



# St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Deacon Con Diver

Parish e-mail address: [morden@rcaos.org.uk](mailto:morden@rcaos.org.uk)

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

## Confessions after all Masses

### **Mass Times and Intentions-Year C:**

#### **Sunday 22<sup>nd</sup> May – 6<sup>th</sup> SUNDAY OF EASTER**

5.30pm	Elizabeth 'Lizzie' Corcoran RIP
7.30am	Adoration
9am	People of the Parish
11am	Holy Souls

#### **Monday 23<sup>rd</sup> May**

8am	Adoration
9.15am	Rosary
10am	Matthew Ivan Kitandwe RIP Barbara Mendes Birthday Intentions

#### **Tuesday 24<sup>th</sup> May**

8am	Adoration
9.15am	Rosary
10am	Our Lady Helper of Christians – Legion of Mary Chris George's Intentions

#### **Wednesday 25<sup>th</sup> May – St Bede the Venerable**

8am	Adoration
9.00am	Novena to Our Lady of Perpetual Succour
10am	Gracian & Reena Gracian's Intentions

#### **Thursday 26<sup>th</sup> May – FEAST OF THE ASCENSION OF THE LORD**

8am	Adoration
9.15am	Rosary
10am	Philip Mendes Birthday Intentions

#### **Friday 27<sup>th</sup> May – St Augustine of Canterbury, Bishop**

8am	Adoration
9am	Divine Mercy Chaplet & Rosary
10am	Farnoush & Farid Chehraz's Intentions

#### **Saturday 28<sup>th</sup> May**

8am	Adoration
5.30pm	Abigale Gomes Birthday Intentions

#### **Sunday 29<sup>th</sup> May – 7<sup>th</sup> SUNDAY OF EASTER**

7.30am	Adoration
9am	People of the Parish
11am	Agnelo Gomes Health & Birthday Intentions



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

[www.mertoncatholics.org.uk](http://www.mertoncatholics.org.uk)

**Our Masses are available online at**

<https://www.stcm.org.uk/>

**All Services are streamed on YouTube**

**OFFICE OPENING HOURS: MONDAY, TUESDAY, THURSDAY, FRIDAY  
8.30AM TO 1PM (Closed Wednesday's)**

**Lord Jesus,**

You healed the sick, we bring to you in our prayer every day the sick and housebound, those coping with cancer and other serious health issues.

**Please hear our prayer for:**



Anne-Marie Mendonça, Moira Macklin, Maureen Smith, Maureen Flaherty,  
John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena,  
Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Valerie Somerset,  
Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen and Jane  
Turner, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret  
Peacock, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Mary Reilly, Alan  
O'Leary, Bill and June O'Keefe, Gerry Gillan, Bella Harding, Eileen Stevens, Dave Herris, Gabriel  
Lyons, Sylvester Forya, Antonina Urbni, Tony London, Kevin McKeon, Vincent Moyle, John Antao,  
Stella Carrasco, Gerald Pereira, Jason Sigalas, Reme Mills, Emilia Koharic, Vince & Edna Horwood,  
Pope Francis and Pope Benedict, Pope Emeritus.

*If you wish to be prayed for on our Parish Sick List, please let us have your name.  
Every First Friday we offer and remember you in Holy Mass. We also keep you in our daily prayer, our times  
of Adoration, Novena's and the Holy Rosary.*

Dear Parishioners, please continue to remember the Sick Clergy of the diocese and send out your blessing  
in prayer to all the Nations of the World, as they do their best to combat the pandemic and natural  
disasters that many nations are battling with at this time. THANK YOU!

### **FOR THOSE CALLED TO ETERNAL LIFE**

O gentle Heart of Jesus, ever present in the Blessed Sacrament, our parish family commends to  
you those who lived out their faith in our midst, those shared in our life here on earth.  
And in these days to come those whose anniversaries occur as we enter the month of May.

*May they Rest in Peace and Rise in Glory.*

## RECENT DEATH

Now At Rest And Kept In Prayer †



Avril Jean Costella RIP  
Shirley Johnson RIP  
Dermot Peter Long RIP  
Remo Dipre RIP  
Alan Frederick BurrIDGE RIP  
Sarah Marie Frost RIP  
Veronica Gorrod RIP  
Finbarr Francis Hurley RIP  
Lolito Laydia RIP  
Michael O'Kelly RIP  
Newton Coutinho RIP  
Anna Darby RIP  
Mary Creighan RIP  
Michael Joseph Nihill RIP  
Gerald O'Toole RIP  
Sarah Hedy Connolly RIP  
Sotelo Cabrera RIP  
Noel Ryan, RIP  
Michael Scott RIP  
Anna-Maria Fantocchi RIP  
Giovanni Corsini RIP  
Gerry Kirrane RIP  
Gay Phillips RIP  
Tony Byrnes RIP  
Jane Neyman RIP  
Christopher O'Byrne RIP  
Jose Goncalves RIP  
Sheila Borg RIP  
Theresa Mason RIP  
Elaine Goldson-Rhule RIP  
Teresa Gomes RIP  
Patricia Perryman RIP  
Antonio Costa RIP

Francis Assisi Mendonça RIP  
Joseph Antony Quintus Rabindran RIP  
Lourdes Mary Fatima Jayandradevi Rabindran RIP  
Irene Ward RIP  
Remo Corsini RIP  
Jonny Purvis RIP  
Ann Donaldson RIP  
Baby Angelika Hobbs RIP  
Annie Francis RIP  
Giovanni Mansini RIP  
Joseph Lunn RIP  
Norah Mary Williams RIP  
Francisco José Carrasco RIP  
Eva Sereny RIP  
Steven Duggan RIP  
Lena McBride RIP  
Mary Whelan RIP  
Mary Connolly RIP  
Kevin Mattimoe RIP  
Michael Bourke RIP  
Dorothy Gertrude Cleary RIP  
Frances Healion RIP  
Douglas Banks RIP  
Robert Peter RIP  
Dennis Leadley RIP  
Daniel Samuels RIP  
Michael McAndrew RIP  
Shanti Annette Thesailankaimannan RIP  
Mark Ryan RIP  
Anne Dunne RIP  
Patricia Kiely RIP  
Lizzie Corcoran RIP

### *Recent Southwark Diocese Clergy Deaths*

Deacon William Boyd RIP      Fr. Richard Diala RIP  
Deacon Jim Hayes RIP      Fr. Michael Boland RIP  
Fr. Paul Sanders RIP      Fr. Robert Copsey SOLT RIP  
Canon Richard Hearn RIP      Deacon Vincent Bowgett RIP      *May They Meet The Risen Lord*  
*Remind us Dear Lord, of the great company of your people who have been called before us, famed or forgotten, celebrated or overlooked, all who have run their race and kept the faith, walking the way of Christ to their journeys end.*

*Hear our prayer and the prayer of our Rosaries for those whose anniversaries occur at this time.*

## DEC – UKRAINE HUMANITARIAN APPEAL

[https://www.dec.org.uk/?gclid=Cj0KCQiA64GRBhCZARIsAHOLriLrac5em-topByZ8D5L4luy7Ar6ewj7qJUEO4ahr5d\\_XnRI3W3Sr4aAux2EALw\\_wcB](https://www.dec.org.uk/?gclid=Cj0KCQiA64GRBhCZARIsAHOLriLrac5em-topByZ8D5L4luy7Ar6ewj7qJUEO4ahr5d_XnRI3W3Sr4aAux2EALw_wcB)

## CAFOD (same one DEC fundraising)

<https://cafod.org.uk/News/Emergencies-news/Ukraine-crisis>

## DEPAUL UKRAINE EMERGENCY APPEAL via The Tablet

<https://int.depaulcharity.org/>



**THE CATHOLIC CHURCH**  
BISHOPS' CONFERENCE OF ENGLAND AND WALES

### Returning to Mass at Pentecost

#### Spring Plenary 2022 Resolution

*An invitation from the Bishops of England and Wales*

This is the bread come down from heaven (John 6:58)

A beautiful hallmark of the Catholic faith is the profound desire to participate in the Holy Mass and share in the Eucharist. We do so with deep gratitude and joy. The Eucharist gives the Church her identity – “The Eucharist makes the Church, and the Church makes the Eucharist.” It enables us to worship Almighty God, to support each other on our journey of faith, and to be a visible sign of faith in the world. This hallmark is supported and strengthened by the precept that our fundamental Christian duty is to worship God by participating in the celebration of Mass. Attending Mass on Sundays and Holy Days is the greatest of all privileges, sometimes referred to as “the Sunday Obligation.”

Since the beginning of the Covid pandemic, until the present time, we have shared with you our judgment that the situation of the last two years has meant that the Sunday Obligation has been impeded and has needed to be fulfilled in other ways. We thank God that this situation has now changed. The pressing challenges of the pandemic have lessened significantly. Most people have resumed the wide range of normal activities, no longer restricted by the previous Covid measures. We therefore believe that the reasons which have prevented Catholics from attending Mass on Sundays and Holy Days of Obligation no longer apply.

We understand there will still be some members of our congregations who, for reasons of health, do not feel safe enough to return to Mass. It has always been the understanding of the Church that when the freedom of any Catholic to attend Mass in person is impeded for a serious reason, because of situations such as ill health, care for the sick or legitimate fear, this is not a breach of the Sunday Obligation.

Our Catholic people and parishes have benefitted during these difficult times from the online streaming of Mass and other services. “Virtual viewing” of Mass online does not fulfil the Sunday Obligation. It may, however, be a source of continual spiritual comfort to those who cannot attend Mass in person, for example those who are elderly and sick, for whom the obligation does not apply. In this context, we recognise gratefully the ministry of those who administer Holy Communion to the elderly, sick and housebound.

We are grateful to our clergy, religious and lay faithful who have served our parishes, schools and communities with dedication and distinction throughout this pandemic. Now we look forward with renewed faith and confidence.

In the Holy Sacrifice of the Mass, the Lord's Supper, the Lord Jesus entrusted to us the precious gift of Himself. With humility, we glory in being a Eucharistic people for whom attendance at Mass is essential. Looking forward to the forthcoming feast of Pentecost, we now invite all Catholics who have not yet done so to return to attending Mass in person.

As the Church needs the witness of the presence of each person, so too each believer needs to journey in faith and worship with their fellow disciples. Nourished by our encounter with the Risen Lord Jesus, fed with His Word and His Body and Blood in Holy Communion, and supported by the presence of each other, we receive strength week by week, to serve the Lord and glorify Him with our lives.

*Approved by the Plenary Assembly of the Bishops' Conference Friday 6 May 2022*



## **FIRST HOLY COMMUNION**

Please remember in prayer, the children and their families who will be making their First Holy Communion this weekend. We thank the catechists for everything they do to help make this special parish event happen.



<b>SATURDAY 21st MAY 11AM</b>	<b>SATURDAY 21st MAY 1.30PM</b>
<i>Mia Allessandro</i> <i>Lela Avello</i> <i>Zara Badamasi</i> <i>Richard Gnanapragasam</i> <i>Alan Janik</i> <i>Leonard Kankula</i> <i>Ritisha Kiritharan</i> <i>Risha Kiritharan</i> <i>Manuela Nyarko</i> <i>Patrick Paterewicz</i> <i>Joshua Pesino</i> <i>Isaiah Rodrigues</i>	<i>Kamil Baranski</i> <i>Oscar Baranski</i> <i>Zacl Cahill</i> <i>Matilda Courjeau</i> <i>Emily Lossa</i> <i>Kacper Maciula</i> <i>Blanka Majda</i> <i>Diogo Moreira</i> <i>Valentina Pausan</i> <i>Olivia Porter</i> <i>Oliver Purchase</i> <i>Daniele Radiunaite</i>



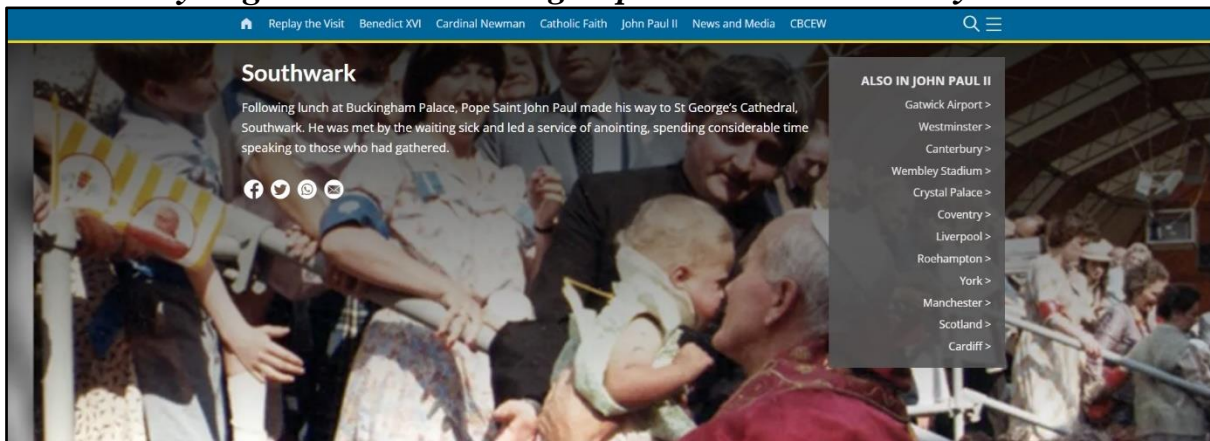
*Ella Rouse*  
*Ava Sem-Thomas*  
*Imogen Sem-Thomas*  
*Marco Titong*  
*Phina Rose Kwizera*

*Meshiba Reegan*  
*Melanie Romero*  
*Nina Rutkowska*  
*Oliver-Francesco Salinas*  
*Milla Alexandra Sienkiewicz*  
*Julia Tyton*  
*Lyla-Grace Wadman*

## Southwark

Following lunch at Buckingham Palace, Pope Saint John Paul made his way to St George's Cathedral, Southwark. He was met by the waiting sick and led a service of anointing, spending considerable time speaking to those who had gathered.

*Can you guess who's handing Pope John Paul II a baby to bless?*



**Yes, our very own Canon Michael!**

# 40th Anniversary Exhibition of the visit of Pope John Paul II to St George's Cathedral

Between 28 May – 2 June 1982, Pope John Paul II visited the UK: it was more than 400 years since a Pope had set foot on British soil! During this historic tour of the British Isles, he visited St George's Cathedral, Southwark, to anoint the sick, as well as the Polish Community at Crystal Palace and the Religious at Roehampton. There were sixteen sites visited in this short period of time, with many thousands of people blessed along the way.



*Stained-glass window in St George's Cathedral commemorating Pope John Paul's Visit to anoint the sick in 1982*

The Cathedral will be hosting an exhibition in the period 16 – 30 May about the historical visit of St John Paul II to St George's. All are welcome to visit

As part of this celebration, Archbishop John Wilson will also celebrate Mass at 12,30 pm on 28th May 2022 to mark the fortieth anniversary of the visit of St John Paul II to the Metropolitan Cathedral Church of St George. During this celebration, the sacrament of anointing of the sick will be administered, as it was on the occasion of St John Paul II's visit.

## **'THE SPIRIT THAT GIVES US LIFE' JOHN 6;63**

The All Nations Catholic Charismatic Group invites all the people of the parish for the celebration of the feast of the Pentecost at St Andrews Church, Thornton Heath, Croydon on Sunday 5 June from 1pm onwards. The feast of Pentecost is an integral part of our Christian life. Our main celebrant will be His Grace Most Rev Archbishop Emeritus Kevin McDonald. In attendance as well are Rev Fr Francis Utotu and Rev Fr Mark Binang. Let us come together to celebrate the birthday of our church. Food and drinks will be provided after the Eucharistic celebration. Please see the poster on the notice board for more information. Thank you

**COMBONI MISSIONARIES (VERONA FATHERS) VIST TO ST. TERESA'S** Thank you to all those who contributed to the Comboni Missionaries and their worthy cause for which £710.65 was raised.





On 22 May we look forward to the beatification of Pauline Jaricot. Her life story, not without considerable suffering, shows us that armed with the gentle power of God's grace, we can strive to offer everyone a chance to be transformed by knowing the Risen Christ. She supported this mission by bringing people together in prayer and charity. Her achievements, and her prayers, will inspire us to do likewise.

*We are looking for a volunteer at St. Teresa's to fill the role of Missio Secretary. If you are interested, please see Canon Michael.*



## HISTORY WALKS



Two History Walks from at St George's Cathedral, Southwark, London SE1 7HY (nearest tube: WATERLOO or LAMBETH NORTH ): on **Tuesday May 31st**, and **Monday June 13th**, both starting at 6pm. The route goes along to the Thames taking in the stories of Augustus Welby Pugin, St John Henry Newman, the old Bethlehem Asylum, and more! No need to book - just turn up! Suggested donation £5.00p The Walk will take about an hour and a half, but you can leave at any time.

Two History Walks along the Thames, starting from St Margaret's Church, TW1 1RL (nearest railway station: St Margarets):

**Saturday June 18th**, meet 3pm outside St Margaret's Church

**Wednesday June 22nd**, meet 6pm outside St Margaret's Church

We will walk along the Twickenham bank of the river, and discover the stories of exiled French royalty, poet Alexander Pope, and more. The Walk will take about an hour and a half - of course you can leave any time. Suggested donation £5.00p. No need to book - just turn up

And: The Martyrs' Walk, **Sunday June 26th**, meet 2.30pm ,churchyard of St Giles-in-the-Fields London WC2 8LG. We will walk to Tyburn Convent, for Benediction and Tea, arriving approx 4pm. No need to book - jut turn up!

## ANNUAL CATHEDRAL MARRIAGE MASS

Are you celebrating your 1st, 10th, 25th, 40th, 50th, 60th or any later wedding anniversary this year? Or did you last year? If so, Archbishop John Wilson invites you to join him in celebrating a Mass for married couples at **3pm on Saturday July 9** at St George's Cathedral. You need to book in advance and by doing so you will then receive a personal written invitation from Archbishop John. Children (and grandchildren) are welcome to accompany you to the Mass. To book or for more details email [mflsw@rcaos.org.uk](mailto:mflsw@rcaos.org.uk).

## YOUR MARRIAGE: TIME FOR A SERVICE?

In the same way your car needs servicing to continue to run efficiently, so your marriage too will benefit from a 'service'. That's what Building A Better Marriage' is, a half-day online course taking place from 9am till 1pm on June 11. It is designed for couples married years or decades with average-to-good marriages. Booking is essential. More details: 07983 524 727





## CONFIRMATION

*Please remember all those who are about to make their Confirmation. Our young parishioners need your support, their families need your support - please pray for them!*

## VOCATIONS

Have you ever considered you may be called to the priesthood or the religious life? Southwark Vocations will be hosting a 60 minute webinar on Tuesday 24th May at 7pm entitled 'Here I am, send me' where different presenters will speak about discovering God's plan for each one of us. Please join us by registering for the event in advance by following the link:



<https://us06web.zoom.us/j/84384912807?pwd=UWJzSzVsY2VTaGl3c09Fa0tNbVZWZz09>

## Thank you from CAFOD

Thank you so much for your generosity this Lent Fast Day, and special thanks to those who took part in the Walk Against Hunger. All your efforts really make a difference, and in fact, with your help, we were able to raise over £300,000 to help those struggling with hunger. We also deeply appreciate your contribution to our Ukraine Humanitarian Appeal, and your continued support for the people affected by the war. We've raised over £2.7 million for the Appeal so far. You can read about how the funds are being used by Caritas and other CAFOD Partners on our Ukraine news webpage. Thank you again!

**CAFOD** Catholic Agency for Overseas Development

# Summertime 2022



## Altar Servers Summer Break



Tuesday 2nd- Friday 5th August  
Oratory School, Reading

A few days for boy and girl altar servers aged  
11-17 of the Archdiocese of Southwark.  
Talks, discussion, prayer, daily Mass, sport,  
Thorpe Park visit and swimming.

***Holy Mass with Archbishop John Wilson***  
***Coaches depart from St Anselm's, Dartford &  
St Bede's, Clapham Park.***

***Cost £199***

***Cost includes accommodation,  
swimming and Thorpe Park.***

***Ask your parish priest for a form or download from the  
website: [www.stanselmsdartford.wordpress.com](http://www.stanselmsdartford.wordpress.com)  
More details from Fr. Stephen Boyle, Chaplain to the  
Guild of St. Stephen. Tel: 01322 220075 email:  
[dartford@rcaos.org.uk](mailto:dartford@rcaos.org.uk)***

**APPLICATION FORMS IN THE SACRISTY**

# *Saint Teresa's*

*LIFE is remembered*

*LOVE is deepened, HOPE is rekindled,*

*FAITH is awakened,*

*FAITH is renewed,*

*FAITH is strengthened,*

*Where BLESSINGS from Heaven await you.*

*Where the LORD OF DIVINE MERCY forgives you.*

*Where the Mother of God prays for you.*

*Where Saint Teresa intercedes for you.*

*Where Saint Joseph seeks to help you.*

*Where the Parish Family pray for you.*

***WELCOME - WELCOME - WELCOME***

## **SAINT TERESA – WE SEEK YOUR HELP PLEASE!**

**We urgently need more support** to clean our parish church. Our sincere thanks to all who have helped down through the years.

*God Bless you in the special service you offer,  
all too often unheralded,  
unrecognised,  
yet making, so vital a contribution to our life together,  
seen or unseen,  
appreciated or taken for granted.  
May you find fulfilment in your ministry.  
Saint Teresa, interceding for you,  
God encouraging, enthusing and equipping you through the knowledge that in serving others you  
also serve Him. Amen.*



If you are able to help in the ministry in any way, please contact the Parish Office.

## NEW MARRIAGE LAW

Please be aware of the following change in the law which takes effect from 1<sup>ST</sup> July 2021!

Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens **who wish to marry in England and Wales** as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
  - An Irish Citizen
  - An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021.
- Currently couples who are subject to immigration control must make an appointment at one of 75 Designated Register Offices within England and Wales to give notice to marry. **From the 1 July 2021, all register offices will be designated for the purposes of taking a marriage for these couples.**

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.

## PARISH FINANCE

### Sunday Collections and Donations

Last weekend's Offertory: £2,428.03

Standing Orders for past week: £176.50 - Thank you.

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.



*Tithes and offerings*

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

### Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, was approximately £2,400 a week (*pre-COVID*). If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present

*giftaid it*  
Making donations go further



time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

#### GIFT AID NOTICE – HAVE YOU COLLECTED YOUR GIFT AID BOX?

# NEW 2022!

## PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

#### CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

#### COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



## CANDLES

### SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE  
**e.g. 5 0 0 is £5.00, press the green tick button**
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

### QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



**THANK YOU FOR YOUR FINANCIAL SUPPORT – IT'S VALUED AND APPRECIATED!**

### Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

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### PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus:

If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

#### How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.

Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the

Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.

3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.


### **How to make a Spiritual Communion**

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.



1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion

After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



**Prayer for  
Spiritual Communion**

My Jesus,  
I believe that You  
are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive  
You into my soul.  
Since I cannot at this  
moment receive You  
sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were  
already there and unite  
myself wholly to You.  
Never permit me to be  
separated from You.

Amen.