



# St. Teresa's Morden

Canon Michael Scanlon, KHS Parish Priest

Fr Roshy Robert, Resident Priest

Pastoral Assistant: Deacon Con Diver

Parish e-mail address: [morden@rcaos.org.uk](mailto:morden@rcaos.org.uk)

250, Bishopsford Road, Morden. SM4 6BZ. Tel. 8648 4113

<https://www.stcm.org.uk>



## Confessions after all Masses

### Mass Times and Intentions-Year A:

#### **Sunday 17th September – 24<sup>th</sup> SUNDAY IN ORDINARY TIME – Home Mission Sunday**

5.30pm Vigil – Sujatha Surenthiram's Intentions  
9am People of the Parish  
11am Theresa Ike RIP

#### **Monday 18th September**

8am Adoration  
9.15am Rosary  
10am Patrick Diver RIP

#### **Tuesday 19th September**

8am Adoration  
9.15am Rosary  
10am Surenthiram Family Intentions  
7pm **Tuesday Night Adoration**

#### **Wednesday 20th September -- SS Andrew Kim Taegon & Companions, Martyrs**

8am Adoration  
9.00am Novena to Our Lady of Perpetual Succour  
10am Deceased members of Pyllis & Terence Bowen's family

#### **Thursday 21<sup>st</sup> September – St Mathew, Apostle, Evangelist**

8am Adoration  
9.15am Rosary  
10am Lilly & Joseph Pereira RIP  
12pm Requiem Mass – John Dias RIP

#### **Friday 22<sup>nd</sup> September –**

8am Adoration  
9.15am Rosary  
10am Omonigho Coker's Intentions

#### **Saturday 23<sup>rd</sup> September – St Pio of Pietrelcina**

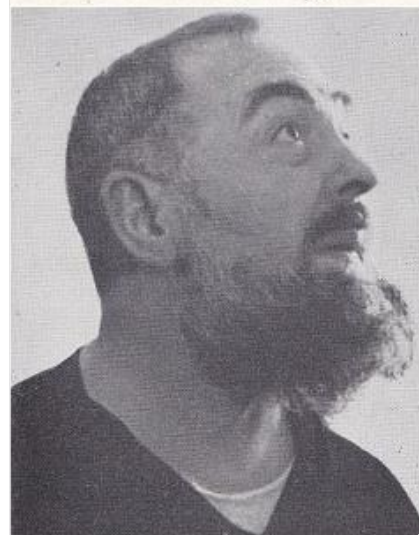
5.30pm Vigil – Albert Matins RIP

#### **Sunday 24<sup>th</sup> September – 25<sup>th</sup> SUNDAY IN ORDINARY TIME**

9am Celestina Ogisi Intentions  
11am People of the Parish



*St. Matthew the Evangelist.*



**Our Masses are available online at**

**<https://www.stcm.org.uk/>**

**All Services are streamed on YouTube**

**PARISH OFFICE OPENING TIMES: Monday, Tuesday, Thursday & Friday 8.30am to 1pm**

## **EVANGELII GAUDIUM (Home Mission) Sunday**

Dear Parish Family,

I hope this message finds you well.

I want to bring your attention to the recent message from Archbishop John, in which he urges all parish priests to adopt a missionary heart and focus on the growth and advancement of our parish and community. He emphasises the importance of putting mission at the forefront of everything we do and keeping evangelisation, catechesis and formation as key priorities within our communities.

This vision for the diocese makes sense and we need to give it our full support.

In light of this call, there is a pressing need for us to engage and contribute to the realisation of these goals.

We are encouraged to develop a comprehensive Parish Plan for the upcoming year with a particular focus on Evangelisation, Catechesis and Formation .

It is our aim to finalise this plan ideally before the start of Advent.

To achieve this, we ask for your help and support.

The PARISH LEADS , OUR DEANERY MENTOR and Our Parish CATECHIST Team will guide us in this process. One and ALL bring something special to the table.

Let us come together, united in purpose and guided by our missionary spirit, to create a Parish Pastoral Plan-that reflects our dedication to evangelisation and formation. With your involvement and commitment we can move forward and embrace new ways of fulfilling our mission .

May God bless you abundantly as we embark on this important and spiritual endeavour.

Canon Michael



**Please hear our prayer for:**

Anne-Marie Mendonça, Moira Macklin, Maureen Flaherty, John McDonagh, James Diver, Eugene Diver, Francesco Gargano, Patricia Jayasena, Jean Lue, Ruba Santipillai, Baby Alexander Lynch, Erika Geddes, Denise Waaldijk, Valerie Somerset, Leonard James Connolly, Thea Haddad, Brian Wratten, Ann Van Essen and Jane Turner, Kevin Mooney, John Mooney, Angela Patcheye, Leonard Paice, Ken and Margaret Peacock, Michael and Madge Durkan, Jocelyn De Silva, Mary Jeanette Connaire, Mary Reilly, Alan O'Leary, Bill and June O'Keefe, Gerry Gillan, Bella Harding, Eileen Stevens, Dave Herris, Gabriel Lyons, Tony London, Kevin McKeon, John Antao, Stella Carrasco, Gerald Pereira, Jason Sigalas, Reme Mills, Emilia Koharic, Vince & Edna Horwood, Tess Goldband, Baby Morse Dannatt, Edna Quigley Horwood, Dora Madisetti, Brigid Moorhead, Audra Wamsteker and Pope Francis.

*If you wish to be prayed for on our Parish Sick List, please let us have your name.*

*Every First Friday we offer and remember you in Holy Mass. We also keep you in our daily prayer, our times of Adoration, Novena's and the Holy Rosary.*

Dear Parishioners, please continue to remember the Sick Clergy of the diocese and send out your blessing in prayer to all the Nations of the World, as they do their best to combat the pandemic and natural disasters that many nations are battling with at this time. THANK YOU!

**MAY THEY REST IN PEACE AND RISE IN GLORY**

Remember, Lord, those who have died and have gone before us marked with the sign of faith, especially those for whom we now pray;



Theresa Mason RIP  
Elaine Goldson-Rhule RIP  
Teresa Gomes RIP  
Patricia Perryman RIP  
Antonio Costa RIP  
John Richmond-D'Monte RIP  
Ann James RIP  
Anna Maria Reid RIP  
June Rose O'Bryne RIP  
Mary Jurkiewicz RIP  
Sheila Connolly RIP  
Ezra Halahakone RIP  
Sylvester Forya RIP  
Josephine Sheldrick RIP  
Margaret Leahy RIP  
Harry Bateman RIP  
Antonina Urbani RIP  
John Dias RIP

Mark Ryan RIP  
Anne Dunne RIP  
Patricia Kiely RIP  
Lizzie Corcoran RIP  
Albertas Ambotas RIP  
Peter Newbold RIP  
Jeffrey Myles RIP  
Theresa McGoldrick  
Pat McManus RIP  
Daniel Beazley RIP  
Dominick Kelly RIP  
Libera Marie Pereppi RIP  
Christopher Byrne RIP  
Neville Leonard Patrick RIP  
Maureen Smith RIP  
Peter Barry RIP  
Yana Bartkiv RIP



*Southwark Diocese Clergy Deaths*  
Deacon William Boyd RIP

Fr. Richard Diala RIP

Deacon Jim Hayes RIP  
Fr. Paul Sanders RIP  
Canon Richard Hearn RIP  
Fr. Paul Gibbons RIP  
Fr. Malachy Steenson CP, RIP  
Fr. Antony Logan RIP  
Fr. Denis Paul RIP  
Deacon Alan Bond RIP  
Bishop Howard Tripp RIP  
Canon Colm Acton RIP

Fr. Michael Boland RIP  
Fr. Robert Copsey SOLT RIP  
Deacon Vincent Bowgett RIP  
Monsignor Edward Hill RIP  
Fr. John Hartley RIP  
Fr. Gordon Thompson RIP  
Deacon Michael Baldry RIP  
Deacon Vincent Bowgett RIP  
Deacon Fred Carter RIP

*May these, whom we have known and loved and all who sleep in the peace of Christ, find in your presence, light, happiness and peace. Amen, Amen.*

## RECENTLY DECEASED

We remember those who have died recently, John Dias RIP, whose funeral took place last week and Vincent Moyles RIP. Please pray for their souls, for their families and all those who knew them in life.

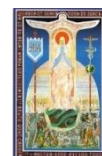
*May John and Vincent Rest in Peace and Rise in Glory*

## TEA & COFFEE

Come and join us for refreshments and a chat in the Parish Hall after the 11am Mass

## LEGION OF MARY

The Legion of Mary are meeting once again, on Thursday evening 7pm in the Parish Centre.



## CHOIR PRACTICE



Choir practice and will take place on Thursday evenings in the Church 7pm-8p.

**ADORATION MONDAY – FRIDAY** Please join us between 8-10am.

## TUESDAY EVENING ADORATION

The Blessed Sacrament will be exposed for Adoration from 7pm – 9pm every Tuesday. Please join us.



"The time you spend with Jesus in the Blessed Sacrament is the best time that you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in heaven, and will help bring about an everlasting peace on earth." St. Teresa of Calcutta (Mother Teresa)

## FEAST OF ST. TERESA of LISIEUX – SUNDAY 1<sup>st</sup> OCTOBER

On Sunday 1<sup>st</sup> October we are blessed to have Archbishop Emeritus Kevin McDonald, KC\*HS join us to celebrate our parish's feast day followed by a celebration in the parish hall. Canon Michael will be making announcements, inviting us to write a letter to our patron Saint Teresa and inviting the children and young people to take a special part in remembering this special feast day. More to come!

# *My Poem*

*A reflection on Our New Pastoral Plan.  
Hope you enjoy it.*

In the heart of St. Teresa Parish, a vision takes flight, A pastoral plan, in unity with the diocese's might.  
Formation, catechesis, and evangelization's call, We stand together, embracing the faith for one and all.

With gratitude, we look back to the generations before, Who fought the good fight, teaching the faith we adore.

To the Catechists of our time, we extend our heartfelt thanks, For guiding us on this journey, walking in their ranks.

Formation, the cornerstone of our parish's mission, Nurturing souls, fostering growth with divine precision.

Through education and spiritual nourishment, we strive, To deepen our understanding, as we seek to thrive.

Catechesis, the foundation of our Catholic identity, Instilling the teachings, with love and humility.  
From the youngest to the oldest, we all have a place, To learn and grow, in God's abundant grace.

Evangelization, the flame that ignites our souls, Spreading the Good News, making broken hearts whole.

With fervor and zeal, we share the love of Christ, Inviting others to join us, in this sacred tryst.

St. Teresa Parish, a beacon of faith and light, Guided by the Holy Spirit, shining ever so bright.  
United with the diocese, we march hand in hand, Building God's kingdom, across this blessed land.

So let us embrace this vision, with hearts full of zeal, For in unity and love, our faith will surely heal.  
Formation, catechesis, and evangelization's might, St. Teresa Parish, shining with God's holy light.

Canon Michael 🙏

## **Bishop Howard Tripp RIP**

Bishop Howard Tripp's first anniversary of death is on 3 October. There will be a Year's Mind Mass for him - celebrated at St George's Cathedral - the day after, on **Wednesday 4 October** at **12.30pm**. Bishop Paul Hendricks will be the main celebrant.

This Mass will be simply the usual lunchtime Cathedral Mass, but it was felt important to mark Bishop Howard's first anniversary in some small way, in the place where he lies at rest in the Cathedral crypt.

Bishop Howard gave 24 years of devoted episcopal service as Auxiliary Bishop in the South West Area of the Diocese, and continued his episcopal service indirectly during his 18 years of retirement. May he rest in peace and rise in glory!

Everyone is most welcome to attend the Mass.

Dear Parish Family, Peace Be With You 🙏

I would like to reflect with you on the importance of Adoration of the Blessed Sacrament. This powerful devotion has become increasingly significant in our time offering us a beautiful one -to -one encounter with Our Lord Jesus our beloved Friend and Saviour.

In our busy lives finding time for prayer can be challenging. However, let us remember that even if we can only spend a short period of time , it is still worth it to meet Him in Adoration. The spiritual benefits of spending time in the presence of the Blessed Sacrament are immeasurable.

**ADORATION** allows us to deepen our personal relationship with Our Lord Jesus. In the hustle and bustle of life we often forget to pause and truly connect with Him. ADORATION provides us with a quiet and sacred space to open our hearts, pour out thoughts and concerns, and listen to His gentle voice speaking to us.

**ADORATION** brings us peace and solace. In the Lord's presence we find love, comfort and rest for our weary souls. The world can be a chaotic and stressful place , but in ADORATION , we can take refuge and experience the calming presence of Our Lord.

**ADORATION** enables us to grow in faith. As we gaze upon the consecrated Host, we are reminded of the true presence of Jesus among us. We are invited to contemplate the mystery of the Eucharist, where bread and wine are transformed into the Body and Blood of Christ. This profound act of faith strengthens our belief in the Real Presence of Jesus in the EUCHARIST and deepens our understanding of this central aspect of our Catholic faith.

**ADORATION** empowers us to go out and live as disciples of Christ. Spending time in ADORATION ignites within us a burning desire to share His love and mercy with others. In the presence of the Blessed Sacrament, we are filled with the Holy Spirit, who equips us to carry out the mission entrusted to us by Jesus.

Therefore, I invite each one of you to make ADORATION a regular part of your spiritual life. Our Parish offers dedicated times for ADORATION where you can come and encounter the THE LORD.

Whether it is for a few minutes or an hour, let us find time among our busy schedules to be with Him.

In these Sacred moments of ADORATION, let us pour out our hearts, listen attentively, and receive the graces and blessings that flow from this intimate encounter with JESUS. May this priceless devotion bless our parish, our families, our sick and housebound, our schools, our elderly and those have lost their faith.

Dear Friends, The Lord is TRULY PRESENT, BODY, BLOOD, SOUL AND DIVINITY.

Come and Meet HIM — honour Him and HE WILL honour you and open the door to your heart and invite you to be a Eucharistic Apostle for our times.

What an Opportunity, What a GIFT!





# Wimbledon College

We welcome prospective parents and pupils  
for admission into Year 7 in September 2024 to our

## OPEN EVENING

on Thursday 28th September 2023 from 5.30pm to 8.30pm  
see our website for booking information

The headteacher will give a number of talks during the evening.  
The talks are ticketed. Details of the times of the talks and how to obtain tickets  
can be found at [www.wimbledoncollege.org.uk/openevents](http://www.wimbledoncollege.org.uk/openevents)

Tours will take place throughout the evening.

Last tours at 7.30pm

Open mornings:

For current year 6 pupils only – by appointment only.

Monday 2nd to Wednesday 4th October 2023 at 9am

Deadline for applications for entry in September 2024 is 31st October 2023.





## Ursuline Preparatory School Wimbledon

A Roman Catholic Independent Preparatory School  
for Girls aged 4 to 11 and a Coeducational Pre-school



Educating the HEART, the MIND  
and the SOUL

- Strong Ursuline Ethos
- Non-selective by choice
- State of the art ICT Suite and Theatre & Dance Studio
- Strong All Inclusive Sporting Programme
- Full 11+ Preparation Programme
- Continued 11+ Success, 41% scholarships.
- Outstanding Academic, Sport, Drama & Musical Success
- Wrap around Care, 8:00am to 6:00pm

### Open Event

Saturday 23rd September 2023  
9:30am

Sign up at: [www.ursulineprep.org/admissions/open-events](http://www.ursulineprep.org/admissions/open-events) or scan QR code



### Taking registrations now for Reception Class September 2024

18 The Downs, Wimbledon, SW20 8HR

 UrsulinePrep  Ursuline\_Prep

Pope Francis has consistently reminded of our duty toward migrants and refugees and called for us to pray for those seeking a better life:

"May the Mediterranean never again be a theatre of death and inhumanity.

"May the Lord enlighten the minds and hearts of all, arousing feelings of fraternity, solidarity and welcome."



**World Day of Migrants and Refugees (WDMR) is an annual celebration marked by the Church to increase awareness about migration and its opportunities, as well as its challenges. The day is marked on the last Sunday of September and has been celebrated by the Church since 1914. This year, the celebration will be marked on Sunday 24th September.**

The Pope shares an [annual message](#) to mark the celebration and the theme for this year's message is *Free to choose whether to migrate or to stay*. In his message, the Pope recognises the many reasons for flight, including conflicts and natural disasters, which force people to flee and deny them the opportunity to live a dignified and prosperous life in their native land. The Pope recognises the need for eliminating the causes of migration, calling for the shared commitment of all to recognise their responsibility and identify actions to be taken, but also to recognise what we need to stop doing in order to prevent the devastation and destruction of our common home.

The Pope speaks of the common good, respect for fundamental rights, and access to an integral human development to ensure each person is able to live a truly dignified and fulfilling life, to allow homelands to flourish and to ensure migration is a free decision. The Pope reiterates the importance of respecting the rights of migrants and upholding their dignity by building bridges and not walls, and to ensure there is always a community ready to *welcome, protect, promote and integrate everyone, without distinctions and without excluding anyone*.

**In Preparation for the day CSAN ( Caritas Social Action Network of England and Wales) is hosting a webinar on the evening of 20<sup>th</sup> September register to attend by following the link. <https://www.csan.org.uk/wp-content/uploads/2023/07/WDMR-webinar-QR-code.png>**

On behalf of Caritas Southwark and Justice Peace Jackie McLoughlin will be running 4 pilot seminars to support the dissemination of 'Love the Stranger' the latest teaching document of the Catholic bishops of England and Wales. Please watch out for details.

**Resources** you may find useful:

- Love the stranger the Catholic Bishops resource for dioceses <https://www.cbcew.org.uk/love-the-stranger/>
- The World Day for Migrants and Refugees website has some [wonderful resources on their website](#).
- CAFOD has [resources for schools](#) to explore the refugee crisis, explaining why people are forced to flee their homes and ways we can help.
- The Jesuit Refugee Service [has a number of ways you can get involved](#), ranging from donations, hosting a refugee to prayer resources.
- The South London Refugee Association is always [looking for more support](#), they help refugees, asylum seekers and migrants with a range of activities such as casework.
- Unicef has [free teaching resources](#) to explore the migrant crisis with children and young people.
- For those wanting data and stats on the refugee crisis, [UNHCR has a range of information](#).

#### **PRAYER:**

God, Father Almighty, grant us the grace to work tirelessly for justice, solidarity and peace, so that all your children may enjoy the freedom to choose whether to migrate or to stay. Grant us the courage to denounce all the horrors of our world, and to combat every injustice that mars the beauty of your children and the harmony of our common home. Sustain us by the power of your Spirit, so that we can reflect your tender love to every migrant whom you place in our path, and to spread in hearts and in every situation the culture of encounter and of care.

(Pope Francis)





IN THE ARCHDIOCESE OF SOUTHWARK  
THE COMMISSION FOR JUSTICE AND PEACE  
ARE RAISING THE CATHOLIC VOICE  
FOR REFUGEES AND MIGRANTS



on SATURDAY 23<sup>rd</sup> SEPTEMBER 2023



An icon at the Eritrean Church in the Calais Jungle © Seeking Sanctuary

## AUTUMN ASSEMBLY

### The Right to Stay: Free to Choose

Join us at **St Edmund of Canterbury Catholic Church**,  
20 Village Way, Beckenham, Kent BR3 3NP

Parish Mass at is at 10am

Principal Celebrant: **Right Reverend Paul McAleenan**, Bishop for Migrants and Refugees

Registration is from 10.30am in the parish hall (across the road).

The programme starts at 11am finishing at 4pm.

Entrance is free. Donations suggested.

Lunch will be provided by the Coptic Community.

All are welcome.

*Keynote speaker:* **Bishop Paul McAleenan** guides us through the principle of 'Love the Stranger'

Ben Bano of Seeking Sanctuary & Brother Johannes Maertens present

**The Radical Spirituality of Welcome: The Life and Legacy of Mother Maria Skobtsova.**

Rev. Deacon Duncan Aitkins encourages us to seek

**'The Face of Catholic Social Teaching: Raising the Catholic Voice'**

Enjoy music from Indi band **Ooberfuse** just back from World Youth Day, Lisbon

Plus, the latest news and campaign update from **CAFOD**

*Pope Francis reminds us in his letter for the 109<sup>th</sup> World Day of Migrants and Refugees that everyone has the right to live in peace in a country free from poverty, plundering and persecution. The names, the faces, the stories of those suffering the worst abuse and exploitation are not being heard? The UK Migration Act passed in July drowns out the voice of the voiceless and those who support the moral teaching of the church seeking to protect the dignity of the human person, a right belonging to everyone.*

To reserve your place and pick up a full programme send an email to [justiceandpeace@rcaos.org.uk](mailto:justiceandpeace@rcaos.org.uk)

WE LOOK FORWARD TO SEEING YOU.

## SITUATION VACANT - PARISH FAITH MINISTER FOR YOUTH

The Sacred Heart Parish, Wimbledon seeks a Parish Faith Minister for Children, Young Persons and Families. The person appointed will assist the Parish Priest to promote the mission of the Church to the children and young people of the parish, based on the principle of parents as first educators, and be responsible for co-ordinating First Holy Communion and Confirmation programmes. The post is open to committed and practising Catholics, and an Enhanced DBS check will be required. Salary: £29,736 a year, for a 35 hour week.

Please contact [wimbledon@rcaos.org.uk](mailto:wimbledon@rcaos.org.uk) for a Job Description and a Person Specification. Further information may be obtained from Fr David Gibbons at [davidgibbons@rcaos.org.uk](mailto:davidgibbons@rcaos.org.uk) or 020 8946 0305. Closing date for applications: Monday 16<sup>th</sup> October 2023.

### VOLUNTEERS

Thank you to all those who volunteer in the parish life of Saint Teresa's. We have many active parish groups and more still to return. If you are a new volunteer with any of the groups in the parish, please contact the parish office to make an appointment with the Safeguarding Team before joining in any activity – 020 8648 4113.

*Saint Teresa's*

*LIFE is remembered*

*LOVE is deepened, HOPE is rekindled,*

*FAITH is awakened,*

*FAITH is renewed,*

*FAITH is strengthened,*

*Where BLESSINGS from Heaven await you.*

*Where the LORD OF DIVINE MERCY forgives you.*

*Where the Mother of God prays for you.*

*Where Saint Teresa intercedes for you.*

*Where Saint Joseph seeks to help you.*

*Where the Parish Family pray for you.*

**WELCOME - WELCOME - WELCOME**

## PARISH FINANCE

### Sunday Collections and Donations



Last weekend's Offertory: £1289.96. Second Collection Education Sunday £402.95  
Second Collection this weekend is for Home Mission (Evangelii Gaudium) Sunday

During the current situation, we would like to say a huge THANK YOU to the many of you who have kindly signed up to **standing orders**. This is so much appreciated and valued. If you wish to contribute by cheque in lieu of plate collections, this can be sent to the presbytery: St. Teresa's Church, 250, Bishopsford Road, Morden, Surrey, SM4 6BJ. They may be made payable to St. Teresa's Catholic Church.

Many thanks to those of you who have so kindly offered to set up standing orders in lieu of our Sunday plate collections. This is a most convenient method of planned giving (for all concerned); already used by so many at Morden – and is vitally important at this time. Regular standing orders can be for any amount, no matter how small – just give what you can afford. Please send a written request via the parish office with contact details.

We will be happy to receive any offerings directly by on-line banking or by [standing order](#), which can be arranged through your bank, or by using the [DONATE](#) link here or on the parish website.

### Do You Gift Aid?

DO YOU GIFT AID? The value of your donation can be increased by 25% at no extra cost to yourself, simply by gift aiding it if you are a taxpayer. The parish learns nothing about your private financial affairs.



The average weekly collection between plate and standing orders, was approximately £2,400 a week (pre-COVID). If only half of that was GIFT AIDED, it would mean an extra £300 a week, or £15,600 a year to Parish funds. We are genuinely grateful to those who are Gift-Aiding. If you haven't been doing so, please print off a Gift Aid form from the parish website. At the present time the parish income is down about £5,000 each month. Hopefully, when parish life returns to normal, we will soon see these financial worries and concerns disappear.

**NEW GIFTAID ONLINE FORM** The link for this online Gift Aid sign-up is here:

<https://forms.rcaos.org.uk/giftaid> or see the Parish office for a paper copy.



Thank you to everybody who continues to support the parish through the collection, standing orders, gift aid and dropping in contributions. Online donations have seen an increase recently - A big THANK YOU FOR THOSE DONATIONS coming in via our parish website 'JUST GIVING' - Press the button marked **DONATE**. If you scroll down further, we also say 'Thanks' for your support and other ways you can support our parish. Again, THANK YOU.

### **GIFT AID NOTICE – HAVE YOU COLLECTED YOUR GIFT AID BOX?**

For those already signed up, Gift Aid Envelopes are available. Please collect your Gift Aid or Standing Order envelopes before or after Mass from the Contact Corner. If no one is at the Contact Corner, please ask one of the Stewards for Linda or Lorraine.

If you pay tax and would like to join, please have a word with one of the team, it is simple and at no extra cost to you the Church can claim back 25%. See below for more details **Do You Gift Aid?**



## CANDLES

### SUMUP CARD READER

- IF THE SCREEN IS BLANK **press the power button**
- ENTER THE AMOUNT YOU WISH TO DONATE  
**e.g. 5 0 0 is £5.00, press the green tick button**
- TAP CARD **for contactless** or INSERT CARD **using your pin**
- SELECT RECEIPT **use arrows to select option required**

## QR SCAN POINTS

There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed). There are a number of Scan points in the church, one by the Statue of the Sacred Heart, one by the Exit side door and one on the noticeboard in the porch.

**THANK YOU FOR YOUR FINANCIAL SUPPORT – IT'S VALUED AND APPRECIATED!**

## CARD READERS



We have introduced a number of card readers which you will find throughout the church. The CollectTin card reader is near the Icon of Padre Pio, instructions are listed next to the machine. You can use this for all **gift aid and non gift aid** offertories and donations.

The other card reader for candles is situated in the narthex near the statue of St Teresa and can be used only for **candles**.

The **Repository** can now accept payments by card as well as cash.

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There is now the opportunity to donate using a QR Scanner on your phone (if you have one installed)

There are a number of Scan points in the church, one by the Statue of the Sacred Heart, by the Exit side door and one on the noticeboard in the porch



## Please Be Aware.

At this time, there is an increasing risk of cybercrime and online fraud. If you ever receive an email stating a change in bank account details purporting to be from the Archdiocese or from any of the diocesan parishes, please contact the diocese immediately by telephone on 020 8682 7880 in order to verify that the email is genuine and not a scam.

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## **PERFECT CONTRITION AND SPIRITUAL COMMUNION**

What to do if you cannot go to Confession or Holy Communion due to the COVID-19 coronavirus: If you have to self-isolate or are quarantined, you will be unable to receive the sacraments as normal. In these circumstances, there are devotions through which you can receive absolution for your sins (under certain conditions), and the consolation of Eucharistic grace.

The following devotions are officially encouraged by the Church and have been practised by saints.

### **How to make an Act of Perfect Contrition**

Through an act of Perfect Contrition, you receive pardon for your sins outside of confession, even mortal sins, on condition that you are determined to amend your life and make a firm resolution to go to sacramental confession as soon as this becomes possible for you.

Perfect Contrition is a grace from God, so sincerely ask for this gift throughout the day prior to making your act of contrition: *'My God, grant me perfect contrition for my sins.'*

1. In reality or imagination kneel at the foot of the crucifix and say to yourself: *"Jesus, my God and my Saviour, in the midst of your agony, you remembered me, you suffered for me, you wished to wipe away my sins"*
2. Contrition is 'perfect' if you repent your sins because you love God and are sorry for having offended Him and causing the sufferings of Christ on the cross. Before the Crucified Christ remember your sins, repent of them because they have bought Our Lord His sufferings on the cross. Promise him that with His help, you will not sin again.
3. Recite, slowly and sincerely, an act of contrition focussed on the goodness of God and your love of Jesus: *"O my God, because You are so good, I am very sorry that I have sinned against You and by the help of Your grace I will not sin again. Amen."*
4. Make a firm resolution to go to a sacramental confession as soon as practically possible.

### **How to make a Spiritual Communion**

The key to Spiritual Communion is to grow in your heart a constant desire for the Blessed Sacrament.



1. If you are aware of serious or mortal sin, make an Act of Perfect Contrition
2. Imagine the sacred words and actions of the Mass or watch online or on TV.
3. Make all those acts of faith, humility, sorrow, adoration, love and desire that you usually express before Holy Communion.
4. Desire, with earnest longing, to receive Our Lord present – Body, Blood, Soul and Divinity – in the Blessed Sacrament. Say the prayer of St. Alphonsus de' Ligouri – The Prayer of Spiritual Communion

After moments of silent adoration make all those acts of faith, humility, love, thanksgiving and offering that you usually express through prayers after Holy Communion.