



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN



Mass Times and Intentions-Year B:

Sunday 22nd August – 21st Sunday in Ordinary Time

- 5.30pm Vigil – Finbarr Hurley RIP
- 9am People of the Parish
- 11am Nicole & Clency Rosa RIP

Monday 23rd August – Votive of St. Teresa

- 9.30am Rosary
- 10am Fr. Joe Gill RIP (Anniv.)

Tuesday 24th August – St. Bartholomew, Apostle

- 9.30am Rosary
- 10am Conrad Myers RIP

Wednesday 25th August – Votive of St. Frances of Assisi

- 9.15am Novena to Our Lady of Perpetual Succour
- 10.00am Fr. Roshy's Intentions
- 3.20pm Funeral Anna-Maria Fantocchi, N.E. Surrey Crematorium

Fr. Joseph Gill RIP

23.8.2004

Thursday 26th August – Votive of Padre Pio

- 9.30am Rosary
- 10am Joseph Lunn RIP

Friday 27th August – St. Monica

- 9am Divine Mercy Chaplet
- 10am Sick, Housebound & those around the world suffering from COVID.

Saturday 28th August – St. Augustine, Bishop, Doctor

- 5.30pm Vigil – People of the Parish

Sunday 29th August – 22nd Sunday in Ordinary Time

- 9am Steven Duggan RIP
- 11am Joojo Mills and the Mills Family Intentions



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

DEAR LORD, DEAR SAINT TERESA AND DEAR SAINTS OF HEAVEN

We seek Heaven's help for all who carry the Cross of Suffering.

In our petition to you we pray for all those who have lost their health, a gift so precious, worth more than untold wealth. We think of those who suffer, of those oppressed by fear, of those who each day struggle, and those who shed a tear.

We pray for those with cancer, their future uncertain, those in the throes of treatment or waiting to begin; those facing operations, those on long term medication. We pray for those disabled in body or mind. Those coping with dementia, those wrestling with depression. Our parish prays for all nations around the world ravaged by disease; the deadly epidemics that many face.

Encircle the dying, hear our prayer for their Soul. Hear our prayer for their family. Hear our prayer for all who care for the sick and the dying.

May they receive your blessing and that of Our Lady of Good Health!

We pray for those who are Sick and Housebound remembering especially:



Anne-Marie Mendonça, Theresa Mason, Moira Macklin, Maureen Smith, Maureen Flaherty, John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Valerie Somerset, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen and Jane Turner, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Anna Urbni, Tony London, Kevin McKeon, Vincent Moyle, John Antao and Pope Francis.

Remember Lord, all those who are sick in hospital, hospices and care homes.

If you wish to be prayed for on our Parish Sick List, please let us have your name.

Every First Friday we offer and remember you in Holy Mass. We also keep you in our daily prayer, our times of Adoration, Novena's and the Holy Rosary.

Please continue to remember the Sick Clergy of the diocese and send out your blessing in prayer to all the Nations of the World, as they do their best to combat the pandemic and natural disasters.

MAY THEY REST IN PEACE AND RISE IN GLORY

- Kevin Mattimoe RIP (TBC)
- Anna-Maria Fantocchi RIP (Wednesday 25th August)
- Sarah Frost RIP (Interment of Ashes Thursday 2nd September)
- Michael Bourke RIP (Monday 6th September)
- Giovanni Corsini RIP (Thursday 9th September)



RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP
Michael Joseph Nihill RIP
Gerald O'Toole RIP
Sarah Hedy Connolly RIP
Sotelo Cabrera RIP
Noel Ryan, RIP
Michael Scott RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP
Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Michael Boland RIP
Fr. Paul Sanders RIP
Fr. Richard Diala RIP
Giovanni Mansini RIP
Joseph Lunn RIP
Norah Mary Williams RIP
Francisco José Carrasco RIP
Eva Sereny RIP
Steven Duggan RIP
Lena McBride RIP
Mary Whelan RIP
Mary Connolly RIP



May They Meet The Risen Lord

Remind us Dear Lord, of the great company of your people who have been called before us, famed or forgotten, celebrated or overlooked, all who have run their race and kept the faith, walking the way of Christ to their journeys end. Hear our parish and family prayer for them. Hear our prayer for those whose anniversary occurs in this month of August. Please hear our prayers for all at rest in our local cemeteries.

Help us to learn from them, to be faithful servants of the Gospel and one day citizens of Heaven.

ARE YOU THINKING ABOUT JOINING THE CATHOLIC CHURCH?

We wish to help you and support your journey of faith. The Catholic Church is the Church founded by Christ Himself and the one true Church. We have much to offer. We hope to start a special course in early autumn – it's called **RCIA**. If you are interested please let us know, email us on morden@rcaos.org.uk and we will get back to you.



BAPTISM MEETING

SATURDAY 11TH SEPTEMBER

11am

For all those parents or guardians who are waiting to receive the holy sacrament of Baptism for their child, we are looking to hold a meeting next month. At this time, we are advised that the baptisms which take place in our churches should be for single families. Some rules and regulations are still in place which we must try and adhere to. We invite parents to a meeting on **Saturday 11th September at 11am** in the Parish Church. We will offer weekday baptisms and this meeting will also include an explanation of the Sacrament of Baptism. We will also keep you up to date on any new guidelines.



NO BOOKING REQUIRED

POPE FRANCIS: VACCINATION IS AN ACT OF LOVE

Pope Francis has joined his voice to those of Bishops across North and South America to urge people to get vaccinated against Covid-19. In a video message produced in conjunction with the Ad Council, he praised the work of researchers and scientists in producing safe and effective Covid-19 vaccines.



"Thanks to God's grace and to the work of many, we now have vaccines to protect us from Covid-19," he said in the video released today. He added that vaccines "bring hope to end the pandemic, but only if they are available to all and if we collaborate with one another."

Pope Francis went on to say that getting a Covid jab that is "authorized by the respective authorities" is an "act of love."

Helping other do the same, he said, is also an act of love. "Love for oneself, love for our families and friends, and love for all peoples. Love is also social and political."

The Pope noted that social and political love is built up through "small, individual gestures capable of transforming and improving societies."

"Getting vaccinated is a simple yet profound way to care for one another, especially the most vulnerable," he said.

Pope Francis then prayed to God that "each one of us can make his or her own small gesture of love. No matter how small, love is always grand," he said. "Small gestures for a better future."

We add our voices and prayers in unity with the Holy Father!

THE EXAMPLE OF ST. THÉRÈSE OF LISIEUX

After the languid days of summer, the school year pounces like a roaring lion, ready to devour your time and energy. Seemingly overnight, your calendar is jammed and your days are structured from

dawn to dusk and beyond. No matter how many organizational tips you employ or how hard you try to keep your act together, you can't help but feel frazzled as the demands of family, school, work and church proliferate.



That's when the example of a cloistered Carmelite nun can become a lifesaver.

St. Thérèse of Lisieux exemplifies an approach to life that focuses not on crossing things off a list, but on being fully present in each moment and making everything we do into a gift of love.

We can begin to emulate her — and find some respite from the complexity in our lives — by realizing, as she did, that we can accomplish only so much on our own. When we try to do everything ourselves, we become enmeshed in an ever-increasing workload. But when we allow God to give us guidance, and when we rely on his strength and wisdom, we can see our priorities more clearly and do what really needs to be done each day.

Thérèse's priorities weren't exactly the same as ours, since she was a cloistered nun and we live in families, but since her "little way" was rooted in a simple, although not simplistic, life, we can adapt it to our own circumstances.

LEARN TO LOVE YOUR LIMITATIONS. One of the things the "Little Flower" understood is that we all have limits on our time and our ability. Instead of fighting against her limits, she learned to work with them. For instance, she often fell asleep during prayer, but instead of berating herself (after all, most nuns stay awake during prayer), she understood that just as a parent loves a child when they are napping, so, too, God loved her when she was tired and unable to keep going.

In Her Words: *"You know well enough that Our Lord does not look so much at the greatness of our actions, nor even at their difficulty, but at the love with which we do them."*

LITTLE THINGS MEAN A LOT. A second thing Thérèse shows us is that we don't need to do big things to have a big impact on our family life. She said that she scattered "the little flowers of sacrifice" throughout her day. We can do the same. Instead of trying to prove how much we care about our spouse and children by doing more, we can show it by focusing on each thing as we do it, employing what is called "mindfulness" in the Easter tradition. As we talk with a child about his homework,

help another with the dishes or have a cup of coffee with our husband or wife, we are “there,” not racing ahead mentally, adding more things to our “must be done” list. As Thérèse herself observed, doing these “simple” things is often much more difficult than making great sweeping gestures.

In Her Words: *“I only love simplicity.”*

PUT PEOPLE FIRST. A third lesson from this modern French saint that can bring a sense of peace and simplicity to our lives is to centre on making the person, not the task, paramount. Thérèse offered to help a particularly grumpy elderly sister to the refectory each day. This sister constantly criticized Thérèse’s efforts, but instead of racing through the task to get it over, Thérèse concentrated on making the sister herself feel loved. So what if you don’t get all 132 things crossed off your list. Even if you only get one or two accomplished, when you remember that behind every task is a person waiting to feel loved, the pressure to do-do-do will automatically be eased.

In Her Words: *“I’ve got to take myself just as I am, with all my imperfections; but somehow I shall have to find out a little way, all of my own, which will be a direct shortcut to heaven.”*



REMEMBER THAT WE ARE ON GOD’S TIME. Finally, in her short life (she died of tuberculosis at age 24), Thérèse tried to be another Jesus in all she did. Jesus never hurried or rushed, even though he had only three short years to accomplish his mission. He let the little children come to him, he chatted with an outcast woman at the well, he even went to parties and weddings! One of the reasons we feel that our lives have become too complicated is because we dash through our days instead of allowing them to unfold in God’s will. When we act like Jesus, we will have all the time we really need.

St. Thérèse knew that there never will be enough time or energy to do everything. But she also knew that when we place our days into God’s hands, we will have the resources we need to do everything we are supposed to be do. Using her “little way” as our guide, we can coax the raging lion of complications that arrives each school year into becoming a purring house cat of simplicity.

CAFOD responding to multiple emergencies across the world



CAFOD is responding to significant crises across the world this week. We are working with local Church organisations in Haiti to deliver emergency aid to people affected by the catastrophic earthquake and tropical storm. In the tragic situation in Afghanistan, we are working to ensure the safety of our local partners and their communities. We are supporting local aid workers to deliver urgent food and water supplies to hundreds of thousands of people facing extreme hunger in Tigray in Ethiopia, South Sudan and north-east Nigeria. You can read more about how we can all express solidarity with our sisters and brothers affected by these emergencies on the CAFOD website: <https://cafod.org.uk/News/Emergencies-news>. Your compassion, generosity and prayers

have helped us to stand together and enable us to continue to support communities in these difficult times. Thank you.]

More detail about CAFOD's response:

On Saturday 14 August, a devastating 7.2 magnitude earthquake struck Haiti. More than 1900 people have been killed and at least one million more people are affected. Tropical storm Grace has now hit Haiti, exacerbating the already serious emergency. CAFOD is working through the local Church organisations, Caritas Haiti, the Jesuit Migrants and Refugees Service, the religious congregations and sister agency Catholic Relief Services to provide urgent humanitarian aid - food, water, tents, hygiene kits and first aid for families affected.

In Afghanistan, we are shocked and gravely concerned by the Taliban take-over of the vast majority of the country. The generosity and compassion of our Catholic community have allowed us to stand together with communities in Afghanistan since the 1980s, supporting local organisations committed to improving the lives of vulnerable and marginalised people. As you will appreciate, the situation in Afghanistan is uncertain and changing rapidly. Our Emergency Response Team are assessing how best to respond. We are doing everything possible to ensure the immediate well-being of local partners and the communities they serve. Please keep the people of Afghanistan in your prayers.

We are also responding to serious food shortages in Africa – in Ethiopia's Tigray region, South Sudan and north-east Nigeria. Families across these three countries face extreme hunger because of a deadly combination of Covid, climate change and protracted conflict. A recent UN report identifies hunger in Tigray in Ethiopia, South Sudan, and north-east Nigeria as "catastrophic". We have committed £500,000 already to get food and clean water to hundreds of thousands of people. With further support local aid workers will be able to scale up their response to reach more women, children, men, the elderly and people with disabilities with the food they urgently need.

Thank you for your solidarity, your prayers and your support for CAFOD's work across the world. We share this prayer with you in this time of crisis.

Loving Lord,

For those who have died, give them eternal rest. For those who are bereaved, comfort and console them. For those who are hurt, heal and strengthen them.

Lord God, enable us to help our suffering brothers and sisters in whatever way we can.

Heavenly Father, be with us now and always. Amen.

RightToLife

August Prayer Intentions

We would like to thank you for all your prayers and support over the past few months. You will have likely heard of a recent parliamentary win, wherein an attempt to hijack the UK Government's flagship Police, Crime, Sentencing and Courts Bill with two extreme abortion proposals failed. This would not have been possible without the support of you and your congregations. By contacting your MPs and sharing your disapproval of these amendments, it was made clear to MPs that these amendments lacked the support of their constituents and so were prevented from becoming law, leading to the likely saving of many lives.



In light of all this, we continue to reach out in request of prayers from all parishioners. Each week during the month of August we will have an intention for you to pray for:-

Week of the 22nd - "We pray for the families and friends of pregnant women. That they would recognise their responsibility to care for both the mother and child, and that they would shower them with love and support through the journey of pregnancy and beyond. Lord hear us"

Daniel Turner, Operations Officer

Right To Life UK | EMAIL: daniel@righttolife.org.uk | WEB: righttolife.org.uk

URSULINE HIGH SCHOOL MAIN SCHOOL OPEN EVENTS

We are delighted to invite prospective Year 6 Students and one parent/career to find out more about our school by joining our physical open events for September 2022 entry!

Physical Open Evening: Wednesday 15th September

Physical Open Mornings: Running from Monday 20th September – Friday 8th October

All events held at Ursuline High School, Crescent Road, Wimbledon, London SW20 8HA.
Sign up for free tickets via Eventbrite. Visit our website for further details:

www.ursulinehigh.merton.sch.uk/admissions/open-events-2021/

Limited availability! No ticket – no entry.

Ursuline High School
Wimbledon
Crescent Road, SW20 8HA
0208 255 2688 / 0203 908 3167
www.ursulinehigh.merton.sch.uk
We welcome parents, carers and students seeking Year 7 entry in 2022 to this 'Outstanding' Roman Catholic Girls' School

Register Using **Eventbrite**

SIGN UP BY Mon 6th Sept!
Limited Availability!

OPEN EVENTS 2021
These events are for one Year 6 student and one parent only. *Limited ticketed event!*

Open Evening
Wednesday 15th September
Including: Headteacher talk and a fixed route guided school tour
Time slots available
5.00pm 7.00pm
6.00pm 8.00pm

Open Mornings
Running From
Monday 20th Sept to Friday 8th Oct
Including: Headteacher talk and a fixed route guided school tour
9.00am OR 10am slots available

PLEASE ONLY SIGN UP TO ONE EVENT! NO TICKET- NO ENTRY!

ST PHILOMENA'S SCHOOL OPEN EVENING



St Philomena's
Catholic High School for Girls

OPEN EVENING Tuesday 14th September 2021

for Year 6 Students from September 2021 (TSS 2022) by appointment



Please note that due to Covid-19 regulations we are **only allowing one Parent and one Year 6 Student per family to attend.** It is imperative that this happens due to Health and Safety.

St Philomena's is a hugely successful, Catholic, non-selective, comprehensive girls' school for students aged 11-18 years.

- One hour time slots are available to book below **ONLINE only** at: 3.30pm, 4.30pm, 5.30pm and 6.30pm session.
- Please arrive 10 minutes prior to your session.
- Please note that access to the school is via the Shorts Road entrance only. Parking is available on site.
- The session will consist of a short tour and a final address by the Headteacher, Ms Noone.
- You will be directed to the meeting point upon arrival and the tour will commence promptly ending with the Headteacher's address.

Please use the link below to book a place for the Open Evening.

<http://www.stphils.org.uk/news-stories/795-open-evening-for-prospective-year-7-entrants-2022>

ARE YOU CONSIDERING GETTING MARRIED?

Please be aware of the following change in the law which takes effect from 1ST July 2021!

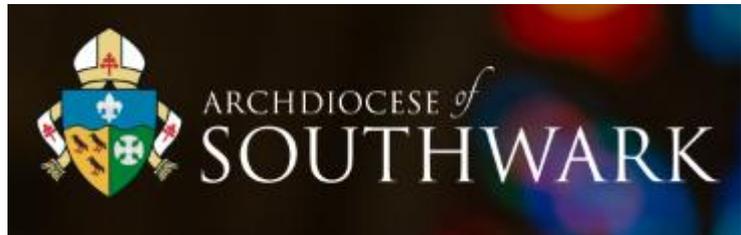
Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens **who wish to marry in England and Wales** as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
- An Irish Citizen
- An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021.

Currently couples who are subject to immigration control must make an appointment at one of 75 Designated Register Offices within England and Wales to give notice to marry. **From the 1 July 2021, all register offices will be designated for the purposes of taking a marriage for these couples.**

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.

VACANCY



Site Maintenance and Caretaker

We are looking for an experienced person to join our site maintenance and caretaking team. Based on the Cathedral site in London SE1, which includes residential and office accommodation, as well as public access spaces and a car park. The primary function of this role is to provide handyman/maintenance services across the whole estate and act as a caretaker for the site. The full advert is on the Diocesan website www.rcsouthwark.co.uk or email hr@rcaos.org.uk for more details. Closing date 3rd September 2021.

PARISH FINANCE

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.



Tithes and offerings

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, was approximately £2,400 a week (*pre-COVID*). If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If

giftaid it

Making donations go further

you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details **Do You Gift Aid?**

CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

COLLECTIN

Collectin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



THANK YOU FOR YOUR FINANCIAL SUPPORT – IT'S VALUED AND APPRECIATED!

Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

FAITH is awakened, FAITH is renewed, FAITH is strengthened,

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

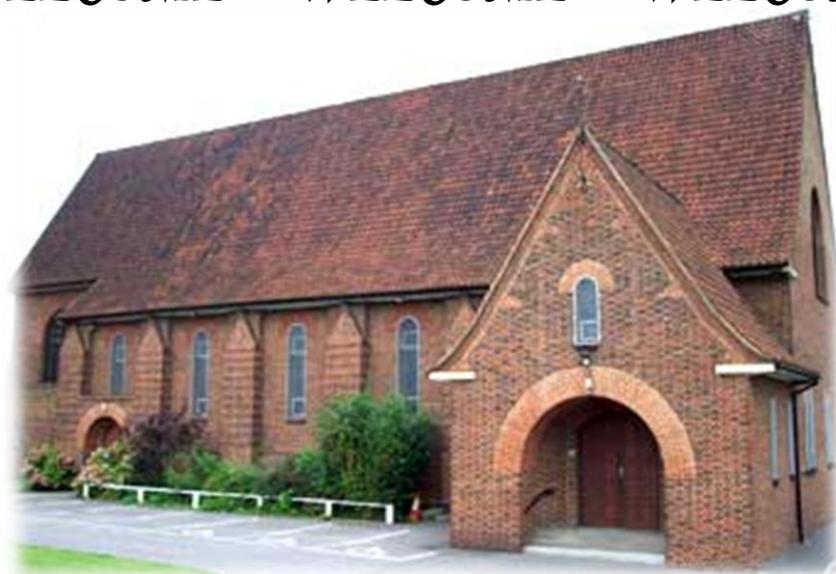
Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Basic Government Advise on Face Coverings Masks at Mass

Face coverings are mandatory still in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service must wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- **Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.**
- THE MAXIMUM CAPACITY, (at this time), at Holy Mass is to be compliant with physical distancing guidelines issued by The Bishop's Conference and the Government
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- All attendees will be directed to their own special seat so as to monitor occupancy.
- A number of benches will be designated for families.
- Infants and children should remain with their parents AT ALL TIMES.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 30 minutes before Mass begins.

- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

SAFETY

- Physical distancing of 1+ metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please **do not move or swap** seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- Singing of hymns will be introduced gradually.
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest. Offertory processions maybe re-introduced soon.
- Altar Serving will continue on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- No presentation of gifts will be made.
- No collection is taken up during the Mass. Instead, collection boxes will be at strategic points for the faithful to make their offerings at the end of Mass and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no shaking of hands at the Sign of Peace.
- There will be no Holy Water in fonts.

- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion (“The Body of Christ, Response: Amen) is eliminated. Instead, one general announcement (“The Body of Christ”) will be made by the parish priest, and one general response (“Amen”) is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received **in the hand** until further notice.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, we ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email:

morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *‘My God, grant me perfect contrition for my sins.’*

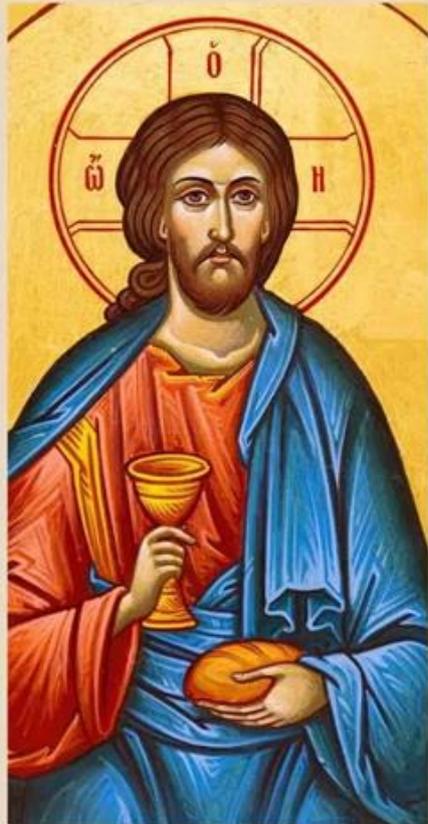
1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *“ Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins”*
2. Contrition is ‘perfect’ if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.

3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *“O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen.”*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de’ Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



**Prayer for
Spiritual Communion**

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

