



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 18th July – 16th Sunday of Ordinary Time

- 5.30pm Vigil – Dale Allison Lawrence RIP
- 9am Gervasia & Minerva Callet
- 11am People of the Parish
- 2pm Graveside Mass at Garth Road Cemetery

Monday 19th July – Votive of the Precious Blood of Jesus

- 9.30am Rosary
- 10am John O'Sullivan RIP

Tuesday 20th July – Votive of the Holy Spirit

- 9.30am Rosary
- 10.00am Terry & Ann Scanlon's Intentions

Wednesday 21st July – Votive of the Holy Souls

- 9.15am Novena to Our Lady of Perpetual Succour
- 10.00am All who died from the Covid-19 Pandemic

Thursday 22nd July – Feast of St. Mary Magdalene

- 9.30am Rosary
- 10am Conrad Myers RIP

Friday 23rd July – Feast of St. Bridget of Sweden, Patron of Europe

- 9am Divine Mercy Chaplet
- 10am Michael O'Connor RIP

Saturday 24th July

- 5.30pm Vigil – Michael Paice RIP

Sunday 25th July – 17th Sunday of Ordinary Time

World Day for Grandparents and the Elderly

- 9am People of the Parish
- 11am Eva Sereny RIP



Saint Mary Magdalene

St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

GRACIOUS AND LOVING FATHER

Hear the prayer of your Parish Family for we come to you to plead on behalf of all on our Parish Sick List. At all our Masses in the days to come we think and pray for those who are suffering around the world –

Battling with illness

Wresting with infirmity

Crushed by physical disability

Or enduring long-term physical or emotional pain.

In Unity with Pope Francis we commend to you the Sons & Daughters of all nations who are suffering from the coronavirus.

We seek your Blessing and Healing touch.

We pray for those who are sick and remember especially:

Maureen Smith, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Valerie Somerset, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Anna Urbni, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Maureen Flaherty, John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena, Anne-Marie Mendonça, Theresa Mason, Mary Connolly, Moira Macklin and Pope Francis.

Please let us know if you or a family member would like to be added to our Parish Sick Prayer List.



We continue to remember all the Sick Clergy and Religious of the diocese.

And send our BLESSING and assurance of spiritual support to all nations at this difficult and challenging time.

We also have a number of parishioners who have recently been diagnosed with cancer, we are keeping them in prayer – please keep them in yours.

RISEN LORD

Through you the door to eternity has been opened, the path to Eternal Life is mapped out for us.

We commend to you Lord of Divine Mercy, family, friends, those whose anniversaries occur around this time of the year, and those who you have recently called from Life on Earth to Life Eternal.

Thank you for opening the door to Heaven for:

- John Flanagan RIP
- Mary Whelan RIP (Thursday 5th August 12.15pm Requiem Mass)
- Geoff Lunn RIP
- Deacon John Newman RIP
- Sotelo Cabrera RIP (who died in the Philippines)
- Giovanni Corsini



As we wait in prayer for the day of their funeral here on earth, we know that their Holy Soul has already journeyed into your presence. With their family, their friends, and all the Sons and Daughters of Saint Teresa's parish we praise you that death is not the end but the new beginning, a gateway to heaven, a door on to untold blessings You hold in store for us.

We also commend to you parishioners, family and friends whose anniversaries occur in this month of July. May these good Holy Souls and those who have recently been called from life on earth who cried out in prayer to Our Lady of the Rosary to PRAY FOR THEM at the hour of death be honoured to be with her and Saint Joseph, escorted by their Guardian Angel into the Fathers Kingdom.

RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP
Michael Joseph Nihill RIP
Gerald O'Toole RIP
Sarah Hedy Connolly RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP &
Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burrridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Michael Boland RIP
Fr. Paul Sanders RIP
Fr. Richard Diala RIP
Giovanni Mansini RIP
Joseph Lunn RIP
Norah Mary Williams RIP
Francisco José Carrasco RIP
Eva Sereny RIP
Steven Duggan RIP
Lena McBride RIP



May They Meet The Risen Lord

GEOFF LUNN RIP

Once again our sympathy goes out to the Lunn family. Geoff, David Lunn's father, passed away in the early hours of Thursday 8th July after a time of illness, he was 77 years of age. The prayers of Saint Teresa's parish are with Dave Lunn, his family and friends at this time.

May Geoff, and his Grandson Joseph, Rest in Peace and Rise in Glory.

MARY WHELAN RIP

Mary was born in the Nire Valley in Co. Waterford, Ireland. She married William Whelan and they had four children. Sadly she lost her husband William in 1981, her son-in-law Tim Madigan in 1996, and her son Davie more recently in 2015. Family meant everything to her, and she was very proud of her children, her six grandchildren and her 11 great grandchildren. She is a huge loss to her family, but we have to be grateful that she lived to be a great age, had a good life and died peacefully.

May Mary Rest in Peace and Rise in Glory.

GIOVANNI CORSINI RIP

Giovanni passed away on Monday the 5th July 2021 at the age of 90 years old, he was a brother and uncle to a large family. The Corsini family originally orientated from a small town in North Italy called Bratto, he worked within the family business in central London which had been established since the 1920. Giovanni was a very religious man, a wise man who had so much knowledge he was a sponge capturing everything around him. He was a quiet man but always kind and considerate also thoughtful. We will all miss his beautiful smile. – *Lorraine Corsini, Niece*



May Giovanni Rest in Peace and Rise in Glory.

ST. HELIER HOSPITAL – THANK YOU FR. PHILIP

Fr. Philip has been outstanding in his role as chaplain to our local hospital.

Please let him know if you or a family member need his pastoral care.

Email Fr. Philip at philipandpak@yahoo.com, and (most important): Copy the email to the Chaplains Office: chaplains@esth.nhs.uk

COVID-19 UPDATE

We have received in these past days updated guidelines from the Bishop's Conference. A letter from them follows:



CATHOLIC BISHOPS' CONFERENCE OF ENGLAND AND WALES

Statement from the Catholic Bishops of England Sunday – it is our Day¹ On 19th July, the current legislative powers which assist the mitigations against the covid-19 virus transmission will be rescinded by HM Government. Nevertheless, there will be an encouragement to personal and corporate responsibility in this area; as the Prime Minister said in his most recent statement “The pandemic is not over.” Even without this legislation in place, the Church in England and Wales will be adopting a cautious approach to capacity and activity within our buildings, especially at corporate acts of worship.

We are mindful of the certain fact that the Covid-19 virus is still circulating in society. Vaccines provide genuine protection against the worst effects of the virus, yet we recognise the legitimate fear on the part of some who otherwise desire to gather for Holy Mass. It is our continuing judgement, therefore, that it is not possible at the present time for all of the faithful to attend Mass on a Sunday thus fulfilling their duty to God.

It is hoped that it will be possible for all Catholics in England and Wales to fulfil this most important Church precept, that of the Sunday Obligation, by the First Sunday in Advent 2021. In the meantime, all Catholics are asked to do their best to participate in the celebration of the weekly Sunday Mass and to reflect deeply on the centrality of Sunday worship in the life of the Church.

In April, following our Plenary Assembly, we offered a reflection on the experience of the extraordinary long months of the pandemic. It was titled *The Day of the Lord*. We also began to look at the way forward. We spoke about the important invitation to restore the Sunday Mass to its rightful centrality in our lives. We asked for a rekindling in our hearts of a yearning for the Real Presence of the Lord in the Eucharist, as our response to the total, sacrificial love that Jesus has for us. We said: “The Eucharist should be the cause of our deepest joy, our highest manner of offering thanks to God and for seeking his mercy and love. We need to make it the foundation stone of our lives.”

May this continue to be our striving during these coming months as we journey back to the full celebration of our Sunday Mass and our renewed observance of *The Day of the Lord*.

¹ St Jerome, *In Die Dominica Paschae II*

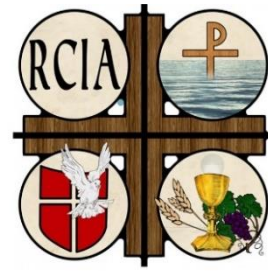
Our priority is your safety. For the next number of weeks we will be following the guidelines of the Bishop's Conference to continue protecting parishioners:-

- We will be considering the local conditions of the virus and rates of vaccinations in the area.
- We will continue to provide hand sanitiser to be used at the entrance and exit of church.
- Face coverings **should** be worn by those in church.
- Cleaning will continue, especially of common areas.
- For the time being, social distancing will remain with a gradual opening of benches over the coming weeks.
- Windows will be opened to allow for ventilation of the church.
- Music and singing will be phased in gently, with face coverings being worn by the congregation.
- Track and trace will continue, so please do sign in each time you arrive at church as there may not be a steward to do this for you.
- Communion can only be received in the hand, for the time being.

ARE YOU THINKING ABOUT JOINING THE CATHOLIC CHURCH?

We wish to help you and support your journey of faith. The Catholic Church is the Church founded by Christ Himself and the one true Church. We have much to offer.

We hope to start a special course in early autumn – it's called **RCIA**. If you are interested please let us know, email us on morden@rcaos.org.uk and we will get back to you.



**Rite of Christian Initiation
for Adults**

GRAVESIDE MASS - SUNDAY 18TH JULY, GARTH ROAD

A Requiem Mass will be celebrated in the Catholic area of Garth Road Cemetery. The Mass will take place at 2.00pm, weather permitting, and Canon Michael is happy to bless the graves of any of your loved ones who may be at rest there.

A very warm day is forecast – so please be extra careful!



Lord, hear our prayers and be merciful to your children whom you have called from this life. Welcome them into the company of your saints, in the kingdom of light and peace.

Give them eternal rest, O Lord. And may your light shine on them forever.

May they rest in peace.

May their soul and all the souls of the faithful departed through the mercy of God rest in peace. Amen.

FIRST HOLY COMMUNIONS

Congratulations to all our young children who have made their First Holy Communion over the past couple of weeks. Thank you to the parents who have given their support and encouragement to each child as they receive this precious sacrament.

And A BIG THANK YOU to our Parish First Holy Communion catechist team and all those who have dedicated their time in preparing the children for their First Holy Communion. Thank you!



World Day for Grandparents and the Elderly 2021

The inaugural World Day for Grandparents and the Elderly falls on Sunday 25 July 2021. Pope Francis has given it the theme “I am with you always” from the Gospel of Matthew (Mt 28: 30).

Sunday, 25 July 2021

Pope Francis has instituted a World Day for Grandparents and the Elderly. Identifying with the more senior members of our society, he says “The whole Church is close to you – to us – and cares about you, loves you and does not want to leave you alone!”

Here you can read the full [message from the Holy Father](#) as well as a filmed [reflection from President of the Bishops’ Conference, Cardinal Vincent Nichols](#). You can also [use our prayers](#) and links to help you celebrate the day.

As the Pope says, we should cherish the elderly and recognise that there’s no retirement age from the work of proclaiming the Gospel and handing down traditions to grandchildren.

<https://www.cbcew.org.uk/world-day-grandparents-elderly-2021/>



ST PHILOMENA'S SCHOOL OPEN EVENING - UPDATE! CHANGE OF DATE



St Philomena's
Catholic High School for Girls

OPEN EVENING Tuesday 14th September 2021

for Year 6 Students from September 2021 (TSS 2022) by appointment



Please note that due to Covid-19 regulations we are **only allowing one Parent and one Year 6 Student per family to attend.**
It is imperative that this happens due to Health and Safety.

St Philomena's is a hugely successful, Catholic, non-selective, comprehensive girls' school for students aged 11-18 years.

- One hour time slots are available to book below **ONLINE only** at: 3.30pm, 4.30pm, 5.30pm and 6.30pm session.
- Please arrive 10 minutes prior to your session.
- Please note that access to the school is via the Shorts Road entrance only. Parking is available on site.
- The session will consist of a short tour and a final address by the Headteacher, Ms Noone.
- You will be directed to the meeting point upon arrival and the tour will commence promptly ending with the Headteacher address.

Please use the link below to book a place for the Open Evening.

<http://www.stphils.org.uk/news-stories/795-open-evening-for-prospective-year-7-entrants-2022>

ARE YOU CONSIDERING GETTING MARRIED?

Please be aware of the following change in the law which takes effect from 1ST July 2021!

Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens **who wish to marry in England and Wales** as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
- An Irish Citizen
- An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021.

Currently couples who are subject to immigration control must make an appointment at one of 75

Designated Register Offices within England and Wales to give notice to marry. **From the 1 July 2021, all register offices will be designated for the purposes of taking a marriage for these couples.**

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.



**St Teresa's Primary School Admission to Pre-Nursery
for January or April 2022 & Nursery for September 2022**

If you wish to apply for a **Pre-Nursery** place for your child starting **January 2022** (children with dates of birth between 01.09.18 and 31.12.19) **or April 2022** (children with dates of birth between 31.03.19 and 31.08.19) forms will be available from May 2021. These may be obtained from the school office, or downloaded from the school website at www.st-teresas.merton.sch.uk. PARENTS OF CHILDREN IN THIS AGE GROUP CAN STILL APPLY FOR THE SEPTEMBER 2022, IF THEY DO NOT WISH THEIR CHILD TO START NURSERY EARLIER.

Application Forms for a Nursery place starting **September 2022** (children with dates of birth between **01.09.18 and 31.08.19**) will be available from May 2021. These may be obtained from the school office, or downloaded from the school website as follows: www.st-teresas.merton.sch.uk.

Parents of 3 year olds are automatically entitled to 15 hours funded childcare per week. However, working parents may claim an additional funded 15 hours totalling 30 funded hours per week, if they satisfy the required criteria. Please contact the school, if you require more details.

If you have any questions regarding school admissions, please email: lorraine.isaac@st-teresas.merton.sch.uk who will assist you.

W razie trudności ze zrozumieniem informacji prosimy o skontaktowanie się z szkolnym sekretariatem.
Dziękujemy

**இந்த பாடசாலை விண்ணப்பப் படிவத்தை பூர்த்தி செய்ய
உங்களுக்கு ஏதாவது உதவி தேவைப்படின் தயவு செய்து
பாடசாலை அலுவலகத்துடன் தொடர்பு கொள்ளவும்.**

Before and After School Wraparound Care for 3 & 4 year olds

Please note that we also provide wraparound care for 3 year olds. Breakfast club starts at 7.30am and After School Club finishes at 5.45pm. This is particularly helpful for working parents and is run by the school using our own staff, who are already familiar with the children. Please feel free to look up more details on our Website – www.st-teresas.merton.sch.uk.



St Philomena's

Catholic High School for Girls



"St Philomena's is an exceptional school."
OFSTED March 2008

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OFSTED March 2008

"St Philomena's High School for Girls is an outstanding Catholic school. It achieves both academic excellence and outstanding personal and spiritual development for all pupils.

Pupils take full advantage of the opportunities offered to them at St Philomena's and are happy to contribute to all aspects of school life."
Section 48 Inspection

The school has 1,450 students with 276 in the Sixth Form.

Headteacher
Ms M Noone

St Philomena's is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. This role requires an enhanced Disclosure and Barring Service check

Chaplaincy Apprentice

September 2021

Do you want to work and train in one of the top 100 schools in England, equipping students for success in both further study and future employment?

Salary: London Living Wage (£10.85 per hour).

- 36 hours per week, Term time plus five Inset days
- Monday & Friday 8.00am – 4.30pm;
- Tuesday, Wednesday & Thursday 8.0am – 4.00pm;

We are looking to recruit a Chaplaincy Apprentice to work closely with staff and students and be responsible for supporting existing chaplaincy provision. The Apprentice will have a link mentor/line manager and will not be expected to work independently or in isolation. The successful candidate may take on individual responsibilities as their training develops, but this will be mutually agreed by their Line Manager.

This role is designed to give the successful candidate grounding and formation in Lay Chaplaincy. Alongside existing chaplaincy provision, the Apprentice will be responsible for serving the St Philomena's community of which you will be a key part. The successful candidate will undertake training with an accredited provider for 20% of their working time alongside support, formation and on-the-job training from the school and Archdiocese of Southwark.

You will be based at one site, St Philomena's Catholic High School in Carshalton.

You will undertake a course of academic instruction in partnership with St Mary's University Twickenham alongside your work - with an external end point assessment. Successful completion of this qualification will result in a Certificate of Higher Education as a Children Young People and Families Practitioner. Time will be allocated to attend lectures and to complete work towards this qualification.

This is an excellent opportunity to be part of an outstanding school and make a major contribution to the school's continued success.

Further details and an application form are available by contacting the school, or can be downloaded from our school website.

This is a reserved post which means that applicants must be practising Catholics. All staff are required to be supportive of the Catholic ethos and we have a full time Chaplain that can help support individuals within their role.

Address: Pound Street, Carshalton, Surrey SM5 3PS
Tel: 020 8642 2025 ext 202
Fax: 020 8643 7925
Email: recruitment@stphils.org.uk
Website: www.stphils.org.uk

Interviews: Applications will be reviewed upon receipt. We reserve the right to close the position once a suitable applicant is appointed. We thank all applicants for their interest, however, only those candidates selected for interviews will be contacted



"What Makes Great Catholic Schools"

Chaplaincy Apprentice

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You will be on site at St Philomena's Catholic High School in Carshalton and Ursuline High School in Wimbledon.

You will undertake a course of academic instruction in partnership with St Mary's University Twickenham alongside your work - with an external end point assessment. Successful completion of this qualification will result in a Certificate of Higher Education as a Children Young People and Families Practitioner. Time will be allocated to attend lectures and to complete work towards this qualification.

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Email: recruitment@stphils.org.uk

Websites: www.stphils.org.uk and www.ursulinehigh.merton.sch.uk

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PARISH FINANCE

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.



Tithes and offerings

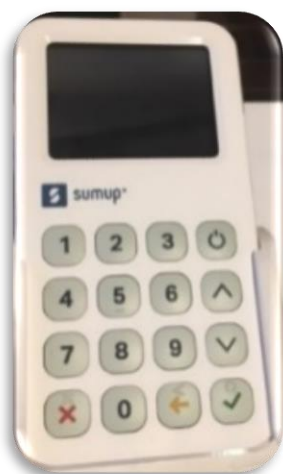
Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, is approximately £2,400 a week. If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

giftaid it
Making donations go further



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

**PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE
CONTACT CORNER**

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

COLLECTIN

Collectin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK ***press the power button***
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD ***for contactless*** or INSERT CARD ***using your pin***
- SELECT RECEIPT ***use arrows to select option required***

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

*FAITH is awakened, FAITH is renewed, FAITH is
strengthened,*

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Basic Government Advise on Face Coverings Masks at Mass

Face coverings are mandatory now in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- **Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.**
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is approx.100 to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- Please watch out for signage. Separate points of entry and exit will be clearly designated.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- A number of benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.

- It is O.K. to wear disposable gloves. Those cleaning or altar cloths, replenishing candles or handling the parish collection should wear disposable gloves.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 30 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be signposted and indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

SAFETY

- Physical distancing of 1+ metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please do not move or swap seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- Singing of hymns will be introduced gradually.
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest. Offertory processions maybe re-introduced soon.
- Altar Serving will continue on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.

- No collection is taken up during the Mass. Instead, collection boxes will be at strategic points for the faithful to make their offerings at the end of Mass and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no shaking of hands at the Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion ("The Body of Christ, Response: Amen") is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received in the hand until further notice.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, we ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*


1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*

2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



**Prayer for
Spiritual Communion**

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

