

### St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest Fr Roshy Robert, Resident Priest Pastoral Assistant: Deacon Con Diver Parish e-mail address: morden@rcaos.org.uk 250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113 <u>https://www.stcm.org.uk</u>

Please see the Mass Attendance Protocols below

### CONFESSIONS AFTER ALL MASSES

### Mass Times and Intentions-Year B:

### Sunday 14<sup>th</sup> November – 33<sup>rd</sup> Sunday in Ordinary Time – World Day of the Poor REMEMBRANCE SUNDAY

- 9am People of the Parish
- 11am Anna Mendes' Intentions
  - For All Those Who Have Died In War
- 5.30pm For All Those Who Have Died In The Past Year

### Monday 15<sup>th</sup> November – Votive of Saint Anthony

- 9.30am Rosary
- 10am Anthony Johnson Family Intentions Margaret Brogan RIP

### Tuesday 16<sup>th</sup> November – Votive of the Holy Family

- 9.30am Rosary
- 10am Living & Deceased Members of Margaret O'Donovan's Family Carl Williams RIP

### Wednesday 17<sup>th</sup> November – Votive of the Holy Souls

- 9.15am Novena to Our Lady of Perpetual Succour
- 10am Departed Souls of the Coelho & Soares Families Con Diver's Intentions

### Thursday 18<sup>th</sup> November – Dedication of the Basilicas of SS Peter & Paul in Rome

- 9.30am Rosary 10am Holy Souls
  - Gomes Family Intentions

### Friday 19<sup>th</sup> November – Votive of the Holy Souls

9am Divine Mercy Chaplet & Rosary

10am All Those on Our November Deceased List & The Holy Souls *Remembrance Sunday* Bridget McDonagh's Intentions

### Saturday 20<sup>th</sup> November – The Blessed Virgin Mary

- 1200 Wedding of Alexia Sooriyar and Morinjenad Arulthasan
- 5.30pm Vigil Ronald Arthur Brown RIP 1<sup>st</sup> Anniv.

Davie Whelan RIP

### Sunday 21<sup>st</sup> November – FEAST OF CHRIST THE KING (Youth Day)

- 9am People of the Parish
- 11am Canon Michael's Intentions

St Teresa's School, Montacute Road, Morden. Tel No 020 8648 1846 Headteacher; Mr Justin Dachtler. Merton Catholic Deanery www.mertoncatholics.org.uk







Saint Teresa's Church is now OPEN to parishioners for morning Mass Our Masses are also available online at <u>https://www.stcm.org.uk/</u>

### For the Fallen

Poem by Robert Laurence Binyon (1869-1943), published in The Times newspaper on 21 September 1914.

With proud thanksgiving, a mother for her children, England mourns for her dead across the sea. Flesh of her flesh they were, spirit of her spirit, Fallen in the cause of the free.

Solemn the drums thrill: Death august and royal Sings sorrow up into immortal spheres. There is music in the midst of desolation And a glory that shines upon our tears.

They went with songs to the battle, they were young, Straight of limb, true of eye, steady and aglow. They were staunch to the end against odds uncounted, They fell with their faces to the foe.

They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning We will remember them.

They mingle not with their laughing comrades again; They sit no more at familiar tables of home; They have no lot in our labour of the day-time; They sleep beyond England's foam.

But where our desires are and our hopes profound, Felt as a well-spring that is hidden from sight, To the innermost heart of their own land they are known As the stars are known to the Night;

As the stars that shall be bright when we are dust, Moving in marches upon the heavenly plain, As the stars that are starry in the time of our darkness, To the end, to the end, they remain.

### NOVEMBER DECEASED LIST – THE MONTH OF THE HOLY SOULS

We offer you the chance to hand in a list of names, family, friends, etc.

These names will be placed on the Sanctuary in front of the Altar with candles lit either side. They will be remembered in Holy Mass every day during the month of the Holy Souls. In our Prayers of Intercession, the Rosary, the Divine Mercy Chaplet and periods of Adoration.

Listen graciously to the prayers of our Parish Family, in Your compassion, O merciful Father, have mercy on our deceased brothers and sisters and to all who were pleasing to You at their passing from this life, give kind admittance to Your Kingdom.We commend One and All to Your Divine Mercy. Amen.

### **O LORD PLEASE HEAR OUR PRAYERS**

For all who are on our Parish Sick List, for family and friends,

We pray for those who are unwell.

Those struck down by serious disease.

Those awaiting a diagnosis or operation.

Those receiving treatment for cancer.

Those with debilitating, chronic conditions.

And those with terminal illness.

From our Altar, from our hearts may we also send out our blessing to all who are unwell at home in our Hospitals, Care Homes, Nursing Homes and those in Hospice care. Amen

### We pray for those who are Sick and Housebound remembering especially:

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Anne-Marie Mendonça, Theresa Mason, Moira Macklin, Maureen Smith, Maureen Flaherty, John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena,
Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldjk, Valerie Somerset, Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen and Jane Turner, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret
Peacock, Michael and Madge Durkan, Jocyln De Silva, Mary Jeanette Connaire, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Anna Urbni, Tony London, Kevin McKeon, Vincent Moyle, John Antao, Stella Carrasco, Gerald Pereira, Pope Francis and Pope Benedict, Pope Emeritus.

My Lord, hear our prayers for all those who are sick in hospital, hospices and care homes. May they receive your special blessing. If you wish to be prayed for on our Parish Sick List, please let us have your name. Every First Friday we offer and remember you in Holy Mass. We also keep you in our daily prayer, our times of Adoration, Novena's and the Holy Rosary.

PLEASE continue to remember the Sick Clergy of the diocese and send out your blessing in prayer to all the Nations of the World, as they do their best to combat the pandemic and natural disasters that many nations are battling with at this time. THANK YOU!

### **RECENT DEATHS** Now At Rest And Kept In Prayer

Avril Jean Costella RIP Shirley Johnson RIP Dermot Peter Long RIP Lourdes Mary Fatima Irene Ward RIP Sarah Marie Frost RIP Veronica Gorrod RIP Finbarr Francis Hurley RIP Lolito Laydia RIP Michael O'Kelly RIP Newton Coutinho RIP Anna Darby RIP Mary Creighan RIP Michael Joseph Nihill RIP Gerald O'Toole RIP Sarah Hedy Connolly RIP Sotelo Cabrera RIP Noel Ryan, RIP Michael Scott RIP Anna-Maria Fantocchi RIP Giovanni Corsini RIP Gerry Kirrane RIP Gay Phillips RIP

Francis Assisi Mendonça RIP Joseph Antony Quintus Rabindran RIP Jayandradevi Rabindran RIP **Remo Dipre RIP** Alan Frederick Burridge RIP Jonny Purvis RIP Ann Donaldson RIP Baby Angelika Hobbs RIP **Annie Francis RIP** Giovanni Mansini RIP Joseph Lunn RIP Norah Mary Williams RIP Francisco José Carrasco RIP Eva Sereny RIP Steven Duggan RIP Lena McBride RIP Mary Whelan RIP Mary Connolly RIP **Kevin Mattimoe RIP** Michael Bourke RIP **Dorothy Gertrude Cleary RIP** Frances Healion RIP **Douglas Banks RIP** 

### Recent Southwark Diocese Clergy Deaths

Deacon William Boyd RIP Deacon Jim Hayes RIP Fr. Paul Sanders RIP Canon Richard Hearn RIP Fr. Richard Diala RIP Fr. Michael Boland RIP Fr. Robert Copsey SOLT RIP

May They Meet The Risen Lord

Remind us Dear Lord, of the great company of your people who have been called before us, famed or forgotten, celebrated or overlooked, all who have run their race and kept the faith, walking the way of Christ to their journeys end. Hear our prayer and the prayer of our Rosaries for those whose anniversaries occur in the month of October.



### FR. ROBERT ELLIS RIP



It is with sadness that we learn of the death of our former assistant priest Fr. Robert Ellis. Fr. Ellis served at Saint Teresa's for a number of years until his departure in the early 90's to a parish of his own. Since 2016 he has been Parish Priest of St Thomas Aquinas, Ham. After a very short term of illness Fr. Ellis died on Friday 29th October in Kingston Hospital.

Please pray for the repose of the soul of Fr Robert Ellis and for the comfort of the Holy Spirit upon his family, friends and brother priests.

May Fr. Ellis Rest in Peace and Rise in Glory

### **ANTHONY 'Tony' JOSEPH BYRNES RIP**

Anthony died on October 10<sup>th</sup> 2021 aged 84. We offer our prayers and condolences to the Byrnes family and all who knew Anthony. His cremation will take place at North East Surrey Crematorium on Friday 12<sup>th</sup> November at 9.20am.

May Tony Rest in Peace and Rise in Glory.

### SHEILA BORG RIP

Sheila died at the age of 86 years and our prayers and condolences go out to her two daughters Jennifer and Theresa. Sheila was Baptised at Saint Teresa's Church and was a parishioner for many years. A daughter of Malta, Sheila lost her husband 12 years ago.

May Sheila Rest in Peace and Rise in Glory.

### DAVID SAMUELS RIP

With our parish school we are offering our love and spiritual support to the Samuel's family following David's sudden death. David was just 39 years old. His wife Rebecca and David were blessed with three daughters, Eva, Jaya and the eldest Hallie.

David was very much a family man. He worked in the world of finance. David has a twin brother and we offer sympathy and condolences to all the family. His roots are West Indian. His mother-inlaw Jean Phipps said he was a wonderful son-in-law and his commitment to family life was exemplary.

As we wait for his funeral arrangements we keep David's soul in this month of the The Holy Souls in prayer.

May David Rest In Peace and Rise In Glory.

### FR. JOHN SLATER RIP

Please keep in prayer the soul of Fr John Slater who died on Monday 25th October 2021 in Temple Ewell Nursing Home, Dover. His funeral arrangements will be announced soon. AFE Designed

May Fr. Slater Rest In Peace and Rise In Glory

### NOVEMBER – THE MONTH OF THE HOLY SOULS

There is a longstanding tradition in the Catholic Church to pray for the souls of the deceased. We are all part of the Communion of Saints and our role is to intercede for each other. Not only in this life on earth, but also after we have departed. Praying for the souls of those that have gone before us goes right in step with Divine Mercy.

The Catechism of the Catholic Church also says that our prayer for the souls in purgatory is capable not only of helping them, but also of making their intercession for us effective. (CCC 958)

So, here's how it goes with the praying Body of Christ. Some disciples are here on earth, others are in the full glory of heaven and others have died and are being purified (waiting to certainly go to heaven after the purification process). We, the Militant Church here on earth, pray for each other and for the souls in purgatory. The Triumphant Church, the saints in heaven, pray for us and



for the souls in purgatory. The Penitent Church, the souls in purgatory, soon to be saints, have the power to pray for us! Yes! Amazing and true! The holy souls in purgatory can intercede for us too! They are still members of the Body of Christ even in the time of purification and just like Christ....they LOVE US!

Bishop Fulton Sheen once said that "As we enter Heaven, we will see them, so many of them, coming toward us and thanking us. We will ask who they are and they will say: 'A poor soul you prayed for in purgatory.'"

Try to find time to visit one of our local cemeteries. When you pray for the Holy Souls in Purgatory you never pray alone.

### 13<sup>TH</sup> NOVEMBER – SATURDAY

Canon Michael will be at **Sutton Cemetery** on Saturday 13<sup>th</sup> November from 12.30-1pm ready to pray and bless graves and headstones.

### 14<sup>TH</sup> NOVEMBER - REMEMBRANCE SUNDAY

Deanery Clergy will be at **Garth Road Cemetery** and **North West Crematorium** on Sunday 14<sup>th</sup> November at 3pm

### **REMEMBRANCE SUNDAY**

An extra Mass will be celebrated at 5:30pm at Saint Teresa's on Sunday 14<sup>th</sup> November. In memory of those who died in the pandemic last year and this year.

If you wish your loved ones to be remembered at this Mass, please email or leave a list at the pairsh office.

### WELCOME - DEACON CON DIVER

Deacon Con wishes to thank all those who have supported him during his journey towards Ordination, for the gifts and prayers received for himself and his family.

"May God who has begun the good work in you, bring it to fulfilment."

Photos from the Ordination of Con Diver on Friday 5<sup>th</sup> November at St. Georges Cathedral, Southwark.



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### THANK YOU!

On Sunday 7<sup>th</sup> November we were able to say *Goodbye and Thank You* to Adri and Teresa Wells who are retiring. Their involvement in the Liturgy of Music at Saint Teresa's parish has been a beautiful ministry of service. We also thank Adri for years of service heading the parish Finance Team. We wish them joy and happiness in their journey ahead.



### **CONFIRMATION CATECHISTS - CAN YOU HELP?**

What is a Catechist?The word catechist comes from the Greek word "echo". Catechists are people who ECHO the Word of God.



"Catechists must hand on the teachings of Christ to those being catechized; ...Catechists must make the words of Christ their own: 'My teaching is not my own but is from the one who sent me,' and they confess with Saint Paul, 'I handed on to you ... what I also received."" National Directory for Catechesis (Ch 4:29E)

The Confirmation Team are currently looking to recruit volunteers for their programme, which is due to start in the New Year. If you are interested, please contact Rob Mobilé at <u>roberto@need2succeed.co.uk</u>.

A meeting will be held in December to discuss the programme and training for all catechists.

For the safety of our children, all volunteers (18+) must complete a DBS background check.

### ON THE "CHURCH'S SYNODAL PATH OF COMMUNION, PARTICIPATION AND MISSION"

Unlike previous gatherings of the world's bishops, Pope Francis wants this synod to include directly the people in local dioceses across the world, especially with the lay faithful.

Here in Southwark we will be holding consultation and listening sessions to gather perspectives that we will use in preparing a report for Rome to be delivered by next April. Following this long process of listening, the Pope will convene the synod of bishops in Rome in October 2023.



What Pope Francis is calling "the synodal path" is a journey of prayer and reflection. In this coming year, he is asking each of us to think about our relationship with Our Lord Jesus, our communion with Him in His church, and how we participate in His mission.

As a parish we will come together to reflect and respond to the Holy Father's request. In unity with Archbishop John and our Diocesan family we will hold a meeting in the very near future. We hope you will be able to attend.

Every parish has been asked to send at least two Delegates for meetings with Archbishop John and his team. I'm pleased to announce that Paul Carter and Fred Mendonça have agreed to take on this role.

### PRAYER FOR THE LAITY

Lord God, you willed the power of the Gospel to act as a leaven in the world and you called the lay faithful to live out our lives amid temporal affairs. Let us be so on fire with Christian spirit that as we engage in our role in the world we will build and proclaim your Kingdom. We ask this through Christ our Lord. Amen.

### Synod Prayer:

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right.

All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. *Amen*.



Archdiocese of Southwark



Justice, Peace and the Integrity of Creation

## **AUTUMN ASSEMBLY**

Saturday 20th November 2021

## **COP26: What Next?**



What is happening to our common home?

How do we care for the earth, care for the poor, care for a fairer economy for everyone?

### At Corpus Christi Catholic Church, Trent Road, Brixton Hill, London SW2 5BJ

Registration from 10.30am for 11am start. Entrance is free. Everyone welcome. Email: *jpiccontact@rcaos.org.uk* to reserve your place & receive programme details. Please bring a packed lunch. Tea and coffee will be provided.

Parish Mass at 10am.



# Saying Goodbye

When a baby is lost, whether during pregnancy, at birth or in infancy, it is a devastating experience for the parents and the extended family.

Sadly for people that lose prior to 24-weeks gestation, services to commemorate the life that has been lost are seldom held, while for parents who lose later in pregnancy, at birth or in early years, the parents are usually in the depths of grief when a service is held.

The Saying Goodbye services are the first international set of remembrance services, for people who have suffered the loss of a baby at any stage, and whether that be recently or decades ago. They provide a time and place to acknowledge and remember your baby, whilst collectively 'saying goodbye'.

GorowingYou

The services also welcome anyone gneving the fact that they have been unable to have children.

The services are for people of any faith or no faith, are free to attend, no tickets need to be booked, and people are invited to bring family, friends and children with them. Held at cathedrals and similar venues across the globe, chosen for their beauty and grandeur; a wonderful tribute is created for all lost babies.

Together we will stand and say, "our children may have only been on this earth for days, weeks, months or years, but they were truly loved, and will always be missed!"

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### 28th Nov 2021 | 3.30pm | Methodist Central Hall, Westminster

For up to date service details, please see www.sayinggoodbye.org

The Mariposa Trust is the charity that runs the Saying Goodbye services, and is supported by wonderful Ambassadors including Professor Robert Winston, Nigella Lawson, Jools Oliver, Mary Nightingale, Kym Marsh, Caroline Quentin, Julie Etchingham and Professor Lesley Regan.

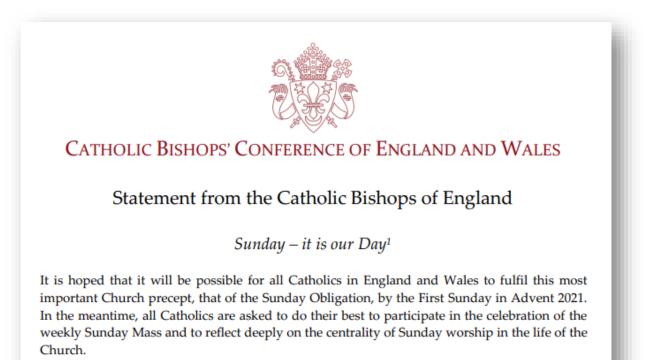
Saying Goodbye & Mariposa Trust

### **SECONDARY SCHOOL - MASS ATTENDANCE FORMS**

As per the statement from the Catholic Bishops of England in July this year (see below), the Sunday Obligation will resume from the first week of Advent - Sunday 28th November 2021, COVID situation permmitting!

As we being to return to some form of normality, the School Mass Attendance forms for all children of Years 4 and 5 ONLY, will be given out once a month at all of the Masses.

Parents must fill in this form, clearly stating the child's name and contact details. Children should NOT be filling in these forms themselves.





The Passage, a Christian Charity working with homeless people, is holding a fundraising concert at the Royal Festival Hall on Thursday 25 November on the theme Bohemian Rhapsody, featuring popular works by Dvořák, Mahler and Smetana. The performers includes Andrei Ioniță, Cello;

## Saint Teresa's

LIFE is remembered LOVE is deepened, HOPE is rekindled, FAITH is awakened, FAITH is renewed, FAITH is strengthened, Where BLESSINGS from Heaven await you. Where the LORD OF DIVINE MERCY forgives you. Where the Mother of God prays for you. Where Saint Teresa intercedes for you. Where Saint Joseph seeks to help you. Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME

### PAX CHRISTI – CHRISTMAS CARDS



New Christmas cards are now available from Pax Christi: Felt banners were created some years ago for display at a church in Cambridge during Christmas. These banners have now been made into Christmas cards. They can be ordered at £4.50 plus p+p from: <u>HTTPS://paxchristi.org.uk/product/nativity-triocards/</u>

### ARE YOU CONSIDERING GETTING MARRIED?

Please be aware of the following change in the law which takes effect from 1<sup>ST</sup> July 2021!

Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens **who wish to marry in England and Wales** as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
- An Irish Citizen

 An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021. Currently couples who are subject to immigration control must make an appointment at one of 75 Designated Register Offices within England and Wales to give notice to marry. From the 1 July 2021, all register offices will be designated for the purposes of taking a marriage for these couples.

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.

### PARISH FINANCE

### **Sunday Collections and Donations**

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at



this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by <u>standing order</u>, which can be arranged through your bank, or by using the <u>DONATE</u> link here or on the parish website.

### Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, was approximately

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Making donations go further

£2,400 a week (*pre-COVID*). If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

### GIFT AID NOTICE - HAVE YOU COLLECTED YOUR GIFT AID BOX?

### PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details **Do You Gift Aid?** 

### CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

### COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



### CANDLES

### SUMUP CARD READER

- IF THE SCREEN IS BLANK press the power button
- ENTER THE AMOUNT YOU WISH TO DONATE
  - e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD *for contactless* or INSERT CARD *using your pin*
- SELECT RECEIPT use arrows to select option required

### **QR SCAN POINTS**

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



### THANK YOU FOR YOUR FINANCIAL SUPPORT – IT'S VALUED AND APPRECIATED!

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### Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

### **Basic Government Advise on Face Coverings Masks at Mass**

Face coverings are encouraged still in places of worship. Many of you already attend Holy Mass wearing one – Thank You!

From now on at St. Teresa's all who attend Mass, or any other service **must** wear a face covering, unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass, as it is an enclosed public space where there are people from different households who do not normally meet.

### Mass at St. Teresa's

### St. Teresa's Parish General Protocols

The Cardinal and the Archbishop wish to reassure you that THE DISPENATION of the faithful from the obligation to attend SUNDAY MASS remains in place for the time being. NO ONE IS OBLIGED to attend Holy Mass whilst dispensation is in effect.

- All Sunday and Weekday Masses will continue to be Streamed Live on the Internet via the usual link.
- Attendees and volunteers from demographic groups at a greater risk of serious illness, such as people 65 years of age or older and individuals with chronic medical conditions, are

encouraged to stay safe by avoiding public gatherings, but are not prohibited from attending Mass if they so choose.

- Anyone attending Mass does so at their own risk.
- All attendees are asked to wear a mask before entering the church, until they leave. Each person should bring their own masks.
- Another reminder: ANYONE who has even the slightest symptoms or feelings of sickness must remain home.
- Until further notice: Our Parish will adopt a FIRST COME, FIRST-SERVED approach at all our Masses.
- We are required to keep a register of all attendees. So please put your name, address, contact telephone number on the Sign-In sheet.
- A number of benches will be designated for those who wish to observe social distance.
- Infants and children should remain with their parents AT ALL TIMES.
- We will have one point of entry in order to control the number of people entering. Once the maximum number of attendees is reached, no one else will be allowed entry.
- If weather permits, all doors will be propped open before Mass as you arrive so that you do not need to touch the handles or doors to enter.
- At the end of Mass, exits will be indicated by the parish priest to expedite the guided departure and minimise chances of people encountering one another. In all cases, **PHYSICAL DISTANCING MUST BE OBSERVED.**
- The Parish Church is closed at the end of each Mass for a special cleaning. Our thanks to the parish team.
- Please be aware that there will only be DISABLED toilet facilities.

### <u>SAFETY</u>

- Physical distancing of is in place at all times and in all directions between people who are not of the same household.
- Please **do not move or swap** seats.
- Reminder Volunteers and ALL members of the congregation should use the Medical Guidelines that have been issued before attending Mass. If you have ANY symptoms, such as a cough, fever, shortness of breath, runny nose or sore throat, please stay at home.
- All team members, welcomers and participants please wear your own personal shield or mask.
- All who attend must observe proper hand hygiene from the point of entry, whilst inside and upon exciting the church.
- Hand sanitising stations are available by the doors of the church.
- Hand washing with soap and hot water for at least 20 seconds (say a prayer) is also strongly encouraged before arriving for Holy Mass.

### HOLY MASS

These are some of the main points to note:

- Sacred Vessels will be purified and washed by the parish priest after Mass. This reduces the risk and need to have sacristans and Eucharistic ministers in the sacristy.
- Singing of hymns will be introduced gradually.

- Offertory processions maybe re-introduced soon in the next couple of weeks.
- Altar Serving will continue on a rota basis.
- The chalice, paten, ciborium, cruets and lavabo will be on a small table beside the altar.
- Your parish priest will not be wearing a mask during the Liturgy of the Eucharist; therefore, all ciboria will be covered at all times. He will wear a visor if and when he distributes Holy Communion.
- Collections will start to be taken up during the Mass. The collection boxes will still be available at strategic points and two card readers have been installed. Secure vigilance will be in place over the donations.
- There is no shaking of hands at the Sign of Peace.
- There will be no Holy Water in fonts.
- All hymnals, missalettes, pew cards, pencils, donation envelopes and other loose items will be removed.
- Newsletters are only available on-line at the parish website.

### Regarding the Distribution of Holy Communion:

- The individual attestation at the distribution of Holy Communion ("The Body of Christ, Response: Amen) is eliminated. Instead, one general announcement ("The Body of Christ") will be made by the parish priest, and one general response ("Amen") is to be made by one and all before distribution begins. Then each person who wishes to receive the Blessed Sacrament comes forward in procession at a safe distance and receives in silence.
- The Precious Blood will not be distributed at this time.
- Holy Communion may only be received **in the hand** until further notice.
- For the common good, our Bishops around the world acknowledge that Communion on the tongue is the right of the faithful, we ask you please receive **ONLY** in the hand until further notice. Thank you for your understanding and support.
- When needed, Ministers of the Eucharist may be invited to officiate at Holy Communion time. If called upon, Ministers of Holy Communion must sanitise their hands immediately after receiving Communion BEFORE distributing Holy Communion to the faithful. They must also sanitise their hands immediately after distribution.

Should you have any questions regarding this information please reply by email: <u>morden@rcaos.org.uk</u> or call our parish number: 020 8648 4113

### PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

### How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



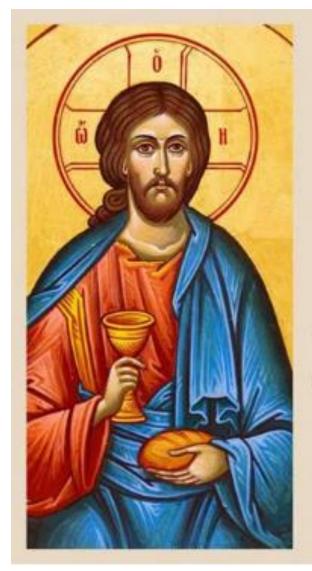
Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: '*My God, grant me perfect contrition for my sins.*'

- 1. In reality or imagination kneel at the foot of the crucifix and say to yourself: " Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"
- 2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
- 3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: "O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."
- 4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

### How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

- 1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
- 2. Imagine the sacred words and actions of the Mass or watch online or on TV.
- 3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
- 4. Desire, with earnest longing, to receive Our Lord present Body, Blood, Soul and Divinity in the Blessed Sacrament.
- 5. Say the prayer of St. Alphonsus de' Ligouri The Prayer of Spiritual Communion
- 6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



### Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.