



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Deacon Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

CONFESSIONS AFTER ALL MASSES

Mass Times and Intentions-Year C:

Sunday 6th February – 5th Sunday in Ordinary Time

- 5.30pm Fergal Diver & Family's Intentions
Eddy Tabet RIP, 1st Anniversary
- 9am People of the Parish
- 11am Jacqui O'Connor's Intentions
Jude Hickey's Intentions

Monday 7th February

- 9.30am Rosary
- 10am Those Facing Times of Trouble

Tuesday 8th February – St Josephine Bakhita

VICTIMS OF TRAFFICKING

- 9.30am Rosary
- 10am Joseph Lunn RIP

Wednesday 9th February

- 9.15am Novena to Our Lady of Perpetual Succour
- 10am Annette & Bill Gillott RIP

Thursday 10th February – St Scholastica

- 10am Francis Assisi Mendonça RIP

Friday 11th February – Our Lady of Lourdes

WORLD DAY FOR THE SICK

- 9am Divine Mercy Chaplet & Rosary
- 10am Santana Coelho RIP

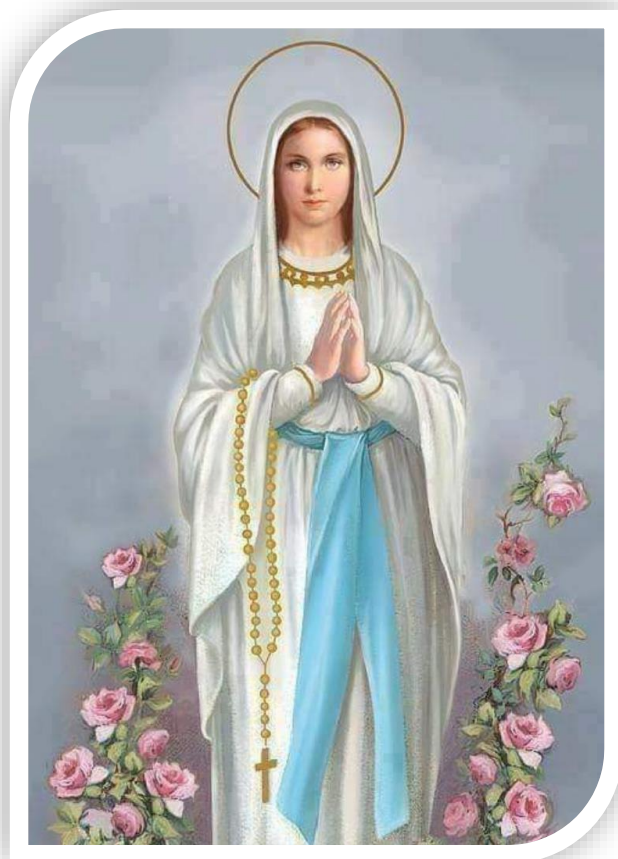
Saturday 12th February

- 5.30pm Holy Souls
Leonard Walker's Intentions

Sunday 13th February – 6th Sunday in Ordinary Time

RACIAL JUSTICE DAY

- 9am Doctors, Nurses, Chaplains & Patients of
St. Helier Hospital
- 11am People of the Parish



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

PLEASE NOTE:

Our Masses are also available online at
<https://www.stcm.org.uk/>
All Services are streamed on YouTube

Dear Saint Bernadette and Our Lady of Lourdes

Please pray for all who are on our Parish Sick List, for family and friends,
We pray for those who are unwell.
Those struck down by serious disease.
Those awaiting a diagnosis or operation.
Those receiving treatment for cancer.
Those with debilitating, chronic conditions.
And those with terminal illness.

From our Altar, from our hearts may we also send out our blessing to all who are unwell at home
in our Hospitals, Care Homes, Nursing Homes and those in Hospice care. Amen

Thank you for praying for:



Anne-Marie Mendonça, Moira Macklin, Maureen Smith, Maureen Flaherty,
John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena,
Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Valerie Somerset,
Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen and Jane
Turner, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret
Peacock, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Mary Reilly, Alan
O'Leary, Bill and June O'Keefe, Gerry Gillan, Bella Harding, Eileen Stevens, Dave Herris, Gabriel
Lyons, Sylvester Forya, Antonina Urbni, Tony London, Kevin McKeon, Vincent Moyle,
John Antao, Stella Carrasco, Gerald Pereira, Theresa Mathison, Jason Sigalas,
Pope Francis and Pope Benedict, Pope Emeritus.

*If you wish to be prayed for on our Parish Sick List, please let us have your name.
Every First Friday we offer and remember you in Holy Mass. We also keep you in our daily prayer, our times
of Adoration, Novena's and the Holy Rosary.*

Dear Parishioners, please continue to remember the Sick Clergy of the diocese and send out your blessing
in prayer to all the Nations of the World, as they do their best to combat the pandemic and natural
disasters that many nations are battling with at this time. THANK YOU!

ELAINE GOLDSON RIP

Requiem Mass Thursday 17th February 1200 Midday, Bandon Hill Cemetary 2pm

Ellaine Goldson died on January 19th at the age of 84 years. We pray for her family, especially her daughter Natasha, her friends and neighbours. Her funeral will take place here at St. Teresa's at 12 Midday.

May Elaine Rest in Peace and Rise in Glory.

RECENT DEATH

Now At Rest And Kept In Prayer †



Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Lourdes Mary Fatima
Irene Ward RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP
Michael Joseph Nihill RIP
Gerald O'Toole RIP
Sarah Hedy Connolly RIP
Sotelo Cabrera RIP
Noel Ryan, RIP
Michael Scott RIP
Anna-Maria Fantocchi RIP
Giovanni Corsini RIP
Gerry Kirrane RIP
Gay Phillips RIP
Tony Byrnes RIP
Jane Neyman RIP
Christopher O'Byrne RIP
Jose Goncalves RIP
Sheila Borg RIP
Theresa Mason RIP
Remo Corsini RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP
Jayandradevi Rabindran RIP
Remo Dipre RIP
Alan Frederick Burridge RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Annie Francis RIP
Giovanni Mansini RIP
Joseph Lunn RIP
Norah Mary Williams RIP
Francisco José Carrasco RIP
Eva Sereny RIP
Steven Duggan RIP
Lena McBride RIP
Mary Whelan RIP
Mary Connolly RIP
Kevin Mattimoe RIP
Michael Bourke RIP
Dorothy Gertrude Cleary RIP
Frances Healion RIP
Douglas Banks RIP
Robert Peter RIP
Dennis Leadley RIP
Daniel Samuels RIP
Michael McAndrew RIP
Shanti Annette Thesailankaimannan RIP
Mark Ryan RIP

Recent Southwark Diocese Clergy Deaths

Deacon William Boyd RIP	Fr. Richard Diala RIP
Deacon Jim Hayes RIP	Fr. Michael Boland RIP
Fr. Paul Sanders RIP	Fr. Robert Copsey SOLT RIP
Canon Richard Hearn RIP	Deacon Vincent Bowgett RIP

May They Meet The Risen Lord

Remind us Dear Lord, of the great company of your people who have been called before us, famed or forgotten, celebrated or overlooked, all who have run their race and kept the faith, walking the way of Christ to their journeys end.

Hear our prayer and the prayer of our Rosaries for those whose anniversaries occur at this time.

CONFIRMATION 2022

Confirmation starts March 1st for all young people in Year 9 and above. There will be an information and sign up session on **Wednesday 23rd February @ 7.30pm** in the church. **AT LEAST 1 PARENT/CARER AND ALL CANDIDATES MUST ATTEND THIS MEETING, NO REGISTRATIONS WILL BE TAKEN AFTER THIS DATE.** The cost of this year's Programme is £20. Can you please bring payment and if baptised outside of St Teresa's, a copy of the candidates' birth certificate with you when you come? **The first session of this year's programme starts on Tuesday March 1st at 6.30pm.** Thereafter, sessions will be held on Wednesday every week. We are expecting the Confirmation Day to be Sunday 3rd July @ 2pm.

Catechists, a meeting will be held on Wednesday 9th February @ 7.30pm



Saint Teresa's Parish Mission



Ash Wednesday to Easter Sunday - Watch this space!

VATICAN SYNODAL PROCESS – Parish Consultation Phase

The consultation is still open, so please do return any responses you have.



QR Code to Questionnaire online



Step2 Synodal Process - Listening



Thanks to each one of you for taking part so far through the guidance of the Holy Spirit.

We ask you to contribute to this final step before we report back to our Archbishop in the next level of consultation towards the Holy Father's listening.

Your responses so far are beautiful, and summarise what our church does well; welcoming, tending to spiritual, pastoral and practical needs under difficult restrictions in the past two years. We thank you for your openness and honesty! Your feedback shows wonderful examples of our collective PARTICIPATION.

Now we are challenged with COMMUNION and MISSION

"Blessed are the poor in spirit for theirs is the kingdom of heaven" (Matt 5:3)

"I have not come to call the virtuous, but sinners" (Luke 5:32)

"who has not sinned ... be the first to throw the stone" (John 8:7)

Here is what we ask of you –without condemnation and with the compassion and listening inspired by the Holy Spirit, please approach and ask members of your family and friends who feel neglected by the Church, who have turned away from the Church

Why do you feel outside/neglected?

What can the Catholic Church do to reach out and welcome you/those who feel outside?

As individuals and families, men and women, younger and older, let us allow the Holy Spirit to come into our lives, to gift us the spirit of participation and discernment, and to reach out to all who need the body of Christ.

Here is some information from the Diocese to help you reflect and consider your responses.



Questions for Use in Parish Listening, Sharing and Reflection

The Synod website provides suggestions on how to pose these questions to various groups of people in simple and engaging ways (<https://rcaos.org.uk/synod>).

Each diocese, parish, or group should not aim to cover all the questions but should discern and focus on those aspects of synodality most pertinent to its context.

Participants are encouraged to share with honesty and openness about their real-life experiences, and to reflect on what the Holy Spirit might be revealing in what they share with one another. Frameworks for sharing can be found in the **Facilitating Local Spiritual Conversations** document.

This Synod poses the following fundamental question:

A synodal Church, in announcing the Gospel, 'journeys together.' How is this 'journeying together' happening today in your local Church? What steps does the Spirit invite us to take in order to grow in our 'journeying together'? (PD 26)

By growing together in communion, the people of God deepen their participation in the life of the Church and so become more effective missionary disciples in the world.

Read all of the questions. The questions in **bold** are the main ones we suggest you explore but you may wish to focus on the three thematic areas using the other questions offered here.

Communion

The Church is Catholic because she is sent to all, in order to gather the entire human family from every nation and culture, under the Lordship of Christ and in the unity of his Spirit.

- 1. What are the ways in which your parish most successfully brings people together?**
2. In which areas of parish life (liturgical, charitable, social etc.) does your parish feel and act as one?
3. In which areas of parish life (liturgical, charitable, social etc.) are you able to discern the presence and movement of the Holy Spirit?
4. How is the Holy Eucharist the main focal point for your parish?
5. Is the parish the sole locus for Communion in your area?
- 6. Christ is present as the head united to his body (Ephesians 1:22-23) in our parishes and communities. How is this reflected in your parish/community life? Are there other reasons that you gather together?**
7. In what ways can you help to build up communion effectively and authentically in the coming months and years?
8. How do you relate to members of the Church who have drifted away from practice?
9. How does your parish relate to other parishes nearby and the diocese as a whole?



Participation

Participation is based on the fact that all the faithful are qualified and called to serve each other through the gifts they have all received from the Holy Spirit. The authority of pastors is a specific gift of the Spirit of Christ the Head for the building up of the entire Body.

- 1. Reflecting on 16 months of the pandemic, how has participation in your parish been affected? Were these issues there before?**
2. How can participation be strengthened moving forward into the future?
3. What are the means by which different voices can be heard in your parish (particularly those on the periphery of parish life)?
4. Which groups and individuals are least included in your parish?
5. How can you broaden the way you include people whilst keeping always true to the Gospel and our core Christian identity?
6. How do you currently participate, personally, in the life of the Church? How much responsibility do you have as an individual?
- 7. How can we better enable full participation and co-responsibility in the life of the Church at the parish and diocesan levels?**
8. How does your parish effectively identify and use the gifts of its people?
9. How do families and young people effectively participate in the life of your parish?
What do you do to support them?

Mission

The People of God are on pilgrimage through history towards the heavenly homeland. Each one of the baptised is to be honoured with the same dignity as children of God and appointed to the same mission, the proclamation of the Good News and the building of the Kingdom of God.

1. Given what you see of the Church (words and actions), in the parish and beyond, what would you say is the Church's mission?
2. How might we find a shared understanding of mission in the different parishes and Catholic institutions in the Archdiocese of Southwark?
- 3. Are we looking in or are we looking out, as a parish community? Can we do both effectively?**
4. From a missionary perspective, how would you characterise both the local situation and local needs in your parish and community?
5. How is your parish set up for evangelisation? How does your parish reach out to the broader community with the Good News?
6. Where is the Holy Spirit calling you to mission and service today?
7. In what ways do you already intentionally and actively seek to share the Good News of Jesus Christ?
- 8. How does the life of the parish, in terms of catechesis, adult formation, liturgy etc. aid in the formation of parishioners as missionary disciples?**
9. How can the call to holiness and the call to mission be reflected in different aspects of parish life?

Terms from the Synod documents

Discernment

The Synodal Process entails a discernment process. In this process, we listen to each other in order to discern what God is saying to all of us. This kind of discernment is not only a one-time event, but ultimately a way of life, grounded in Christ, following the lead of the Holy Spirit, living for the greater glory of God. Communal discernment helps to build flourishing and resilient communities for the mission of the Church today. Discernment is a grace from God, but it requires our human involvement in simple ways: praying, reflection, paying attention to one's inner disposition, listening and talking to one another in an authentic, meaningful, and welcoming way. Discernment in this spiritual key plants seeds that can bear the fruits of fraternity, healing, communion, mission, and more. God comes to lead and inspire us as we seek to discern His will.



Communion

Synodality is a living expression of the Catholicity of the Church as communion. In the Church, Christ is present as the Head united to His Body (Ephesians 1,22-23) in such a way that she receives from Him the fullness of the means of salvation. The Church is Catholic also because she is sent to all, in order to gather the entire human family in the richness of the plurality of cultural forms, under the Lordship of Christ and in the unity of His Spirit. The synodal path expresses and promotes her Catholicity in two ways: it shows the dynamic way in which the fullness of faith is shared by all members of the People of God and it assists in handing it on to all people and all peoples. (ITC, Syn., no. 58)

Participation

A synodal Church is a Church of participation and co-responsibility. In exercising synodality she is called to give expression to the participation of all, according to each one's calling, with the authority conferred by Christ on the College of Bishops headed by the Pope. Participation is based on the fact that all the faithful are qualified and called to serve each other through the gifts they have all received from the Holy Spirit. The authority of Pastors is a specific gift of the Spirit of Christ the Head for the building up of the entire Body, not a delegated and representative function of the people. (ITC, Syn., no. 67)

In the synodal Church the whole community, in the free and rich diversity of its members, is called together to pray, listen, analyse, dialogue, discern and offer advice on taking pastoral decisions which correspond as closely as possible to God's will. So, in coming to formulate their own decisions, Pastors must listen carefully to the views and experiences of the faithful. Canon law stipulates that, in certain cases, they must act only after having sought and obtained the various opinions according to juridically established procedures [82]. (ICT, Syn., no. 68) At the same time, the path of synodality requires much wider participation than only that which is required by the law.

Mission

The Church is missionary because that was the way of Christ. We are told in the Bible that 'God so loved the world that he sent his only Son' (John 3:16). Jesus was sent into the world to reveal God's love. In turn, Jesus said to his apostles, 'As the Father has sent me, so I send you' (John 20:21). 'You will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth' (Acts 1:8). The mission of Jesus to proclaim the Kingdom of God to all people has been handed onto the Church and individual believers, guided by the Holy Spirit.

The dogmatic Constitution *Lumen Gentium* sets out a vision of the nature and mission of the Church as communion, with the theological presuppositions of a suitable re-launch of synodality: the mystical and sacramental conception of the Church; her nature as People of God on pilgrimage through history towards the heavenly homeland, in which all her members are by virtue of baptism honoured with the same dignity as children of God and appointed to the same mission; the doctrine of sacramentality of the episcopate and collegiality in hierarchical communion with the Bishop of Rome. (ITC, Syn., no. 40)



The full document explaining terms can be found on the siocesan website: <https://rcaos.org.uk/synod> and on the General Secretariat for Synod of Bishops own site: <https://www.synod.va/en.html>

PRAYER FOR THE LAITY

Lord God, you willed the power of the Gospel to act as a leaven in the world and you called the lay faithful to live out our lives amid temporal affairs. Let us be so on fire with Christian spirit that as we engage in our role in the world we will build and proclaim your Kingdom. We ask this through Christ our Lord. Amen.

Synod Prayer:

We stand before You, Holy Spirit,
as we gather together in Your name.
With You alone to guide us,
make Yourself at home in our hearts;
Teach us the way we must go
and how we are to pursue it.

We are weak and sinful;
do not let us promote disorder.
Do not let ignorance lead us down the wrong path
nor partiality influence our actions.

Let us find in You our unity
so that we may journey together to eternal life
and not stray from the way of truth
and what is right.
All this we ask of You,
who are at work in every place and time, in the communion of the Father and the Son, forever and ever. *Amen.*

A RETREAT FOR LENT

Make some space to develop your relationship with God this Lent. Sign up for our Diocesan 'retreat at home' called **Saving Grace**. Every week you will receive an email with links to a 25minute video in which our Archbishop John will introduce the theme and the reading, Chris Chapman will deliver the retreat, with others contributing. You will also receive materials to use in your own prayer and reflection. All you have to have to do is sign up and then set aside what space you can for Saving Grace!
You can sign up to receive the materials directly here: http://eepurl.com/hnK_Rz



Archdiocese of Southwark

APPRENTICESHIP & HIGHER EDUCATION - HELP AND ADVICE

St Boniface Youth and 20's & 30's Group is organising two sessions: Help and advice on Apprenticeships: on Saturday 5th March 3-4pm and Higher Education: on Saturday 12 March 3-4.30pm at St Boniface Parish Hall.
All Year 11 & 12 or any year group and parents are most welcome. An opportunity to speak to professionals to get some help and advice for their career and future.

St. Boniface Church, 185 Mitcham Road, Tooting, SW17 9PG

REPARATION TO OUR LADY – FIRST SATURDAY'S

St. Teresa's have begun the First Saturday devotion of the Rosary of Reparation to Our Lady, prior to 5.30pm Mass on the first Saturday of each month, along with Confession in fulfilment of the request of Jesus to Sr. Lucia in 1925. Here is some background to the devotion of the Five First Saturday's.



Five First Saturdays

The Five First Saturdays devotion, first revealed by Our Lady at Fatima on Fatima on 13 July 1917, was requested on 10 December 1925, when the Blessed Virgin, appeared again to Sr. Lucia, together with the Child Jesus, who said: ***"Have compassion on the Heart of your Most Holy Mother, covered with thorns, with which ungrateful men pierce it at every moment, and there is no one to make an act of reparation to remove them."***

The Great Promise of Our Lady

"I promise to assist at the hour of death all those who, on the first Saturday of five consecutive months, shall confess, receive Holy Communion, recite five decades of the Rosary and keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me."



- What does Our Lady ask all of us to do?
- Go to confession – this can be up to 8 days before or after the First Saturday itself.
- Receive Holy Communion - on the day itself, in a state of grace, with the intention of making reparation as above.
- Recite five decades of the Rosary.
- Meditate on the mysteries of the Rosary for 15 minutes: this is not difficult, e.g, slowly read the Gospel account of the mysteries, or use a booklet on the Rosary.

Each part of the devotion should be made with the intention of making reparation to the Immaculate Heart of Mary, on the first Saturday of five consecutive months.

For more details about the Five First Saturdays devotion, or the Message of Fatima generally, please contact:

WAF Tel No. 07786 487557

email: info@worldfatima-englandwales.org.uk


www.worldfatima-englandwales.org.uk

 ARCHDIOCESE of
SOUTHWARK
RACIAL JUSTICE SUNDAY
ONE IN CHRIST



SUNDAY 13TH FEBRUARY 2022
ST GEORGE'S CATHEDRAL SOUTHWARK
MASS 10AM PLEASE BE SEATED BY 9.45AM
CELEBRANT: ARCHBISHOP JOHN WILSON
COME AND CELEBRATE RACIAL JUSTICE SUNDAY WITH THE DIOCESE
REFRESHMENTS WILL BE SERVED AFTER MASS IN THE AMIGO HALL

  **RC SOUTHWARK**
racialjusticecommission@rcaos.org.uk 

Catholic Medical Ethics 

A group for current university students of the healthcare professions interested in learning about the Catholic Church's response to difficult ethical questions.



This semester: Dr Chris Wojtulewicz of the Anscombe Bioethics Centre, Oxford, alongside other guest professionals, will be leading an eight-week virtual Bioethics lecture series.

It will explore the following topics:

- Personhood and the human embryo
- Organ donation and brain death
- IVF and Reproductive Technology
- Artificial Intelligence
- Contraception and Natural Family Planning
- Conscience and conscientious objection
- End of life decisions

When? Mondays, 6-7:30pm on MS Teams, starting on the 14th Feb 2022.


To sign-up for the group, and attend this lecture series exclusive to it, please email Laurence Jasper, Catholic Chaplain of King's College London: Guy's Campus: laurence.jasper@kcl.ac.uk using your university email account.

**COMING
UP**

HEALING EVENT

SAT 19TH FEB 2022
10AM - 5PM
ST GEORGE'S CATHEDRAL




Speakers

Fr Pat Collins CM, Dublin
New Springtime Community
Alice Hall
Sion Community & Unbound
Fr Joseph Edattu VC
Divine Retreat Centre

Praise and Worship
Teaching
Healing testimonies
Prayer ministry
Confession
Eucharistic Healing Service
Or
Holy Mass.

"COME TO me"
MATT 11:28



LIVESTREAM FROM ST GEORGE'S CATHEDRAL

SOUTHWARK ARCHDIOCESE CATHOLIC CHARMATIC TEAM

**They've been there for us
Let us be there for them**

Clergy Support Fund 2022

Please support our sick and retired priests with a gift today



 ARCHDIOCESE of SOUTHWARK
Charity No. 1173050

Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

*FAITH is awakened, FAITH is renewed, FAITH is
strengthened,*

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME

NEW MARRIAGE LAW

Please be aware of the following change in the law which takes effect from 1ST July 2021!

Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens who wish to marry in England and Wales as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
 - An Irish Citizen
 - An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021.
- Currently couples who are subject to immigration control must make an appointment at one of 75 Designated Register Offices within England and Wales to give notice to marry. **From the 1 July**

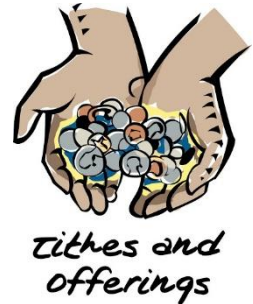
2021, all register offices will be designated for the purposes of taking a marriage for these couples.

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.

PARISH FINANCE

Sunday Collections and Donations

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.



Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, was approximately £2,400 a week (*pre-COVID*). If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE – HAVE YOU COLLECTED YOUR GIFT AID BOX?

**PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE
CONTACT CORNER**

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

COLLECTIN

Collectin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK ***press the power button***
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD ***for contactless*** or INSERT CARD ***using your pin***
- SELECT RECEIPT ***use arrows to select option required***

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.

THANK YOU FOR YOUR FINANCIAL SUPPORT – IT'S VALUED AND APPRECIATED!



Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

Covid-19 Guidance for Churches from the Catholic Bishops' Conference of England and Wales Summary

With respect to the current situation with the omicron variant it is important to ensure the following points are followed in our churches:

- That a positive message encouraging people to get **vaccinated** and have the booster jab, when able, is delivered whenever possible.
- That **hand sanitiser** is available to those attending the Church.
- That there is **a recommendation** for people to **wear a face** covering (both nose and mouth) during the act of worship.
- That there is **good ventilation** and air throughput in the building; in this case, because of climatic conditions, it would be important to remind people to **wrap up well** in church!
- That people who are engaged in a form of pastoral ministry which involves ministry to the housebound, sick, and vulnerable, should take **regular lateral flow tests** to ensure they are safe to do so. These are free from the NHS.
- **Holy Water Stoops** may now be used.

CATHOLIC BISHOPS' CONFERENCE OF ENGLAND AND WALES



Guidance for Churches – January 2022

Introduction

Following the announcement by HM Government on 19th January that the measures put in place to mitigate against covid virus transmission as “Plan B” will be lifted in full on 27th January, the following guidance is offered to the dioceses of England and Wales. The material in this briefing has been agreed with Public Health officials and follows the regulations for England and concur with the regulations in place for Wales which take effect on 28th January 2022.

Acts of Worship

The main mitigation against serious health issues arising from covid infection is to be fully vaccinated; this means two doses plus a booster for anyone aged 16 or over. The vaccine programme in England and Wales has had a major impact in reducing death

and serious illness from infection with Covid-19. The Church in England and Wales supports the vaccination programme and encourages people to be vaccinated.

The scientific consensus is that society is moving towards the stage where the virus is transitioning from the pandemic phase to the endemic phase, but as stated by HM Government, there is still a risk associated with gathering for sustained periods in enclosed spaces and therefore there needs to be continued caution by all against infection.

This, however, has to be balanced against the need to move forward safely towards a normal lifestyle and these two positions will always be held in tension. This holding in tension is the key to living safely with Covid-19, namely keeping infections from a virus that cannot be eliminated to levels which minimise disruption to people's lives.

This guidance has been written with this principle in mind.

Alongside the positive effects of covid vaccination, it should be stressed that any people displaying symptoms of Covid-19 should stay at home and not participate in acts of worship in church. This is good practice for any transmissible illness. Medical advice should be sought as appropriate for those who are ill.

The main form of virus transmission is via personal oral or nasal aerosol. Those attending an act of worship may continue to wear a face covering (both nose and mouth) whilst in the church building. There is no need for formal social distancing in church buildings, although those present should be sensitive to the needs of others around them. Churches should continue to ensure there is good ventilation, balancing this against the need for church heating, especially at this time.

It is clear from scientific evidence that transmission from surfaces (touch transmission) is now minimal and so the use of hymn books, missals and other worship aids can be resumed with immediate effect. Whilst it is still good practice to sanitise hands on entry and exit of churches, there is no need for readers (or other ministers) to sanitise their hands before reading or performing other ministries in the church. All ministers of Holy Communion (clergy and lay people) should still sanitise their hands for the distribution of Holy Communion. Holy water stoups may be refilled but care should be seen that the water is changed regularly (at a minimum of once a week). Usual forms of church cleaning are sufficient.

Regarding the liturgical action, there should be a return to the normal mode of celebrating Mass respecting the integrity of the Rite. This would include the reintroduction of the Prayer of the Faithful (where this has not been reinstated already), the *Sign of Peace* may be offered again if felt appropriate, and Holy Communion should be distributed at the usual place and in the usual mode (i.e. with the faithful approaching the minister in an orderly procession). For the time being, Holy Communion must continue to be given under one kind only (the Sacred

Host) and for concelebrations of clergy, intinction of the Precious Blood with the Sacred Host should continue to be used.

Where there is physical touch as part of another Rite of the Church (for example, anointing of the sick, anointing of foreheads etc) the use of cotton buds is no longer mandated, but the hands should be cleaned well before and after the Rite.

Congregational singing may continue and there is a general encouragement to wear face coverings while singing. However, it is recognised that not everyone will feel able to do this.

Social Activities

Parish social activities can resume (if they have been suspended) from the revert date to Plan A. It is recommended that the normal Health and Safety risk assessment for the activity and the space used for the activity is reviewed for these types of gatherings.

Home Visits

Home visits can continue (or begin again if they had been suspended) by priests, deacons and extraordinary ministers of Holy Communion and other volunteers. The minister to the sick or housebound person should take care to ensure that the number of visits to different homes in a single session of visiting is managed. It is recommended (outside hospital and hospice chaplaincies and social care institutions who have infection control in place) that the number of people visited is assessed beforehand to prevent the possibilities of transmitting the virus between people. Assessing the time spent with people and ensuring that there is good ventilation and cleanliness during the visit are also good practice.

Conclusion

Whilst this reduction of restrictions brings about a more normal way of living, the Covid-19 virus is still in circulation, and this should be in the mind of those participating in the life of the Church as time goes forward holding in balance the need for personal safety and taking responsibility for that safety.

Rev. Canon Christopher Thomas

FINAL

24th January 2022

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace. The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.



Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.

1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament.
5. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion

6. After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



Prayer for Spiritual Communion

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

