pack you will find resources to help your parish celebrate Sea Sunday this year including:

Gospel Meditation | Prayers of Intercession | Newsletter

text | Appeal Talk | Parish Checklist

Thank you for your support.



**THIS** week is Sea Sunday, when the Church prays for all those who live and work at sea. Stella Maris (the Apostleship of the Sea), is the official maritime welfare agency of the Catholic Church. For an appeal talk from Bishop Paul Mason, and a video showing some of what Stella Maris does, please visit

[www.stellamaris.org.uk/SeaSunday](http://www.stellamaris.org.uk/SeaSunday)

To donate and for more information, please visit:

[www.stellamaris.org.uk/donate](http://www.stellamaris.org.uk/donate) or text 'SEA' to 70460 to donate £5. Stella Maris is dependent on voluntary donations, so please give generously. Thank you.

### Prayer inspired by the Message for Sea Sunday (11 July 2021) of the Dicastery for Promoting Integral Human Development

O God the Father, who call man and woman to cooperate with their labour in the work of your creation, we thank you for the tireless dedication of the people of the sea, who in this period never stopped transporting from one port to another essential medical equipment and medicines to support the fight against the spread of the virus.

Grant them strength in moments of weakness, unity in diversity, a safe and smooth sailing and, once the contract is over, happiness to be reunited with their loved ones.

Our Lord Jesus Christ, with Your grace, encourage the maritime industry to facilitate crew changes, vaccinations and strengthen the implementation of international standards to enhance and protect the human and working rights of the people of the sea.

Free us from the scourge of piracy and the tragic consequences of the abandonment of seafarers.

Holy Spirit, hovering over all the waters of the world, awakens in the chaplains and volunteers of Stella Maris the appeal of the splendour of the faith, so that they always witness it with the consistency of life, revealing the caring face of the Church which welcomes and is close to the people of the sea, responding without hesitation to their spiritual and material needs.

O Blessed Virgin Mary, Star of the Sea, we entrust to you the wellbeing of the people of the sea and pray that you continue to protect us all from all dangers, especially from COVID-19.

Assist us with Your maternal blessing, while we are sailing to the port of all our hopes.

Accompany those who are no longer with us into the house of Heavenly Father and give comfort to grieving relatives and friends. Amen!



## World Day for Grandparents and the Elderly 2021

The inaugural World Day for Grandparents and the Elderly falls on Sunday 25 July 2021. Pope Francis has given it the theme "I am with you always" from the Gospel of Matthew (Mt 28: 30).

### *Sunday, 25 July 2021*

Pope Francis has instituted a World Day for Grandparents and the Elderly. Identifying with the more senior members of our society, he says "The whole Church is close to you – to us – and cares about you, loves you and does not want to leave you alone!"

Here you can read the full [message from the Holy Father](#) as well as a filmed [reflection from President of the Bishops' Conference, Cardinal Vincent Nichols](#). You can also [use our prayers](#) and links to help you celebrate the day.

As the Pope says, we should cherish the elderly and recognise that there's no retirement age from the work of proclaiming the Gospel and handing down traditions to grandchildren.

<https://www.cbcew.org.uk/world-day-grandparents-elderly-2021/>



## ARE YOU THINKING ABOUT JOINING THE CATHOLIC CHURCH?

We wish to help you and support your journey of faith. The Catholic Church is the Church founded by Christ Himself and the one true Church. We have much to offer.

We hope to start a special course in early autumn – it's called **RCIA**. If you are interested please let us know, email us on [morden@rcaos.org.uk](mailto:morden@rcaos.org.uk) and we will get back to you.

## ORDINATIONS THIS WEEKEND TO THE SACRED PRIESTHOOD

We welcome two newly ordained priests to serve the Lord in the Vineyard of Southwark – **Rev. David Hunter** (he spent a short time with us back in 2019 on pastoral placement) and **Rev. Matthew Donnelly**. Please keep David and Matthew in your prayers – May their ministry be richly blessed and bear great fruit.

St Teresa, as we approach the feast of your blessed parents, Louis and Zelié Martin on **Monday 12<sup>th</sup> July**, intercede for all those being ordained over the coming months to become priests and deacons.

*St Teresa, St Luis and St Zelié - pray for us.*

## ARE YOU CONSIDERING GETTING MARRIED?

Please be aware of the following change in the law which takes effect from 1<sup>ST</sup> July 2021!

Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens **who wish to marry in England and Wales** as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
- An Irish Citizen
- An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021.



Currently couples who are subject to immigration control must make an appointment at one of 75 Designated Register Offices within England and Wales to give notice to marry. **From the 1 July 2021, all register offices will be designated for the purposes of taking a marriage for these couples.**

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.



**St Teresa's Primary School Admission to Pre-Nursery  
for January or April 2022 & Nursery for September 2022**

If you wish to apply for a **Pre-Nursery** place for your child starting **January 2022** (children with dates of birth between 01.09.18 and 31.12.19) **or April 2022** (children with dates of birth between 31.03.19 and 31.08.19) forms will be available from May 2021. These may be obtained from the school office, or downloaded from the school website at [www.st-teresas.merton.sch.uk](http://www.st-teresas.merton.sch.uk). PARENTS OF CHILDREN IN THIS AGE GROUP CAN STILL APPLY FOR THE SEPTEMBER 2022, IF THEY DO NOT WISH THEIR CHILD TO START NURSERY EARLIER.

Application Forms for a Nursery place starting **September 2022** (children with dates of birth between **01.09.18 and 31.08.19**) will be available from May 2021. These may be obtained from the school office, or downloaded from the school website as follows: [www.st-teresas.merton.sch.uk](http://www.st-teresas.merton.sch.uk).

Parents of 3 year olds are automatically entitled to 15 hours funded childcare per week. However, working parents may claim an additional funded 15 hours totalling 30 funded hours per week, if they satisfy the required criteria. Please contact the school, if you require more details.

If you have any questions regarding school admissions, please email: [lorraine.isaac@st-teresas.merton.sch.uk](mailto:lorraine.isaac@st-teresas.merton.sch.uk) who will assist you.

W razie trudności ze zrozumieniem informacji prosimy o skontaktowanie się z szkolnym sekretariatem. Dziękujemy

**இந்த பாடசாலை விண்ணப்பப் படிவத்தை பூர்த்தி செய்ய  
உங்களுக்கு ஏதாவது உதவி தேவைப்பட்டின் தயவு செய்து  
பாடசாலை அலுவலகத்துடன் தொடர்பு கொள்ளவும்.**

**Before and After School Wraparound Care for 3 & 4 year olds**

Please note that we also provide wraparound care for 3 year olds. Breakfast club starts at 7.30am and After School Club finishes at 5.45pm. This is particularly helpful for working parents and is run by the school using our own staff, who are already familiar with the children. Please feel free to look up more details on our Website – [www.st-teresas.merton.sch.uk](http://www.st-teresas.merton.sch.uk).

## PARISH FINANCE



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

## GIFT AID NOTICE

**PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER**

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details **Do You Gift Aid?**

## CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

## COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



## CANDLES

### SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE  
**e.g. 5 0 0 is £5.00, press the green tick button**
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

## QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



# *Saint Teresa's*

*LIFE is remembered*

*LOVE is deepened, HOPE is rekindled,*

*FAITH is awakened, FAITH is renewed, FAITH is strengthened,*

*Where BLESSINGS from Heaven await you.*

*Where the LORD OF DIVINE MERCY forgives you.*

*Where the Mother of God prays for you.*

*Where Saint Teresa intercedes for you.*

*Where Saint Joseph seeks to help you.*

*Where the Parish Family pray for you.*

**WELCOME - WELCOME - WELCOME**



\*\*\*\*\*

## **Please Be Aware.**

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

## **Sunday Collections and Donations**

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to

contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

### **Do You Gift Aid?**

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



### **Basic Government Advise on Face Coverings Masks at Mass**

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

### **Mass at St. Teresa's**

### **St. Teresa's Parish General Protocols**

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are

encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.

- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is approx.100 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- A number of benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 30 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

## **SAFETY**

- Physical distancing of 1+ metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.



- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

## **HOLY MASS**

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- No singing of hymns at this time. SORRY!
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest. Offertory processions maybe re-introduced soon.
- There will be only one lector and one reading.
- No Altar Servers so as to minimise the risk of exposure and to properly maintain physical distancing at all times. We hope to resume Altar Serving soon on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, bins baskets will be at strategic points for the faithful to make their offerings at the end of Mass and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

## **Regarding the Distribution of Holy Communion:**

- The individual attestation at the distribution of Holy Communion ("The Body of Christ, R: Amen) is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand until further notice.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email:

[morden@rcaos.org.uk](mailto:morden@rcaos.org.uk) or call our parish number: 020 8648 4113

## **PERFECT CONTRITION AND SPIRITUAL COMMUNION**

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

### **How to make an Act of Perfect Contrition**

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

### **How to make a Spiritual Communion**

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.

4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



## Prayer for Spiritual Communion

My Jesus,  
I believe that You  
are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive  
You into my soul.  
Since I cannot at this  
moment receive You  
sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were  
already there and unite  
myself wholly to You.  
Never permit me to be  
separated from You.

Amen.

