



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Mr. Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

The Church is now OPEN

Mass Times and Intentions-Year B:

Sunday 5th September – 23rd Sunday in Ordinary Time

5.30pm Vigil – Sylvia Kelly RIP

9am Miguel & Hammurabi Callet RIP

11am People of the Parish & Fr. John Mulligan RIP (*Anniv.tomorrow*)

Monday 6th September- (Parish Funeral) – Fr.John Mulligan RIP Anniv.

10am Rosary

11am Requiem Mass for Michael Bourke (NE Surrey Crematorium 12:40pm)

Tuesday 7th September – Votive of St. Teresa & Her Parents

9.30am Rosary

10am In Honour of St Teresa of the Child Jesus

Wednesday 8th September –Nativity of the Blessed Virgin Mary

9.15am Novena to Our Lady of Perpetual Succour

10.00am Joseph Lunn RIP

*Nativity of the Blessed
Virgin Mary*

Thursday 9th September – (Parish Funeral)

9.30am Rosary

10am Thomas Pinto RIP

11.45am Requiem Mass for Giovanni Corsini
(NE Surrey Crematorium 1:20pm)

Friday 10th September – Votive of the Holy Souls

9am Divine Mercy Chaplet

10am Louise Duggan's Intentions

Saturday 11th September

11am BAPTISM MEETING

5.30pm Vigil – Anthony Johnson Family Intentions

Sunday 12th September

9am People of the Parish

11am Mary Creighan RIP



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Saint Teresa's Church is now OPEN to parishioners for morning Mass

Our Masses are also available online at

<https://www.stcm.org.uk/>

PARISH OFFICE

Please note, Theresa will be away until Monday 13th September. The Parish Office will remain contactable and Canon Michael will get back to you as soon as he is able.

DEAR LORD, DEAR SAINT TERESA AND DEAR SAINTS OF HEAVEN

We seek Heaven's help for all who carry the Cross of Suffering.

In our petition to you we pray for all those who have lost their health, a gift so precious, worth more than untold wealth. We think of those who suffer, of those oppressed by fear, of those who each day struggle, and those who shed a tear.

We pray for those with cancer, their future uncertain, those in the throes of treatment or waiting to begin; those facing operations, those on long term medication. We pray for those disabled in body or mind. Those coping with dementia, those wrestling with depression. Our parish prays for all nations around the world ravaged by disease; the deadly epidemics that many face.

Encircle the dying, hear our prayer for their Soul. Hear our prayer for their family. Hear our prayer for all who care for the sick and the dying.

May they receive your blessing and that of Our Lady of Good Health!

We pray for those who are Sick and Housebound remembering especially:



Anne-Marie Mendonça, Theresa Mason, Moira Macklin, Maureen Smith, Maureen Flaherty, John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Valerie Somerset, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen and Jane Turner, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Anna Urbni, Tony London, Kevin McKeon, Vincent Moyle, John Antao and Pope Francis.

Remember Lord, all those who are sick in hospital, hospices and care homes.

If you wish to be prayed for on our Parish Sick List, please let us have your name.

Every First Friday we offer and remember you in Holy Mass. We also keep you in our daily prayer, our times of Adoration, Novena's and the Holy Rosary.

Please continue to remember the Sick Clergy of the diocese and send out your blessing in prayer to all the Nations of the World, as they do their best to combat the pandemic and natural disasters.

MAY THEY REST IN PEACE AND RISE IN GLORY

- Michael Bourke RIP (Monday 6th September)
- Giovanni Corsini RIP (Thursday 9th September)
- James Gerald (Jerry) Kirrane (TBA)



RECENT DEATHS

Now At Rest And Kept In Prayer

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Deacon William Boyd RIP
Deacon Jim Hayes RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP
Michael Joseph Nihill RIP
Gerald O'Toole RIP
Sarah Hedy Connolly RIP
Sotelo Cabrera RIP
Noel Ryan, RIP
Michael Scott RIP
Anna-Maria Fantocchi RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP
Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Fr. Michael Boland RIP
Fr. Paul Sanders RIP
Fr. Richard Diala RIP
Giovanni Mansini RIP
Joseph Lunn RIP
Norah Mary Williams RIP
Francisco José Carrasco RIP
Eva Sereny RIP
Steven Duggan RIP
Lena McBride RIP
Mary Whelan RIP
Mary Connolly RIP
Kevin Mattimoe RIP



May They Meet The Risen Lord

Remind us Dear Lord, of the great company of your people who have been called before us, famed or forgotten, celebrated or overlooked, all who have run their race and kept the faith, walking the way of Christ to their journeys end. Hear our parish and family prayer for them. Hear our prayer for those whose anniversary occurs in this month of September. Please hear our prayers for all at rest in our local cemeteries.

Help us to learn from them, to be faithful servants of the Gospel and one day citizens of Heaven.

GIOVANNI CORSINI



Giovanni passed on Monday the 5th July 2021 at the age of 90 years old, he was a brother and uncle to large family. The Corsini family originally orientated from a small town in North Italy called Bratto, he worked within the family business in central London which had been established since the 1920. Giovanni was a very religious man, a wise man who had so much knowledge he was a sponge capturing everything around him. He was quiet man but always kind and considerate also thoughtful. We will all miss his beautiful smile.

May Giovanni Rest in Peace and Rise in Glory.

JAMES GERALD KIRRANE (Jerry)

It is with sadness that we have learnt of the death of one of our long-standing parishioners Jerry Kirrane. Jerry has been an active member of Saint Teresa's for over 60 years, being the first Eucharistic Minister here at our parish. Jerry's wife Finola and son Paul both died five years ago in 2016. We send our prayers and condolences to Jerry's two daughters Siobhan and Susan and to all Jerry's family and friends.

May Jerry Rest in Peace and Rise in Glory.

BAPTISM MEETING

SATURDAY 11TH SEPTEMBER
11am

For all those parents or guardians who are waiting to receive the holy sacrament of Baptism for their child, we are looking to hold a meeting next month. At this time, we are advised that the baptisms which take place in our churches should be for single families. Some rules and regulations are still in place which we must try and adhere to. We invite parents to a meeting on **Saturday 11th September at 11am** in the Parish Church. We will offer weekday baptisms and this meeting will also include an explanation of the Sacrament of Baptism. We will also keep you up to date on any new guidelines.



NO BOOKING REQUIRED

We give thanks for those children who have been Baptised so far during 2021 and we welcome their parents, godparents, family and friends as they join the family of God.

Mia Dudek
Nala Dudek
Delina Mugunthan
Bao Nhi Nghiem
Calvin Khoi Nguyen
Oliver Cigas

Filia Thomas
Cian Finan
Luca Nimenko-Parkes
Faith Van Agar
Jesse Conrad
Gabriella-Faith Ahmad

NATIVITY OF THE BLESSED VIRGIN MARY

The first prophecy referring to Mary is found in the very opening chapters of the Book of Genesis (3:15) ***I shall put enmity between you and the woman, and between your offspring and hers; it will bruise your head and you will strike its heel.*** On September 8, as Catholics we celebrate the birth of Mary.

Saint Anne is the mother of The Virgin Mary and according to the non-canonical Gospel of James, Anne (or Anna as she is sometimes known) and her husband Joachim, after years of childlessness, were visited by an angel who told them that they would conceive a child. Anne promised to dedicate the child to God's service. Mary is the mother of Jesus Christ. The Church has celebrated Mary's birth since at least the sixth century.

The birth of Mary was miraculous. She was conceived without sin as a special grace because God had selected her to become the mother of His Son. The dogma of the Immaculate Conception of the Virgin Mary, though generally believed throughout the Church for many centuries, was formally declared by Pope Pius IX in 1854.

O Virgin immaculate, thou who by a singular privilege of grace wast preserved from original sin, look in pity upon our separated brethren, who are nevertheless thy children, and call them back to the center of unity. Not a few of them, although separated from the Church, have kept a certain veneration for thee; and do thou, generous as thou art, reward them for it, by obtaining for them the grace of conversion.

Thou wast conqueror of the infernal serpent from the first instant of thy existence; renew even now, for it is now more necessary than ever before, thine ancient triumphs; glorify thy divine Son, bring back to Him the sheep that have strayed from the one fold and place them once more under the guidance of the universal Shepherd who holds the place of thy Son on earth; let it be thy glory, O Virgin who destroyest all heresies, to restore unity and peace once more to all the Christian people.

Amen.



ALTER SERVERS – WE HAVE MISSED YOU!

Welcome back to those who have resumed their ministry and in the weeks to come we will begin a new training course for those keen to serve at Holy Mass. Our senior Master of Ceremonies, James Bush, with the help of some senior altar servers will lead the programme. It will be held on Saturdays.



My dear young Altar Servers,

With Fr. Roshy, I want to personally thank you for your willingness to serve as an altar server at Saint Teresa's Parish. The ministry you undertake is a great privilege. It is service to Christ Himself and to the People of God. Did you know that the ministry of ALTAR SERVER, sometimes called an acolyte, is among the earliest of all liturgical roles? Only the ministries of the presider (priest) and deacon have a longer history and a place closer to the altar during the celebration of the Eucharist – the Holy Mass. Apart from your specific duties, your reverence and the way you serve at the altar helps to create an atmosphere of worship for everyone at Mass. Without your help, our celebration of Holy Mass or the other sacraments might go less smoothly or be less solemn. All

who attend Holy Mass at Saint Teresa's and those who join us online thank you and we know we can expect you to offer your very best to Jesus who becomes present on the altar.

It takes time to learn how to serve on the sanctuary. We will help you and encourage you every step of the way.

DUTIES AT SUNDAY MASS

1. PREPARATION

- (A) Arrive for your scheduled Mass 15 minutes prior to the start of the Mass.
- (B) Wear clean shoes, black shoes preferred. You may wear sandals, but no flip-flops.
- (C) Select your Alb. The Alb should be long enough to come to the top of your shoes. Remember your Alb is a sacred vestment and should be treated as such.
- (D) Make sure these items are in place for Mass.
 - 1. Roman Missal
 - 2. Book stand on the altar
 - 3. Water jug, bowl and hand towel on the table
 - 4. Cruet of water on the table
 - 5. Unconsecrated hosts and wine on the table near the altar or if an Offertory Procession then placed at the table near the back bench.
- (E) If incense is used, prepare the incense stand and light charcoals – CAREFULLY!

(F) If holy water is used, be sure the holy water bucket and aspergillum (sprinkler) are where the priest may want them.

(G) Light candles. For Sunday Mass and the Saturday evening Vigil that means those on the altar and those on the high altar next to the tabernacle. If there are at least two servers, light the processional candles that you will carry. If you are a cross bearer (crucifer) get the cross and be ready to help lead the priest, deacon and other servers.

(H) If you are carrying the thurible (incense) get it and be ready – YOU will lead the entrance procession.

REMEMBER Don't worry, we will show you how to serve, when to ring the bell, when to step forward with the water and wine, how to arrive and leave the sanctuary, all will be explained and senior servers and James will be on hand to guide you.



ALTAR SERVER PRAYER

Lord Jesus, thank you for the opportunity to serve you during the Holy Mass. In Your Sacred Presence My heart is filled with joy and peace. May your Spirit always guide me, I also ask Saint Teresa, Saint Stephen and my Guardian Angel to bless me and pray for my family and me as I serve at the altar. Amen.

QUESTIONS PEOPLE ASK!



The death in our family was the result of suicide. Is it possible to have a Christian funeral in such circumstances?

At Saint Teresa's – 100% YES!

It is true that in the past there were difficulties over Christian burial following suicide. Today no such problem exists. Indeed the Church now makes special provision among her prayers for such a situation. Rightly the presumption is that the person had reached such a distressed state that they were not responsible for his or her actions. The matter is left calmly and confidently in the hands of

God, and the Church will also take great care to minister to the family and friends, who may be particularly traumatised because of the circumstances.

ARE YOU THINKING ABOUT JOINING THE CATHOLIC CHURCH?

We wish to help you and support your journey of faith. The Catholic Church is the Church founded by Christ Himself and the one true Church. We have much to offer. We hope to start a special course in early autumn – it's called **RCIA**. If you are interested please let us know, email us on morden@rcaos.org.uk and we will get back to you.



ARE YOU CONSIDERING GETTING MARRIED?

Please be aware of the following change in the law which takes effect from 1ST July 2021!

Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens **who wish to marry in England and Wales** as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
- An Irish Citizen
- An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021.

Currently couples who are subject to immigration control must make an appointment at one of 75 Designated Register Offices within England and Wales to give notice to marry. **From the 1 July 2021, all register offices will be designated for the purposes of taking a marriage for these couples.**

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.

URSULINE HIGH SCHOOL MAIN SCHOOL OPEN EVENTS

We are delighted to invite prospective Year 6 Students and one parent/career to find out more about our school by joining our physical open events for September 2022 entry!

Physical Open Evening: Wednesday 15th September

Physical Open Mornings: Running from Monday 20th September – Friday 8th October

All events held at Ursuline High School, Crescent Road, Wimbledon, London SW20 8HA.
Sign up for free tickets via Eventbrite. Visit our website for further details:

www.ursulinehigh.merton.sch.uk/admissions/open-events-2021/

Limited availability! No ticket – no entry.



The poster is a colorful grid of information for Ursuline High School's open events. It includes the school's crest, contact details, and photos of students in various activities. The main text is in bold, and there are several call-to-action buttons and deadlines.

Ursuline High School
Wimbledon
Crescent Road, SW20 8HA
0208 255 2688 / 0203 908 3167
www.ursulinehigh.merton.sch.uk
We welcome parents, carers and students seeking Year 7 entry in 2022 to this 'Outstanding' Roman Catholic Girls' School

Register Using **Eventbrite**

SIGN UP BY Mon 6th Sept!
Limited Availability!

OPEN EVENTS 2021
These events are for one Year 6 student and one parent only. *Limited ticketed event!*

Open Evening
Wednesday 15th September
Including: Headteacher talk and a fixed route guided school tour
Time slots available:
5.00pm 7.00pm
6.00pm 8.00pm

Open Mornings
Running From
Monday 20th Sept to Friday 8th Oct
Including: Headteacher talk and a fixed route guided school tour
9.00am OR 10am slots available

PLEASE ONLY SIGN UP TO ONE EVENT! NO TICKET- NO ENTRY!

ST PHILOMENA'S SCHOOL OPEN EVENING



St Philomena's
Catholic High School for Girls

OPEN EVENING Tuesday 14th September 2021

for Year 6 Students from September 2021 (TSS 2022) by appointment



Please note that due to Covid-19 regulations we are **only allowing one Parent and one Year 6 Student per family to attend**. It is imperative that this happens due to Health and Safety.

St Philomena's is a hugely successful, Catholic, non-selective, comprehensive girls' school for students aged 11-18 years.

- One hour time slots are available to book below **ONLINE only** at: 3.30pm, 4.30pm, 5.30pm and 6.30pm session.
- Please arrive 10 minutes prior to your session.
- Please note that access to the school is via the Shorts Road entrance only. Parking is available on site.
- The session will consist of a short tour and a final address by the Headteacher, Ms Noone.
- You will be directed to the meeting point upon arrival and the tour will commence promptly ending with the Headteacher's address.

Please use the link below to book a place for the Open Evening.

<http://www.stphils.org.uk/news-stories/795-open-evening-for-prospective-year-7-entrants-2022>

PARISH FINANCE

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

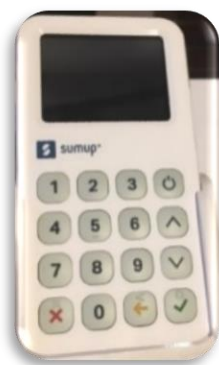
We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.



*Tithes and
offerings*

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, was approximately £2,400 a week (*pre-COVID*). If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website '*JUST GIVING*' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE

**PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE
CONTACT CORNER**

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



THANK YOU FOR YOUR FINANCIAL SUPPORT – IT'S VALUED AND APPRECIATED!

Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

FAITH is awakened, FAITH is renewed, FAITH is strengthened,

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

**WELCOME - WELCOME -
WELCOME**



* * * * *

Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Basic Government Advise on Face Coverings Masks at Mass

Face coverings are mandatory still in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service **must** wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

Mass at St. Teresa's

St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.
- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- **Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.**
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- A number of benches will be designated for those who wish to observe social distance.
- Infants and children should remain with their parents AT ALL TIMES.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- Doors will be locked until 30 minutes before Mass begins.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.

- At the end of Mass, exits will be indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, PHYSICAL DISTANCING MUST BE OBSERVED.
- I will be delighted to see you back, but please note that I must refrain from greeting you personally at the end of Mass. I must not impede or delay the orderly and rapid departure of you and your family.
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

SAFETY

- Physical distancing of 1+ metres is in place at all times and in all directions between people who are not of the same household.
- You will be led by a team member to your seat – please **do not move or swap** seats.
- Reminder – Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants – please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exiting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- Singing of hymns will be introduced gradually.
- Entrance and recessional processions are omitted. There will be a simple entrance by the priest. Offertory processions maybe re-introduced soon in the next couple of weeks.
- Altar Serving will continue on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- Presentation of gifts will be made in the weeks to come.
- Collections will start to be taken up during the Mass. The collection boxes will still be available at strategic points and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no shaking of hands at the Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion ("The Body of Christ, Response: Amen") is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. **Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.**
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received **in the hand** until further notice.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, we ask you please receive ONLY in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email:

morden@rcaos.org.uk or call our parish number: 020 8648 4113

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*


1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*

4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion
6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



**Prayer for
Spiritual Communion**

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

