



St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Deacon Con Diver

Parish e-mail address: morden@rcaos.org.uk

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



Please see the Mass Attendance [Protocols](#) below

Confessions after all Masses

Mass Times and Intentions-Year C:

Sunday 29th May – 7th SUNDAY OF EASTER - World Communications Day

- 5.30pm Abigale Gomes Birthday Intentions
- 7.30am Adoration
- 9am People of the Parish
- 11am Agnelo Gomes Health & Birthday Intentions

Monday 30th May

- 8am Adoration
- 9.15am Rosary
- 10am St Joseph In Thanksgiving

Tuesday 31st May – Feast of the Visitation

- 8am Adoration
- 9.15am Rosary
- 10am Antonia Coates' Intentions

Wednesday 1st June – St. Justin, Martyr

- 8am Adoration
- 9.00am Novena to Our Lady of Perpetual Succour
- 10am Living & Deceased members of the Jones Family

Thursday 2nd June – BANK HOLIDAY

- 8am Adoration
- 9.15am Rosary
- 10am HMQEII – Platinum Jubilee

Friday 3rd June – FIRST FRIDAY - BANK HOLIDAY

- 8am Adoration
- 9am Divine Mercy Chaplet & Rosary
- 10am Sick & Housebound

Saturday 4th June – FIRST SATURDAY

- 8am Adoration
- 5.30pm Charlie Lynch RIP

Sunday 5th June – PENTECOST SUNDAY

- 7.30am Adoration
- 9am People of the Parish
- 11am June Lau's Intentions



Feast of the Visitation



St Teresa's School, Montacute Road, Morden.

Tel No 020 8648 1846

Headteacher; Mr Justin Dachtler.

Merton Catholic Deanery

www.mertoncatholics.org.uk

Our Masses are available online at

<https://www.stcm.org.uk/>

All Services are streamed on YouTube

OFFICE OPENING HOURS THIS WEEK: MONDAY & TUESDAY 8.30AM TO 1PM

(Closed this week - Wednesday, Thursday & Friday)

JOIN US FOR MASS NEXT WEEKEND!



Lord Jesus,

You healed the sick, we bring to you in our prayer every day the sick and housebound, those coping with cancer and other serious health issues.

Please hear our prayer for:



Anne-Marie Mendonça, Moira Macklin, Maureen Smith, Maureen Flaherty,
John McDonagh, James Diver, Francesco Gargano, Theresa McGoldrick, Patricia Jayasena,
Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Valerie Somerset,
Leonard James Connolly, Thea Haddad, Margaret Lahy, Brian Wratten, Ann Van Essen and Jane
Turner, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret

Peacock, Michael and Madge Durkan, Jocyln De Silva, Mary Jeanette Connaire, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Sylvester Forya, Antonina Urbni, Tony London, Kevin McKeon, Vincent Moyle, John Antao, Stella Carrasco, Gerald Pereira, Jason Sigalas, Reme Mills, Emilia Koharic, Vince & Edna Horwood, Pope Francis and Pope Benedict, Pope Emeritus.

If you wish to be prayed for on our Parish Sick List, please let us have your name.

Every First Friday we offer and remember you in Holy Mass. We also keep you in our daily prayer, our times of Adoration, Novena's and the Holy Rosary.

Dear Parishioners, please continue to remember the Sick Clergy of the diocese and send out your blessing in prayer to all the Nations of the World, as they do their best to combat the pandemic and natural disasters that many nations are battling with at this time. THANK YOU!

FOR THOSE CALLED TO ETERNAL LIFE

O gentle Heart of Jesus, ever present in the Blessed Sacrament, our parish family commends to you those who lived out their faith in our midst, those shared in our life here on earth. And in these days to come those whose anniversaries occur as we enter the month of June.

May they Rest in Peace and Rise in Glory.

RECENT DEATH

Now At Rest And Kept In Prayer †

Avril Jean Costella RIP
Shirley Johnson RIP
Dermot Peter Long RIP
Remo Dipre RIP
Alan Frederick Burr ridge RIP
Sarah Marie Frost RIP
Veronica Gorrod RIP
Finbarr Francis Hurley RIP
Lolito Laydia RIP
Michael O'Kelly RIP
Newton Coutinho RIP
Anna Darby RIP
Mary Creighan RIP
Michael Joseph Nihill RIP
Gerald O'Toole RIP
Sarah Hedy Connolly RIP
Sotelo Cabrera RIP
Noel Ryan, RIP
Michael Scott RIP
Anna-Maria Fantocchi RIP
Giovanni Corsini RIP
Gerry Kirrane RIP
Gay Phillips RIP
Tony Byrnes RIP

Francis Assisi Mendonça RIP
Joseph Antony Quintus Rabindran RIP
Lourdes Mary Fatima Jayandradevi Rabindran RIP
Irene Ward RIP
Remo Corsini RIP
Jonny Purvis RIP
Ann Donaldson RIP
Baby Angelika Hobbs RIP
Annie Francis RIP
Giovanni Mansini RIP
Joseph Lunn RIP
Norah Mary Williams RIP
Francisco José Carrasco RIP
Eva Sereny RIP
Steven Duggan RIP
Lena McBride RIP
Mary Whelan RIP
Mary Connolly RIP
Kevin Mattimoe RIP
Michael Bourke RIP
Dorothy Gertrude Cleary RIP
Frances Healion RIP
Douglas Banks RIP
Robert Peter RIP



Jane Neyman RIP
Christopher O'Byrne RIP
Jose Goncalves RIP
Sheila Borg RIP
Theresa Mason RIP
Elaine Goldson-Rhule RIP
Teresa Gomes RIP
Patricia Perryman RIP
Antonio Costa RIP

Dennis Leadley RIP
Daniel Samuels RIP
Michael McAndrew RIP
Shanti Annette Thesailankaimannan RIP
Mark Ryan RIP
Anne Dunne RIP
Patricia Kiely RIP
Lizzie Corcoran RIP

Recent Southwark Diocese Clergy Deaths

Deacon William Boyd RIP
Deacon Jim Hayes RIP
Fr. Paul Sanders RIP
Canon Richard Hearn RIP

Fr. Richard Diala RIP
Fr. Michael Boland RIP
Fr. Robert Copsey SOLT RIP

Deacon Vincent Bowgett RIP *May They Meet The Risen Lord*

Remind us Dear Lord, of the great company of your people who have been called before us, famed or forgotten, celebrated or overlooked, all who have run their race and kept the faith, walking the way of Christ to their journeys end.

Hear our prayer and the prayer of our Rosaries for those whose anniversaries occur at this time.

DEC – UKRAINE HUMANITARIAN APPEAL

https://www.dec.org.uk/?gclid=Cj0KCQiA64GRBhCZARIsAHOLrLrac5em-topByZ8D5L4luy7Ar6ewj7qJUEO4ahlr5d_XnRI3W3Sr4aAux2EALw_wcB

CAFOD (same one DEC fundraising)

<https://cafod.org.uk/News/Emergencies-news/Ukraine-crisis>

DEPAUL UKRAINE EMERGENCY APPEAL via The Tablet

<https://int.depaulcharity.org/>

SECOND COLLECTION THIS WEEKEND

This week the second collection will be taken up for World Communications Day.



THE CATHOLIC CHURCH
BISHOPS' CONFERENCE OF ENGLAND AND WALES

Returning to Mass at Pentecost

Spring Plenary 2022 Resolution

An invitation from the Bishops of England and Wales

This is the bread come down from heaven (John 6:58)

A beautiful hallmark of the Catholic faith is the profound desire to participate in the Holy Mass and share in the Eucharist. We do so with deep gratitude and joy. The Eucharist gives the Church her identity – “The Eucharist makes the Church, and the Church makes the Eucharist.” It enables us to

worship Almighty God, to support each other on our journey of faith, and to be a visible sign of faith in the world. This hallmark is supported and strengthened by the precept that our fundamental Christian duty is to worship God by participating in the celebration of Mass. Attending Mass on Sundays and Holy Days is the greatest of all privileges, sometimes referred to as “the Sunday Obligation.”

Since the beginning of the Covid pandemic, until the present time, we have shared with you our judgment that the situation of the last two years has meant that the Sunday Obligation has been impeded and has needed to be fulfilled in other ways. We thank God that this situation has now changed. The pressing challenges of the pandemic have lessened significantly. Most people have resumed the wide range of normal activities, no longer restricted by the previous Covid measures. We therefore believe that the reasons which have prevented Catholics from attending Mass on Sundays and Holy Days of Obligation no longer apply.

We understand there will still be some members of our congregations who, for reasons of health, do not feel safe enough to return to Mass. It has always been the understanding of the Church that when the freedom of any Catholic to attend Mass in person is impeded for a serious reason, because of situations such as ill health, care for the sick or legitimate fear, this is not a breach of the Sunday Obligation.

Our Catholic people and parishes have benefitted during these difficult times from the online streaming of Mass and other services. “Virtual viewing” of Mass online does not fulfil the Sunday Obligation. It may, however, be a source of continual spiritual comfort to those who cannot attend Mass in person, for example those who are elderly and sick, for whom the obligation does not apply. In this context, we recognise gratefully the ministry of those who administer Holy Communion to the elderly, sick and housebound.

We are grateful to our clergy, religious and lay faithful who have served our parishes, schools and communities with dedication and distinction throughout this pandemic. Now we look forward with renewed faith and confidence.

In the Holy Sacrifice of the Mass, the Lord’s Supper, the Lord Jesus entrusted to us the precious gift of Himself. With humility, we glory in being a Eucharistic people for whom attendance at Mass is essential. Looking forward to the forthcoming feast of Pentecost, we now invite all Catholics who have not yet done so to return to attending Mass in person.

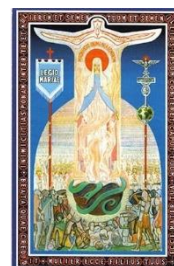
As the Church needs the witness of the presence of each person, so too each believer needs to journey in faith and worship with their fellow disciples. Nourished by our encounter with the Risen Lord Jesus, fed with His Word and His Body and Blood in Holy Communion, and supported by the presence of each other, we receive strength week by week, to serve the Lord and glorify Him with our lives.



Approved by the Plenary Assembly of the Bishops’ Conference Friday 6 May 2022

LEGION OF MARY

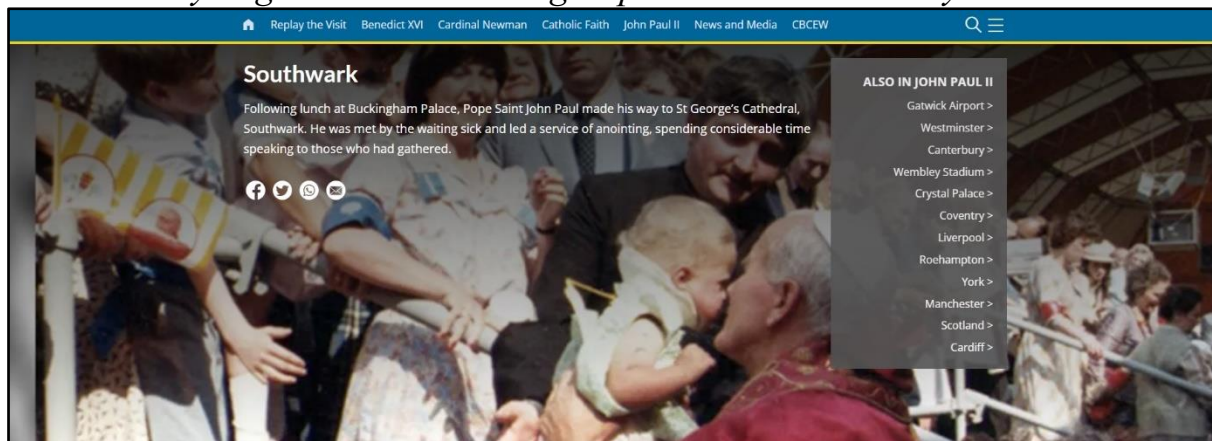
The Legion of Mary are meeting once again, on Thursday evening 7pm in the Parish Centre.



ANNIVERSARY OF POPE JOHN PAUL II VISIT TO SOUTHWARK

Following lunch at Buckingham Palace, Pope Saint John Paul made his way to St George's Cathedral, Southwark. He was met by the waiting sick and led a service of anointing, spending considerable time speaking to those who had gathered.

Can you guess who's handing Pope John Paul II a baby to bless?



Yes, our very own Canon Michael!

[Click on the link below to hear Canon Michaels interview broadcast on EWTN](#)

[GB in Focus ep 28: Southwark Cathedral & the 40th anniversary of the visit of Pope St. John Paul II - YouTube](#)

40th Anniversary Exhibition of the visit of Pope John Paul II to St George's Cathedral

Between 28 May – 2 June 1982, Pope John Paul II visited the UK: it was more than 400 years since a Pope had set foot on British soil! During this historic tour of the British Isles, he visited St George's Cathedral, Southwark, to anoint the sick, as well as the Polish Community at Crystal Palace and the Religious at Roehampton. There were sixteen sites visited in this short period of time, with many thousands of people blessed along the way.



Stained-glass window in St George's Cathedral commemorating Pope John Paul's Visit to anoint the sick in 1982

The Cathedral will be hosting an exhibition in the period 16 – 30 May about the historical visit of St John Paul II to St George's. All are welcome to visit

As part of this celebration, Archbishop John Wilson will also celebrate Mass at 12,30 pm on 28th May 2022 to mark the fortieth anniversary of the visit of St John Paul II to the Metropolitan Cathedral Church of St George. During this celebration, the sacrament of anointing of the sick will be administered, as it was on the occasion of St John Paul II's visit.

HISTORY WALKS



Two History Walks from at St George's Cathedral, Southwark, London SE1 7HY (nearest tube: WATERLOO or LAMBETH NORTH): on **Tuesday May 31st**, and **Monday June 13th**, both starting at 6pm. The route goes along to the Thames taking in the stories of Augustus Welby Pugin, St John Henry Newman, the old Bethlehem Asylum, and more! No need to book - just turn up! Suggested donation £5.00p The Walk will take about an hour and a half, but you can leave at any time.

Two History Walks along the Thames, starting from St Margaret's Church, TW1 1RL (nearest railway station: St Margarets):

Saturday June 18th, meet 3pm outside St Margaret's Church

Wednesday June 22nd, meet 6pm outside St Margaret's Church

We will walk along the Twickenham bank of the river, and discover the stories of exiled French royalty, poet Alexander Pope, and more. The Walk will take about an hour and a half - of course you can leave any time. Suggested donation £5.00p. No need to book - just turn up

And: The Martyrs' Walk, **Sunday June 26th**, meet 2.30pm ,churchyard of St Giles-in-the-Fields London WC2 8LG. We will walk to Tyburn Convent, for Benediction and Tea, arriving approx 4pm. No need to book - jut turn up!

ANNUAL CATHEDRAL MARRIAGE MASS

Are you celebrating your 1st, 10th, 25th, 40th, 50th, 60th or any later wedding anniversary this year? Or did you last year? If so, Archbishop John Wilson invites you to join him in celebrating a Mass for married couples at **3pm on Saturday July 9** at St George's Cathedral. You need to book in advance and by doing so you will then receive a personal written invitation from Archbishop John.

Children (and grandchildren) are welcome to accompany you to the Mass. To book or for more details email mflsw@rcaos.org.uk.

YOUR MARRIAGE: TIME FOR A SERVICE?

In the same way your car needs servicing to continue to run efficiently, so your marriage too will benefit from a 'service'. That's what Building A Better Marriage' is, a half-day online course taking place from 9am till 1pm on June 11. It is designed for couples married years or decades with average-to-good marriages. Booking is essential. More details: 07983 524 727



CONFIRMATION

Please remember all those who are about to make their Confirmation. Our young parishioners need your support, their families need your support - please pray for them!



Archdiocese of Southwark

"The family, which is founded and given life by love, is a community of persons." (Familiaris Consortio 18)

Saint Pope John Paul II.

Dear Clergy of Southwark,

This summer we are all invited to spiritually gather as a World Family in Christ to celebrate the joy, love, and glory that is the vocation of family life through The World Meeting of Families (WMF), Wednesday 22nd to Sunday 26th June 2022.

At past meetings most families stayed at home with the meeting perceived as being something remote, at most followed on television, and unknown to the majority of families. This time WMF will have a special format with an opportunity provided by providence to create a worldwide event that can involve all families that would like to feel part of the ecclesial community.

Under the title '**Rome at Home**' we will be developing ways to celebrate the gift of family life.

In his apostolic exhortation *Evangelii Gaudium* (*The Joy of the Gospel*), Pope Francis speaks about **the importance of parish life**. He refers to Saint Pope John Paul II's description of a parish as "the Church living

in the midst of the homes of her sons and daughters" (*Christifideles Laici*, 26). We are encouraged and strengthened through our community, while we are formed by the Holy Spirit.

Pope Francis highlights that **a parish is called to be the presence of the Church in a community**, providing a place where people can hear God's word, grow in discipleship, and extend themselves in love to the poor and needy, bringing families together – a place where we can pray, worship, and celebrate together. (*Amorim Laetitia* 87,88).

In a 2005 address, Pope Benedict XVI described the parish as an extended family that "brings together brothers and sisters who have no desire for power or selfish interests, but who live in the joy of the charity of God, who is love." It is when we come together at Mass, as a community in Christ, that **we see the great variety of families who make up our extended parish family**.

It is a special joy when we see young families taking part in the Mass and engaged in the life of the parish. When the babies are crying, or fidgety children are making a noise; these are all signs that the Church is young and alive; a community of young families, mature families, extended families, young and old together.

The world meeting of families will offer a great opportunity to remember those families who have fallen away during the pandemic for whatever reason, reflecting on the recent synodal questions: "Are we aware of those at the edge of our community?" and "Are we welcoming?"

What better way to celebrate the joy of family life, than to embrace the opportunity that is this year's World Meeting of Families, inviting everyone back home to Mother Church to celebrate just as the Father does with the return of the Prodigal Son.

Ways to get involved:

Perhaps use the opportunity provided by national marriage week (May 16-22) to launch your plans for WMF.

1. Offer each family a card upon which they can write the names of their families and post it into a box that sits on the Sanctuary. Offer a Mass over the WMF weekend for all those families.
2. Share the prayer card with all members of your parish and encourage its use. Perhaps pray it together at the end of the Mass on June 18/19 and 25/26 June – the two weekends nearest the WMF.
3. Hold a parish picnic to celebrate the joy of family life that coincides with the closing of the WMF, Sunday 26 June. Pope Francis will be delivering a message during the Angelus on that Sunday.
4. Use one of the recordings from the Theological Congress to promote discussion with your parish team about the ongoing development of family ministry within your parish. You can find them here: romefamily2022.com

Why not get your welcomers to encourage the parish, particularly families whose children are preparing for receiving a particular sacrament.

Building up and supporting families doesn't have to stop after June 26! Let us know how we, the Marriage and Family Life Team, can support you.

Please contact us on email: mflse@rcaos.org.uk; mflsw@rcaos.org.uk; mflkent@rcaos.org.uk

Or look on the diocesan website for more information <https://www.rcsouthwark.co.uk> Registered Charity

Number 1173050

JUSTICE AND PEACE SPRING ASSEMBLY 2022

Archdiocese of Southwark 2022 Spring Assembly by the Justice and Peace Commission on

Saturday **25th June 2022** at St Paul Catholic Church, 103 Maison Dieu Road, Dover, Kent CT16 1RU. Preceded by Mass at 10.00am at St Edmunds Chapel, Priory Road, Dover CT16 1BB.

Registration 10.40am. Programme 11am to 4pm. Entitled: Caught in the Act: How do we open a sea of hospitality in a distorted world for people fleeing countries of war, climate and economic disaster, when the Nationality and Borders Act and removal to Rwanda threaten their very being? Plus navigating the challenges to find opportunities in offering safe sanctuary to the people from

Ukraine. Keynote speakers from major organisations. Everyone welcome. Entrance is free. Lunch is provided. Donations suggested. Email: jpcontact@rcaos.org.uk or just turn up on the day. Finishing with a prayer service at the sea front and ice-creams on the beach.

Summertime 2022



Altar Servers Summer Break



Tuesday 2nd- Friday 5th August
Oratory School, Reading

**A few days for boy and girl altar servers aged
11-17 of the Archdiocese of Southwark.
Talks, discussion, prayer, daily Mass, sport,
Thorpe Park visit and swimming.**

***Holy Mass with Archbishop John Wilson
Coaches depart from St Anselm's, Dartford &
St Bede's, Clapham Park.***

***Cost £199
Cost includes accommodation,
swimming and Thorpe Park.***

***Ask your parish priest for a form or download from the
website: www.stanselmsdartford.wordpress.com
More details from Fr. Stephen Boyle, Chaplain to the
Guild of St. Stephen. Tel: 01322 220075 email:
dartford@rcaos.org.uk***

APPLICATION FORMS IN THE SACRISTY

Saint Teresa's

LIFE is remembered

LOVE is deepened, HOPE is rekindled,

FAITH is awakened,

FAITH is renewed,

FAITH is strengthened,

Where BLESSINGS from Heaven await you.

Where the LORD OF DIVINE MERCY forgives you.

Where the Mother of God prays for you.

Where Saint Teresa intercedes for you.

Where Saint Joseph seeks to help you.

Where the Parish Family pray for you.

WELCOME - WELCOME - WELCOME

SAINT TERESA – WE SEEK YOUR HELP PLEASE!

We urgently need more support to clean our parish church. Our sincere thanks to all who have helped down through the years.

*God Bless you in the special service you offer,
all too often unheralded,
unrecognised,
yet making, so vital a contribution to our life together,
seen or unseen,
appreciated or taken for granted.
May you find fulfilment in your ministry.
Saint Teresa, interceding for you,
God encouraging, enthusing and equipping you through the knowledge that in serving others you
also serve Him. Amen.*



If you are able to help in the ministry in any way, please contact the Parish Office.

NEW MARRIAGE LAW

Please be aware of the following change in the law which takes effect from 1ST July 2021!

Immigration laws for EEA nationals will change from the 1 July to reflect the changes brought about following EU Exit. These changes will impact EEA citizens **who wish to marry in England and Wales** as the definition of a relevant national has changed. A relevant national, from the 1 July 2021, will be classed as:

- A British Citizen
 - An Irish Citizen
 - An EEA National who has been granted Settled or Pre-settled status under the EU Settlement Scheme (EUSS) or those with a pending application submitted before the 30 June 2021.
- Currently couples who are subject to immigration control must make an appointment at one of 75 Designated Register Offices within England and Wales to give notice to marry. **From the 1 July 2021, all register offices will be designated for the purposes of taking a marriage for these couples.**

An EEA national who does not hold a status under the EUSS will be treated as all other foreign nationals and will have to give notice of their intention to marry (together with their partner) at a register office in the registration district where either resides and be issued with a Marriage Schedule.

PARISH FINANCE

Sunday Collections and Donations

Last weekend's Offertory: £829.55

Standing Orders for past week: £236.50 - Thank you.

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.



Tithes and offerings

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

Do You Gift Aid?

The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs. The average weekly collection between plate and standing orders, was approximately £2,400 a week (*pre-COVID*). If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present

giftaid it
Making donations go further

time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

GIFT AID NOTICE – HAVE YOU COLLECTED YOUR GIFT AID BOX?

NEW 2022!

PLEASE COLLECT YOUR GIFT AID ENVELOPES FROM THE CONTACT CORNER

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details ***Do You Gift Aid?***

CARD READERS

To make things easier we have now introduced a number of card readers, which you will find throughout the church. The CollecTin reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all offertories and donations.

The Sum-Up card reader will be situated in the narthex near the statue of St Teresa and can be used only for candles. Coming soon in the Repository will be another card reader so that you can pay for all your purchases using a credit debit card.

COLLECTIN

CollecTin is a card reader on which you can give your offertory and any other donation. All special collections will be listed on this machine and if you **Gift Aid** you need only register once, and it will remember you for all your donations - if you use the same card (*each card would need to be registered*).



CANDLES

SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE
e.g. 5 0 0 is £5.00, press the green tick button
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.



THANK YOU FOR YOUR FINANCIAL SUPPORT – IT'S VALUED AND APPRECIATED!

Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

PERFECT CONTRITION AND SPIRITUAL COMMUNION

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus:

If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

How to make an Act of Perfect Contrition

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.

Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the

Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.

3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.


How to make a Spiritual Communion

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.



1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion

After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.



**Prayer for
Spiritual Communion**

My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive
You into my soul.
Since I cannot at this
moment receive You
sacramentally, come at least
spiritually into my heart.
I embrace You as if You were
already there and unite
myself wholly to You.
Never permit me to be
separated from You.

Amen.

